

# Indonesia' s foreign domestic workers : dilemma of not working overseas

Nair, Tamara

2015

Nair, T. (2015). Indonesia' s foreign domestic workers : dilemma of not working overseas. (RSIS Commentaries, No. 088). RSIS Commentaries. Singapore: Nanyang Technological University.

<https://hdl.handle.net/10356/104449>

---

Nanyang Technological University

*Downloaded on 28 Apr 2025 04:54:50 SGT*

*RSIS Commentary is a platform to provide timely and, where appropriate, policy-relevant commentary and analysis of topical issues and contemporary developments. The views of the authors are their own and do not represent the official position of the S. Rajaratnam School of International Studies, NTU. These commentaries may be reproduced electronically or in print with prior permission from RSIS and due recognition to the author(s) and RSIS. Please email: [RSISPublications@ntu.edu.sg](mailto:RSISPublications@ntu.edu.sg) for feedback to the Editor RSIS Commentaries, Mr Yang Razali Kassim.*

---

## **Indonesia's Foreign Domestic Workers: Dilemma of Not Working Overseas**

*By Tamara Nair*

### **Synopsis**

*While the United Nations takes stock of how far women have come in getting women's rights acknowledged as human rights, Indonesia wants to stop sending women out of the country as foreign domestic workers (FDWs). This will throw a wrench in their financial empowerment.*

### **Commentary**

DURING A recent visit to Malaysia, Indonesian president Joko Widodo expressed shame when discussing the issue of Indonesian women working overseas as foreign domestic workers (FDWs). In an effort to preserve the dignity of the nation, the President announced plans to stop sending women to work as domestic helpers overseas. In doing so, he failed to realise the greater consequences of legitimate employment opportunities for women being cut.

The growing gender challenges of development and economic growth aside, women also face numerous cultural hurdles in establishing economic security. There is a need for more income generating opportunities provided for women in order for them to live stable, secure and indeed, dignified lives. Instead of 'band-aid' solutions, policies should be aimed at greater regulation and protection of FDWs. It is in fact by empowering its women that Indonesia will find greater dignity.

### **Creating jobs equals creating dignified lives**

There is ample evidence from cases in Asia and elsewhere that higher female incomes most often go towards the betterment of the family. This includes increased household food security, and greater spending on education and healthcare. For these women, financial independence puts food on the table, sends their children to school and takes care of their families' health and welfare. Higher incomes for women can also help to narrow the gaps in resource distribution between genders, which in fact can have positive impacts on the community as well. However, given prevalent gender inequity, income disparities between men and women remain high. This creates a culture of dependence for women.

Women who are economically insecure often encounter many obstacles. Many women tolerate years of physical and psychological abuse because they do not have the financial means to make a life for

themselves. Increasing levels of economic security for women should be a key concern for the government given the various setbacks that arise as a result of their financial dependence.

### **Beyond issues of shame or dignity**

Being engaged in gainful employment sets poor and dependent women in a higher playing field, allowing them to negotiate for the lives they wish to lead. It gives them a legitimate 'space' to freely leave the home and return without compromising their roles as daughters, sisters, wives and mothers. In the eyes of many conservative families, looking after children or a home or the elderly is a 'decent' job through which their womenfolk are permitted to enter the workforce. Many women, with their limited education and skills, find the skill set for domestic work within their capabilities.

Indonesia does not want to be seen as a net exporter of its people. However, it is high time that leaders realise that FDWs provide a valuable service in receiving countries. Politically speaking, such a move to curb FDWs may assuage the middle and upper classes who do not want the country to be seen as 'lowly' but it does little to alleviate the plight of women who see being FDWs as a chance to get out of the cycle of poverty.

Despite Indonesia being one of the top three countries in the world supplying domestic workers, it is unlikely to be a matter of dignity for the poor and disenfranchised Indonesian women. For them, it is a job that empowers them financially. In spite of having to face uncertainties in receiving countries, being away from all that is familiar, and facing possibilities of ill treatment women still leave to work overseas. The industry is thriving and until other employment opportunities for these women open up, it will continue to flourish.

### **Better regulating, not banning**

Indonesia has a large population of FDWs in the ASEAN region and beyond. These women contribute significantly through their remittances to their country's economy with almost all their pay sent home to families. Stopping this will just push them into more fraught ways of earning an income. It also makes them more vulnerable to being trafficked.

Migrant worker numbers in ASEAN countries are growing. As such, greater regulation and monitoring seems to be the order of the day. FDWs need to be made more aware of their rights and there should be help centres and agencies set up to make sure that there is easy access to assistance if needed, including easy communication with their families back home.

The provision of such assistance needs to be decentralised and located at village levels and in small townships across the country. Expanding the geography of receiving countries, for a job that is in demand, can also play a part in protecting these women. Countries with stronger labour laws that protect the rights of the worker and with good diplomatic ties with Indonesia should be seen as potential receiving countries.

### **Empowerment as development**

The creation of jobs domestically to absorb additional numbers of unskilled females may seem a good idea but the total number of this group will increase if they are no longer allowed to travel out of the country to work. Moreover, the Indonesian Manpower Minister's claim to only send 'well-equipped and skilled workers abroad' will already exclude a large number of women.

As part of the wider objective of building an ASEAN community that is centred on its people, a better option for Indonesia is to raise its game in empowering women through greater access to education and safeguarding their rights and interests. Skills training, increased literacy and political participation, as well as equal opportunities should be available for women and should be part of the plan to maintain Indonesia's development trajectory and its dignity as an influential entity in the region.

---

*Tamara Nair is Research Fellow with the Centre for Non Traditional Security (NTS) Studies at the S. Rajaratnam School of International Studies (RSIS), Nanyang Technological University in Singapore.*

---

**Nanyang Technological University**  
Block S4, Level B4, 50 Nanyang Avenue, Singapore 639798  
Tel: +65 6790 6982 | Fax: +65 6794 0617 | [www.rsis.edu.sg](http://www.rsis.edu.sg)