

Video Article

Sequence-specific and Selective Recognition of Double-stranded RNAs over Single-stranded RNAs by Chemically Modified Peptide Nucleic Acids

Desiree-Faye Kaixin Toh¹, Kiran M. Patil¹, Gang Chen¹¹Division of Chemistry and Biological Chemistry, School of Physical and Mathematical Sciences, Nanyang Technological University

*These authors contributed equally

Correspondence to: Gang Chen at rnachen@ntu.edu.sgURL: <https://www.jove.com/video/56221>DOI: [doi:10.3791/56221](https://doi.org/10.3791/56221)

Keywords: Genetics, Issue 127, PNA, triplex, RNA structure, RNA duplex, RNA-binding ligands, solid-phase peptide synthesis, non-denaturing PAGE, 2-Aminopurine, UV thermal melting, molecular recognition, binding affinity, major groove

Date Published: 9/21/2017

Citation: Toh, D.F., Patil, K.M., Chen, G. Sequence-specific and Selective Recognition of Double-stranded RNAs over Single-stranded RNAs by Chemically Modified Peptide Nucleic Acids. *J. Vis. Exp.* (127), e56221, doi:10.3791/56221 (2017).

Abstract

RNAs are emerging as important biomarkers and therapeutic targets. Thus, there is great potential in developing chemical probes and therapeutic ligands for the recognition of RNA sequence and structure. Chemically modified Peptide Nucleic Acid (PNA) oligomers have been recently developed that can recognize RNA duplexes in a sequence-specific manner. PNAs are chemically stable with a neutral peptide-like backbone. PNAs can be synthesized relatively easily by the manual Boc-chemistry solid-phase peptide synthesis method. PNAs are purified by reverse-phase HPLC, followed by molecular weight characterization by matrix-assisted laser desorption/ionization-time of flight (MALDI-TOF). Non-denaturing polyacrylamide gel electrophoresis (PAGE) technique facilitates the imaging of the triplex formation, because carefully designed free RNA duplex constructs and PNA bound triplexes often show different migration rates. Non-denaturing PAGE with ethidium bromide post staining is often an easy and informative technique for characterizing the binding affinities and specificities of PNA oligomers. Typically, multiple RNA hairpins or duplexes with single base pair mutations can be used to characterize PNA binding properties, such as binding affinities and specificities. 2-Aminopurine is an isomer of adenine (6-aminopurine); the 2-aminopurine fluorescence intensity is sensitive to local structural environment changes, and is suitable for the monitoring of triplex formation with the 2-aminopurine residue incorporated near the PNA binding site. 2-Aminopurine fluorescence titration can also be used to confirm the binding selectivity of modified PNAs towards targeted double-stranded RNAs (dsRNAs) over single-stranded RNAs (ssRNAs). UV-absorbance-detected thermal melting experiments allow the measurement of the thermal stability of PNA-RNA duplexes and PNA-RNA₂ triplexes. Here, we describe the synthesis and purification of PNA oligomers incorporating modified residues, and describe biochemical and biophysical methods for characterization of the recognition of RNA duplexes by the modified PNAs.

Video Link

The video component of this article can be found at <https://www.jove.com/video/56221/>

Introduction

RNAs are emerging as important biomarkers and therapeutic targets, due to the recent advances in the discoveries of the RNAs' roles in the regulation and catalysis of diverse biological processes^{1,2,3}. Traditionally, antisense strands have been used to bind to ssRNAs through Watson-Crick duplex formation^{3,4,5,6,7,8,9,10,11,12,13,14,15,16,17,18,19,20,21,22,23,24,25,26,27}. Recently, triplex-forming peptide nucleic acids (TFPNAs) have been designed to bind to dsRNAs via Hoogsteen hydrogen bonding (**Figure 1**)^{3,28,29}. dsRNA regions are present in the majority of the traditional antisense-targeted RNAs, including pre-mRNAs and mRNAs, pre- or pri-miRNAs³, and many other non-coding RNAs^{1,26,27}. Targeting dsRNAs through triple helix formation using TFPNAs may be advantageous due to its structure specificity and is of great potential for use in restoring the normal functions of the RNAs, which are dysregulated in diseases, for example.

The recently published work by Rozners *et al.*, and us^{3,28,29,30,31,32,33,34,35,36,37,38,39,40,41}, reported the efforts on improving the selective binding of modified TFPNAs towards dsRNAs with enhanced affinity. We have developed synthesis methods for rationally designed PNA monomers (**Figure 2**) including thio-pseudoisocytosine (L) monomer³⁰ and guanidine-modified 5-methyl cytosine (Q) monomer³¹. Through various biochemical and biophysical characterization methods, we have demonstrated that relatively short PNAs (6-10 residues) incorporating L and Q residues show improved recognition of Watson-Crick G-C and C-G base pairs, respectively, in dsRNAs. Moreover, compared to unmodified PNAs, PNAs containing L and Q residues show more selective binding towards dsRNA over ssRNA and dsDNA. The guanidine functionality⁴² in the Q base enables PNAs to enter HeLa cells³¹.

In our laboratory, we synthesize PNAs by the manual Boc-chemistry (Boc or *t*-Boc stands for tert-butylloxycarbonyl (see **Figure 2**) solid-phase peptide synthesis method⁴. The synthesis of the PNA monomer with Boc as the amine protecting group is convenient as the Boc group is sterically less bulky in comparison to fluorenylmethyloxycarbonyl (Fmoc) amine protecting group, which may be beneficial during PNA monomer coupling on the solid support. The Boc group is acid-labile and can be easily removed on the solid support by 20-50% trifluoroacetic acid (TFA) in dichloromethane (DCM) during PNA synthesis. An automated peptide synthesizer can be employed to synthesize PNA oligomers; however, 3-5-

fold excess of PNA monomer is needed for an automated peptide synthesizer. Manual synthesis requires significantly less PNA monomer (2-3-fold excess), with each coupling easily monitored by the Kaiser test⁴³. Furthermore, many automated synthesizers are not compatible with the Boc strategy synthesis due to the use of corrosive TFA during the Boc removal step.

The PNA oligomers can be purified by reverse-phase high-performance liquid chromatography (RP-HPLC) followed by molecular weight characterization by MALDI-TOF (Figures 3 and 4)^{30,31}. We employ non-denaturing PAGE to monitor triplex formation, due to the fact that free RNA duplex constructs and PNA bound triplexes often show different migration rates (Figure 5)^{30,31}. No labeling is needed if efficient post-staining can be achieved for both of the RNA duplex and PNA-RNA₂ triplex bands. A relatively small amount of sample is needed for non-denaturing PAGE experiments. However, the loading (incubation) buffers and the running buffers (pH 8.3) may not be the same, resulting in the measurements being limited to the kinetically stable triplexes, because a relatively high pH of 8.3 may significantly destabilize a triplex.

2-Aminopurine is an isomer of adenine (6-aminopurine); the 2-aminopurine fluorescence intensity (with an emission peak at around 370 nm) is sensitive to local structural environment changes, and is suitable for the monitoring of triplex formation with the 2-aminopurine residue incorporated near the PNA binding site (Figure 6)³¹. Unlike many other dyes that show fluorescence emission in the visible range, 2-aminopurine-labeled RNA can be exposed to room light without photo bleaching. Unlike PAGE experiment in which a running buffer of pH 8.3 is often needed, 2-aminopurine based fluorescence titration allows the measurement of binding in one solution at a specified pH, and thus may allow the measurement and detection of relatively weak and kinetically unstable binding at equilibrium.

UV-absorbance-detected thermal melting experiments allow the measurement of the thermal stability of duplexes (Figure 7)³¹ and triplexes^{30,32,44,45}. Depending on the length and sequence composition, the melting of triplexes may or may not show a clear transition. Thermodynamic parameters may be obtained if the heating and cooling curves overlap. Accurate thermodynamic parameters can be obtained by isothermal titration calorimetry (ITC)³²; however, relatively large amounts of samples are generally required for ITC.

Protocol

1. Manual Solid-phase Peptide Synthesis of PNAs Using Boc Chemistry

NOTE: For the success and ease of the desired PNA oligomer synthesis, all the solvents and reagents should be anhydrous. Add the appropriate molecular sieves (4A, 1-2 mm diameter pellets) and occasionally purge dry nitrogen gas into bottles. For the synthesis of modified PNA monomers, the reported protocols in respective references^{30,31} can be used. Unmodified PNA monomers can be purchased from commercial sources. In each of the washing steps, the appropriate amount of solvent is added to the resin, forming a slurry, before it is drained off.

1. Loading of the first monomer and capping the excess free primary amines on the resin

1. Weigh 30 mg of 4-methylbenzhydrylamine hydrochloride (MBHA·HCl) polystyrene resin (commercially available; loading value 0.7-1.4 mmol/g; 100-200 mesh size), and transfer to a 5 mL solid phase peptide reaction vessel fitted with a stopcock and glass stopper.
2. Soak the resin in an appropriate amount of DCM for 1 h, allowing the resin to swell and expose the amines (HCl salt).
NOTE: Resin beads should always be fully submerged in solvents throughout the synthesis.
3. Drain off the DCM by applying a gentle flow of dry nitrogen gas over the top of the flask. Add 1 mL of 50% (v/v) *N,N*-diisopropylethylamine (DIPEA) in DCM and leave it for 15 min. This neutralizes the HCl salt attached to the free amines on the resin.
4. Repeat step 1.1.3. Meanwhile, weigh 6 μmol of monomer and 6 μmol of (benzotriazol-1-yl-oxy)tripyrrolidinophosphonium hexafluorophosphate (PyBOP), and transfer into a 1.5 mL tube. Add 200 μL of dimethylformamide (DMF) and 12 μmol of DIPEA. Vortex the coupling solution for 3-5 min.
NOTE: Desired loading value used is 0.2 mmol/g. The first monomer added is the monomer on the C-terminal of the desired PNA sequence. The loading value of the first amino acid can be calculated by the picric acid method⁴⁶.
5. Drain off the DIPEA from the DCM solution. Wash the resin with DCM (x 3), followed by DMF (x 3), and close the stopcock. Add the prepared coupling solution to the resin and shake gently. Push the resin along the inner walls of the vessel into the coupling solution with the use of a clean stainless steel spatula. Attach the glass stopper and secure the vessel in an incubator shaker for 3 h at 40 °C.
NOTE: Alternatively, the reaction vessel can be kept steady at room temperature for 6-8 h to allow the completion of the peptide coupling reaction.
6. Prepare the capping solution by mixing 240 μmol of acetic anhydride and 360 μmol of DIPEA into 200 μL of DCM. Drain off the coupling solution and wash the resin with DMF (x 3) and DCM (x 3). Add in the capping solution and leave the vessel for 30 min, occasionally shaking the vessel gently. Capping masks the excess free primary amine groups on the resins by acetylation.
7. Repeat step 1.1.6. Drain the capping solution and wash the resin with DCM (x 3).
8. Remove a small aliquot of resin beads using a thin capillary tube, and place them into a 1.5 mL small glass vial. Perform the Kaiser test⁴³. Add 15 μL of each of the Kaiser test solutions into the glass vial and heat using a heat gun. Observe the color of the beads after heating. The color of the beads should remain unchanged, indicating the lack of free amine groups on the resin.
NOTE: The Kaiser test kit is commercially available or can be prepared according to the reported protocol. Solution A: ninhydrin in ethanol; solution B: phenol in ethanol; solution C: potassium cyanide (KCN) in pyridine.
CAUTION: KCN is highly toxic; proper protective clothing should be worn and heating should be performed in a well-ventilated fume hood, in the absence of flammable solvent or reagents.
9. Repeat step 1.1.6 if the resin beads display blue or faint blue color.

2. Removal of N-terminal amine protecting group

1. Drain the solvents from the reaction vessel and add a solution of 50% (v/v) of trifluoroacetic acid (TFA) in DCM, ensuring that the resins are fully submerged. Leave the vessel for 15 min, occasionally shaking to facilitate the deprotection of the amine groups. Repeat 2 more cycles.
CAUTION: TFA is highly corrosive. Proper protective clothing should be worn when handling.

2. Wash the resin with DCM (x 3), DMF (x 3), and DCM (x 3). Add a solution of 5% DIPEA in DCM. Leave the vessel for 15 min. This step activates the free amines by neutralizing the TFA counter anions. Repeat once more.
 3. Flush out the DIPEA from the DCM solution. Wash the resin with DCM (x 3). Perform the Kaiser test (step 1.1.8).
NOTE: Successful deprotection of the amine groups will yield blue discoloration of the beads. Once deprotection is successful, subsequent coupling of monomers by peptide coupling can be carried out.
- 3. Coupling of subsequent monomers**
1. Weigh 18 μmol of desired monomer (for the Boc-PNA-Q-OH monomer, 13.2 mg of monomer is weighed) and 18 μmol of PyBOP into a 1.5 mL tube. Add 200 μL of DMF and 36 μmol of DIPEA into the 1.5 mL tube. Vortex until all solid compounds are dissolved.
 2. Wash the resin with DMF (x 3). Add the coupling solution into the reaction vessel and shake gently. Push the resin along the inner walls of the vessel into the coupling solution with the use of a clean stainless steel spatula. Attach the glass stopper and secure the vessel in an incubator shaker for 3 h at 40 °C.
 3. Drain off the coupling solution and wash the resin with DMF (x 3) and DCM (x 3). Perform step 1.1.8. If the color of the beads remains unchanged, repeat steps 1.2.1-1.3.3 until the desired PNA sequence is completed. If blue discoloration of beads is observed after the coupling of a monomer, repeat steps 1.3.1-1.3.3. If discoloration still persists, perform the capping again (step 1.1.6).
NOTE: Extended coupling time (3-12 h) and/or use of excess equivalent of monomer and coupling reagents are recommended if problems with coupling arise.
 4. Once the desired PNA sequence is completed, wash the resin with DMF (x 3) and DCM (x 3). Completely dry the resin by applying a continuous flow of dry nitrogen gas for 15 min. This dry resin can be split and used to attach lysine or a fluorescent tag such as cyanine 3 (Cy3) and carboxyfluorescein at the N-terminus of the PNA.
- 4. Attachment of lysine or fluorescent tag (Cy3, Cy5, or carboxyfluorescein) to the N-terminus of PNA**
1. Weigh 10 mg of resin, pre-loaded with the desired PNA sequence. Transfer into a 5 mL reaction vessel. Soak the resin in DCM for 1 h.
 2. For the attachment of lysine, perform steps 1.2.1-1.3.3, replacing the monomer with either Boc-Lys(Z)-OH or Fmoc-Lys(Boc)-OH.
 3. For the attachment of carboxyfluorescein, perform steps 1.2.1-1.3.3, with 10-fold excess of 5(6)-carboxyfluorescein as the monomer, and *N,N'*-diisopropylcarbodiimide (DIPC) and hydroxybenzotriazole (HOBt) as the coupling reagents in DMF. Leave the coupling reaction overnight in the incubator shaker at 40 °C.
NOTE: As carboxyfluorescein is light sensitive, the reaction vessel should be covered with aluminum foil.
 4. For the attachment of Cy3 or Cy5 dye, label by the click chemistry method, perform steps 1.2.1-1.3.3, replacing the monomer with N-Boc-2-propargyl-L-glycine. This functionalizes the N-terminus of the PNA with an alkyne group. Perform the copper-catalyzed click reaction to attach the azide-containing Cy3 or Cy5 fluorescent dye^{12,47,48,49}
- 5. PNA cleavage from solid support, purification, and characterization**
- NOTE: If any amine group is protected with the Fmoc protecting group, first deprotect the amine group by treating with 20% piperidine in DMF solution for 15 min (2 cycles). Wash the resin thoroughly with DMF (x 3) followed by DCM (x 3). Dry the resin completely by applying a continuous flow of dry nitrogen gas for 15 min.
1. Transfer 5 mg of dry resin into a small vial. Add 10 μL of thioanisole and 4 μL of 1,2-ethanedithiol, ensuring that the resin is submerged in the reagents. Leave the tube at room temperature for 5 min.
NOTE: These reagents act as scavengers, which trap reactive cationic species that are formed during the removal of protecting groups in the PNA. Appropriate scavengers can be chosen based on the side chain protecting groups.
 2. Add 100 μL of TFA into the tube containing the resin and scavengers. Gently vortex the mixture and subject to brief centrifugation. Leave the tube at room temperature for 10 min.
CAUTION: TFA is highly corrosive. Proper protective clothing should be worn when handling.
 3. Carefully add 20 μL of trifluoromethanesulfonic acid (TFMSA) to the tube. Gently agitate the reaction mixture before subjecting to brief centrifugation at room temperature. Leave the tube steady at room temperature for 2 h.
CAUTION: TFMSA is highly corrosive. Proper protective clothing should be worn when handling.
 4. Filter off the cleavage cocktail into a 5 mL round-bottom flask (RBF) with the use of a glass Pasteur pipette fitted with cotton. Use a small amount of TFA to wash the resin.
 5. Purge the dry nitrogen gas to the collected filtrate until all volatile solvents are evaporated. Add 1 mL of cold diethyl ether into the RBF.
NOTE: The diethyl ether will cause the PNA to precipitate.
 1. Rinse the RBF with the diethyl ether several times before transferring the cloudy solution into a 1.5 mL tube. Subject the tube to centrifugation to allow the PNA precipitate to settle. Decant the solvents and add 300-500 μL of autoclaved water to the precipitate. Vortex thoroughly to dissolve the PNA.
 6. Purify the crude PNA sample via RP-HPLC using water-acetonitrile-0.1% TFA as the mobile phase. Collect the corresponding fractions, evaporate all solvents using a vacuum concentrator before re-dissolving the purified PNA in autoclaved water.
 7. Characterize the purified PNA via MALDI-TOF analysis with the use of α -cyano-4-hydroxycinnamic acid (CHCA) as the sample crystallization matrix.
 8. Measure the UV absorbance (260 nm) of the PNA at 65 °C. Calculate the concentration of the PNA with the equation:
$$c = A/\epsilon l$$

NOTE: Here *c* is the concentration, *A* is the absorbance reading obtained, ϵ is the extinction coefficient of the RNA sequence, and *l* is the optical path length of the cuvette (1 cm). The extinction coefficient of the PNA sequence is the summation of the extinction coefficient of individual monomers⁵⁰. The extinction coefficients of adenine, cytosine, guanine and thymine are 15.4, 7.3, 11.7 and 8.8 mL/ $\mu\text{mol}\cdot\text{cm}$, respectively. The extinction coefficient of the L and Q monomers used is assumed to be the same as that of the cytosine (C) base.

2. Non-denaturing PAGE

1. Preparation of required buffer solutions

1. Prepare Incubation buffer (10 mL) using 116.88 mg NaCl (200 mM), 50 μ L of 100 mM ethylenediaminetetraacetic acid (EDTA) (0.5 mM), 200 μ L of 1M stock HEPES (20 mM), 9.75 mL H_2O ; adjust buffer to pH 7.5.
 2. Prepare 1x Tris-Borate-EDTA (TBE) running buffer (1 L) using 100 mL 10x Tris-Borate-EDTA at pH 8.3 and 900 mL H_2O .
 3. Prepare 10% Ammonium persulfate (APS) solution (300 μ L) using 30 mg ammonium persulfate, and 300 μ L H_2O .
- 2. Preparation of 12% polyacrylamide gel**
1. Clean the well-forming comb, glass casting plates, and spacers with ethanol; the well-forming comb and spacers are 1 mm thick. Set up the gel assembly and seal with gel-sealing tape.
 2. For a polyacrylamide gel of 22 cm x 16.5 cm x 1 mm dimension, 50 mL of gel solution is adequate. Weigh out 5.7 g of acrylamide and 0.3 g of *N,N'*-methylenebisacrylamide (19:1) and transfer into a 50 mL centrifuge tube.
CAUTION: Acrylamide is carcinogenic. Avoid breathing in dust fumes from acrylamide and ensure that proper protective clothing is worn when handling.
 3. Dissolve solid compounds in 50 mL 1X TBE running buffer by placing the centrifuge tube into a 50 °C water bath for 15 min or until all solid compounds have dissolved. Carry out centrifugation (3,000 rpm, 5 min, 25 °C) to remove all air bubbles within the solution. Allow the solution to cool to room temperature.
 4. Add 250 μ L of 10% APS solution and 50 μ L of tetramethylethylenediamine (TEMED) into the gel solution and mix gently using a spatula. Immediately pour the solution between the glass plates, making sure not to introduce any air bubbles. Insert the well-forming comb and leave the gel setup at room temperature for at least 60 min to allow polymerization to occur, before storing at 4 °C until ready to use.
- 3. Preparation of samples**
1. Remove required quantity of RNA hairpin (1 μ M) from the main stock into a clean 1.5 mL tube. Dry the RNA solution using a vacuum concentrator.
NOTE: Each sample contains 1 μ M of RNA in 20 μ L incubation buffer. Typically, 13 samples of RNA are prepared for one PAGE experiment. The RNA for all samples can be prepared together in a single tube.
 2. Remove the required volumes of targeted PNA (with the final concentration of up to 50 μ M) from the main stock and transfer into separate 1.5 mL tubes. Evaporate the water of the PNA solutions using a vacuum concentrator.
 3. Add 260 μ L of incubation buffer into the 1.5 mL tube containing dried RNA and mix thoroughly to ensure all RNA is dissolved. Subject the RNA to snap cooling: Place the tube into a heat block (preheated to 95 °C) for 5 min. Immediately transfer into an ice bath and leave for 10 min.
 4. Add 20 μ L of RNA into each of the 1.5 mL tubes containing dried PNA and mix thoroughly. Perform annealing: Place the tube containing RNA and PNA mixture into a heat block (preheated to 65 °C) for 10 min. Turn off the power of the heat block and let the samples cool slowly to room temperature. Incubate the samples at 4 °C overnight.
- 4. Running and processing of gel**
1. Remove the gel-sealing tape on the bottom side of the glass plate. Mount and secure the glass plate onto the vertical gel stand using plastic clamps.
NOTE: The gel running is carried out in a cold room at approximately 4 °C. All the equipment, samples, and buffers are cooled at 4 °C before running the gel.
 2. Fill the lower buffer reservoir with 1x TBE running buffer until the plate is submerged in approximately 1-2 cm of running buffer. Fill the upper buffer reservoir with running buffer until the level of buffer exceeds the top of the gel by 1-2 cm. Slowly and gently remove the well-forming comb, allowing the running buffer to fill the wells.
 3. Connect the gel stand to a power supply. Pre-run the gel for at least 30 min with a constant voltage of 250 V, which is optimized for a 22 cm x 16.5 cm x 1 mm gel.
 4. Meanwhile, add 4 μ L (20% of sample volume) of 35% glycerol solution to each of the samples and mix gently. Once the pre-run is completed, load 20 μ L of each sample (including one RNA alone sample plus samples containing RNA and PNA mixture) carefully into the bottom of the well using a micropipette and gel loading tips, making sure not to introduce any air bubbles. Run the gel at a constant voltage of 250 V, similar to the pre-run, for 5 h.
 5. Stop the power supply after 5 h and remove the glass plate from the stand. Remove the remaining gel-sealing tape and disassemble the glass plate. Gently remove and immerse the gel into a container filled with 350 mL of deionized water. Carefully add 35 μ L of ethidium bromide (10 mg/mL) and place the container on a platform shaker (low speed) for 30 min.
CAUTION: Ethidium bromide is a mutagen. Proper protective clothing should be worn when handling.
 6. Dispose the ethidium bromide solution into a designated waste container. Rinse the gel with 1.5 - 2 L of distilled water. Scan the gel using an imager (see **Table of Materials**) with a green laser of 532 nm and the emission filter set at 610 nm.
- 5. Gel analysis**
1. Quantify the gel band intensities using a free software, GelQuant.NET (<http://www.biochemlabsolutions.com/GelQuantNET.html>). Normalize the band intensities according to:

$$a = \frac{I_{\text{triplex max}}}{I_{\text{duplex max}}}$$
 NOTE: Here $I_{\text{duplex max}}$ is the band intensity of the RNA hairpin alone without the addition of PNA, and $I_{\text{triplex max}}$ is the triplex band intensity with the highest concentration of PNA added.
 1. Calculate the fraction of triplex formation according to:

$$Y = \frac{I_{\text{triplex}}}{I_{\text{triplex}} + aI_{\text{duplex}}}$$
 2. Plot the fraction of the triplex formation (Y) against the concentration of PNA added (μ M). Fit the data to the equation to obtain the dissociation constant (K_d):

$$Y = Y_0 + \left(\frac{B}{2R_0}\right)(R_0 + X + K_d - ((R_0 + X + K_d)^2 - 4R_0X)^{\frac{1}{2}})$$

NOTE: Here R_0 is the RNA hairpin concentration (1 μM). Here Y_0 and B are the initial and the maximum change of the triplex fraction, respectively. Y is the fraction of triplex at varied PNA concentration. X is the total PNA concentration and K_d is the dissociation constant.

3. 2-Aminopurine Fluorescence Binding Assay

1. Preparation of samples (containing dsRNA)

1. Remove the required quantity of 2-aminopurine (2AP) labeled dsRNA (1 μM for each strand) from the main stock into a clean 1.5 mL tube. Evaporate water in the RNA solutions using a vacuum concentrator.
NOTE: Each sample contains 1 μM of RNA in 75 μL incubation buffer. Typically, 13 samples of RNA are prepared. RNA for all samples can be prepared together in a single tube.
2. Remove the required volumes of the targeted PNA for various concentrations from the main stock and transfer into separate 1.5 mL tubes. Evaporate the water of the PNA solutions using a vacuum concentrator.
3. Add 975 μL of incubation buffer into the 1.5 mL tube containing dried RNA and mix thoroughly to ensure all RNA is dissolved. Centrifuge the RNA solution briefly and subject it to annealing: Place the tube into a heat block (preheated to 95 $^{\circ}\text{C}$) for 10 min. Turn off the power of the heat block and let the samples cool slowly to room temperature.
4. Add 75 μL of RNA into each of the 1.5 mL tubes containing dried PNA and mix thoroughly. Leave the samples at room temperature for at least 1 h. Incubate the samples at 4 $^{\circ}\text{C}$ overnight.

2. Preparation of samples (containing ssRNA)

1. Remove required quantity of 2AP-labeled ssRNA (1 μM) from the main stock into clean 1.5 mL tubes. Extract the required volumes of targeted PNA for various concentrations from the main stock and transfer into the respective 1.5 mL tubes that contain the ssRNA. Dry the RNA and PNA mixture using a vacuum concentrator.
2. Add 75 μL of incubation buffer into each of the 1.5 mL tubes and mix thoroughly. Subject the mixture to annealing: Place the tube into a heat block (preheated to 95 $^{\circ}\text{C}$) for 10 min. Turn off the power and let the samples cool slowly to room temperature. Incubate the samples at 4 $^{\circ}\text{C}$ overnight.

3. Measurement and analysis

1. Use a fluorescence spectrophotometer to measure the emission over a wavelength range of 330-550 nm. Use an excitation wavelength of 303 nm.
NOTE: The samples are measured at room temperature and each sample is measured 3 times, in which the average is taken.
2. Transfer 70 μL of incubation buffer into the 1 cm square cuvette. Start the measurement.
3. Remove the buffer from the cuvette. Rinse the cuvette with distilled water and purge nitrogen gas to dry. Repeat for all samples. Subtract the buffer measurements from all samples.
4. Plot the fluorescence intensity (a.u.) against wavelength (nm). Record the fluorescence intensity at 370 nm for all samples. Plot the fluorescence intensity at 370 nm (a.u.) against the corresponding concentration of the PNA added (μM).
5. Fit the data to the equation from step 2.5.2 to obtain the dissociation constant (K_d): $Y = Y_0 + (B/(2R_0))(R_0 + X + K_d - ((R_0 + X + K_d)^2 - 4R_0X)^{1/2})$, where R_0 is the 2AP-labeled dsRNA concentration (1 μM).
NOTE: Here Y_0 and B are the initial and maximum change of fluorescence intensity at 370 nm, respectively. Y is the fluorescence intensity at 370 nm at varied PNA concentration. X is the total PNA concentration and K_d is the dissociation constant.

4. UV-Absorbance-detected Thermal Melting Experiments

1. Preparation of samples

NOTE: Measure the UV absorbance (260 nm) of the RNA at 95 $^{\circ}\text{C}$ (to make sure the RNA secondary structures are disrupted). Calculate the concentration of the RNA with the equation:

$$c = A/\epsilon l,$$

where c is the concentration, A is the absorbance reading obtained, ϵ is the extinction coefficient of the RNA sequence, and l is the optical path length of the cuvette (1 cm). The extinction coefficient of the RNA is calculated based on a nearest-neighbor model using MeltWin^{51,52}. The program package may be provided upon request.

1. Remove the required quantity of ssRNA (5 μM) from the main stock into clean 1.5 mL tubes. Remove the required volumes of targeted PNA (5 μM) from the main stock and transfer into the respective 1.5 mL tubes that contain the ssRNA. Dry the RNA and PNA mixture using a vacuum concentrator.
2. Add 130 μL of incubation buffer into each of the 1.5 mL tubes and mix thoroughly. Subject the mixture to annealing: Place the tube into a heat block (preheated to 95 $^{\circ}\text{C}$) for 10 min. Turn off the power and let the samples cool slowly to room temperature. Incubate the samples at 4 $^{\circ}\text{C}$ overnight.

2. Measurement and analysis

1. Use a UV-Vis spectrophotometer to measure the absorbance at 260 nm using an 8-microcell cuvette with a path length of 1 cm. Measure the samples' absorbances at increasing temperature from 15 to 95 $^{\circ}\text{C}$, followed by decreasing temperature from 95 to 15 $^{\circ}\text{C}$ at a ramp rate of 0.5 $^{\circ}\text{C}/\text{min}$.
2. Transfer 130 μL of sample into each of the well, making sure that one well contains the incubation buffer. Start the measurement. Repeat as required.

3. Normalize the absorbance values with the high temperature reading normalized to unity, and plot the normalized absorbance reading against temperature ($^{\circ}\text{C}$). Plot the first derivative of the curves. Obtain the melting temperatures by fitting the first derivative curves to a Gaussian function.

Representative Results

Reverse-phase HPLC allows the purification of PNA oligomers. We can obtain pure PNA oligomers with two rounds of HPLC purification (**Figure 3**). The identity of the PNAs can be confirmed by MALDI-TOF analysis (**Figure 4**).

Non-denaturing PAGE is an easy and informative technique for characterizing the binding affinities and specificities of PNA oligomers. We typically use multiple RNA hairpins or duplexes with single base pair mutations to characterize binding properties (**Figure 5**). The non-denaturing PAGE data shown in **Figure 5** clearly suggest that the Q- and L-modified PNA can recognize a dsRNA region with a C-G pair (**Figure 5B**, bottom panel) but not the one without a C-G pair (**Figure 5B**, top panel). This specific and enhanced recognition is through the T·A-U, L·G-C, and Q·C-G PNA·RNA₂ base triple (**Figure 1A, C, D**) formation. Various PNAs with single or multiple mutations may also be used to demonstrate the improved binding properties of a modified PNA. We have shown that adding 2 mM Mg²⁺ in the incubation buffer does not affect the binding significantly³¹.

We have demonstrated by 2-aminopurine fluorescence titration that a Q- and L-modified PNA binds to a targeted dsRNA region (**Figure 6A, 6C, 6D**) but not ssRNA (**Figure 6B, 6E, 6F**). PNA P3 binds to the 2-aminopurine-labeled dsRNA with a K_d value of $0.8 \pm 0.1 \mu\text{M}$. The fluorescence intensity at 370 nm for the 2-aminopurine-labeled ssRNA remains relatively constant with varied P3 concentration, indicating the lack of binding of PNA P3 to the ssRNA.

PNAs containing Q residues (P2 and P3) show no thermal melting transitions (**Figure 7**), suggesting no binding to the ssRNA. This is due to the steric clash present in Watson-Crick like Q-G pair. Compared to unmodified PNA P1, PNAs P4 and P5 containing modified L residues but no Q residues, show decreased melting temperatures for the corresponding RNA-PNA duplexes due to the steric clash present in Watson-Crick like L-G pair. The UV-absorbance-detected thermal melting data are consistent with the 2-aminopurine fluorescence titration data, which also show that a PNA containing Q and L residues does not bind to ssRNA appreciably (**Figure 6B, 6E, 6F**). Incorporating a Q base is more destabilizing than an L base, as a Q base has a more significant steric clash in the formation of a Watson-Crick-like Q-G pair (**Figure 1F**) compared to a Watson-Crick-like L-G pair (**Figure 1E**).

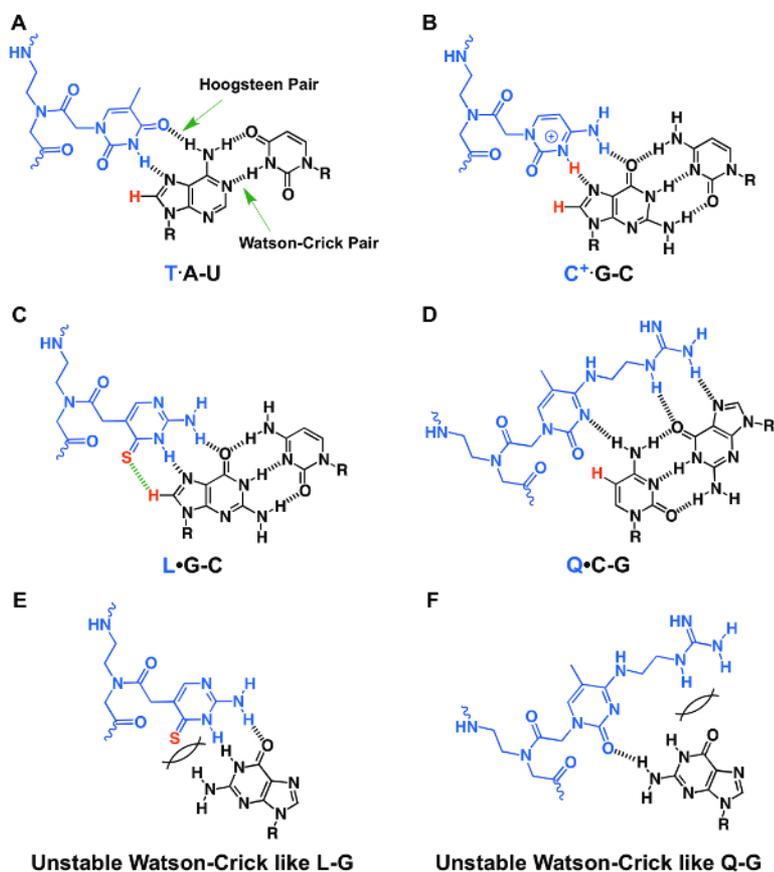


Figure 1: Chemical structures of stable base triple and unstable base pair structures. (A-D) Major-groove PNA:RNA₂ base triples of T•A-U (A), C⁺•G-C (B), L•G-C (C), and Q•C-G (D). (E, F) Unstable Watson-Crick like PNA-RNA base pairs of L-G (E) and Q-G (F). The letter R represents the sugar-phosphate backbone of RNA. Hydrogen bonds are indicated by black dashed lines. The figure is reproduced from reference³¹. [Please click here to view a larger version of this figure.](#)

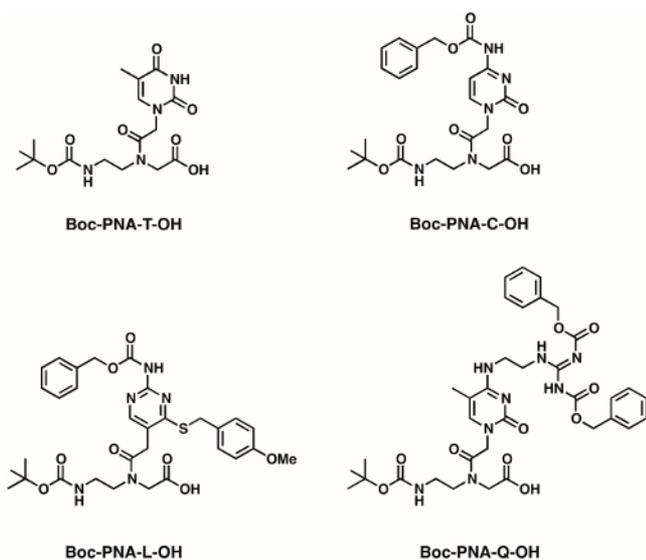


Figure 2: Chemical structures of PNA monomers. Four PNA monomers (T, C, L, and Q) are shown. [Please click here to view a larger version of this figure.](#)

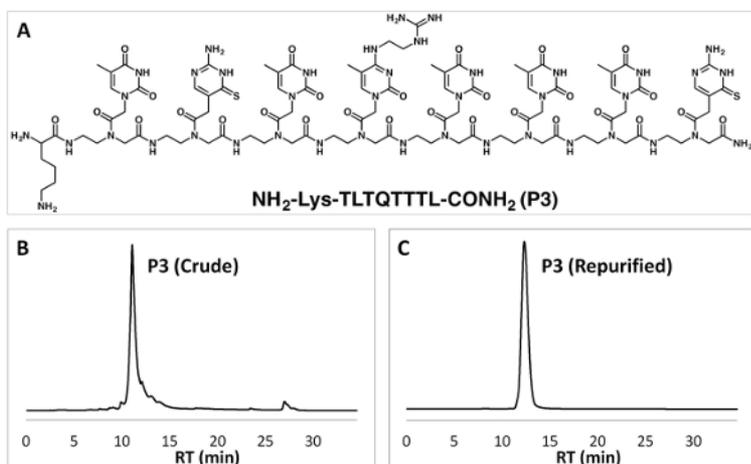


Figure 3: Chemical structure of a PNA oligomer and purification by RP-HPLC. (A) Chemical structure of the PNA sequence P3. (B, C) RP-HPLC data of crude PNA P3 (B) and re-purified PNA P3 (C). [Please click here to view a larger version of this figure.](#)

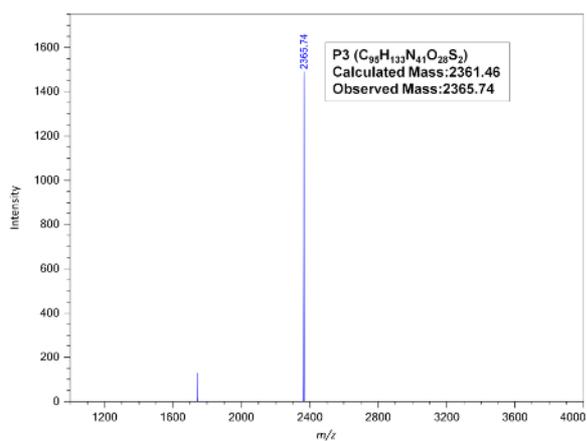


Figure 4: MALDI-TOF spectrum of purified PNA P3. [Please click here to view a larger version of this figure.](#)

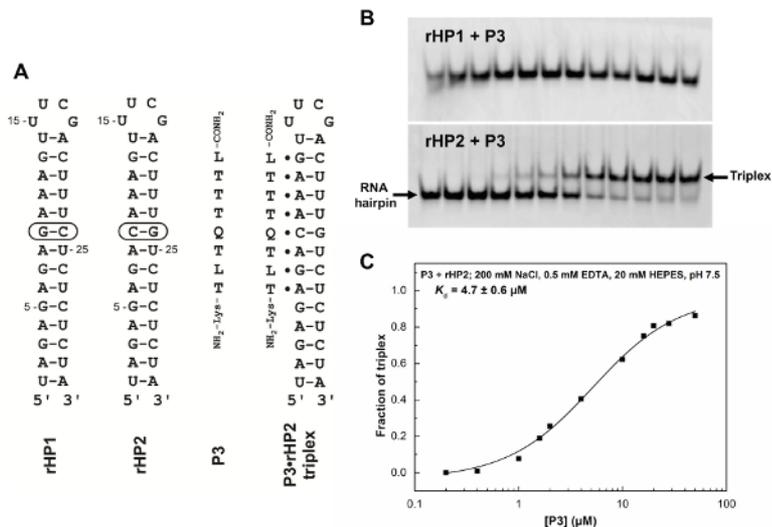


Figure 5: RNA hairpin and PNA sequences and binding characterization by non-denaturing PAGE. (A) RNA hairpins (rHP1 and rHP2), PNA P3, and a PNA-RNA₂ triplex formed between PNA P3 and rHP2. (B) Non-denaturing PAGE (12%) results for rHP1 and rHP2 binding to PNA P3. The incubation buffer is 200 mM NaCl, 0.5 mM EDTA, 20 mM HEPES, pH 7.5. The loaded RNA hairpins (rHP1 and rHP2) are at 1 μM in 20 μL . The PNA concentrations in lanes from left to right are 0, 0.2, 0.4, 1, 1.6, 2, 4, 10, 16, 20, 28, and 50 μM . PNA P3 does not bind to rHP1 (top panel) but binds to rHP2 (bottom panel). (C) K_d determination for P3 binding to rHP2. The fraction of triplex formation (Y) was plotted against the PNA concentration. The figure is adapted from reference³¹. [Please click here to view a larger version of this figure.](#)

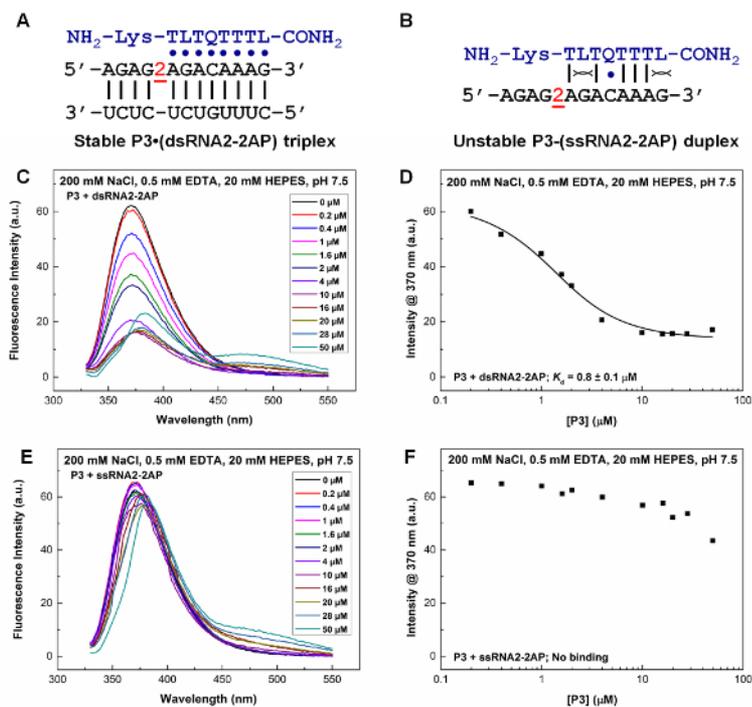


Figure 6: Fluorescence titration study of PNA P3 binding to 2-aminopurine-labeled RNAs. The 2-aminopurine residue is designated as '2' in the RNA sequence. The incubation buffer is 200 mM NaCl, 0.5 mM EDTA, 20 mM HEPES, pH 7.5. (A) A PNA-RNA₂ triplex formed between P3 and a 2-aminopurine-labeled dsRNA (dsRNA2-2AP). (B) A hypothetical PNA-RNA duplex formed between P3 and a 2-aminopurine-labeled ssRNA (ssRNA2-2AP). (C, E) Fluorescence emission spectra for the 2-aminopurine-labeled RNA duplex (1 μM) and ssRNA (1 μM), respectively, with varied P3 concentration at pH 7.5. The peak at around 475 nm is due to the weak fluorescence emission of the L base in the PNA. (D, F) K_d determination based on the plots of 2-aminopurine fluorescence intensity (at 370 nm) of the RNA duplex and ssRNA, respectively, versus PNA P3 concentration. The figure is adapted from reference³¹. [Please click here to view a larger version of this figure.](#)

TFPNAs with bioimaging tags such as fluorophores and radioisotopes may facilitate the detection, imaging, and targeting of functional RNA structures in living organisms.

Disclosures

A patent application (PAT/179/14/15/PCT) based on the work reported here has been filed.

Acknowledgements

This work was supported by the Singapore Ministry of Education (MOE) Tier 1 (RGT3/13 and RG42/15 to G.C.) and MOE Tier 2 (MOE2013-T2-2-024 and MOE2015-T2-1-028 to G.C.).

References

- Cech, T. R., Steitz, J. A. The noncoding RNA revolution-trashing old rules to forge new ones. *Cell*. **157** (1), 77-94 (2014).
- Velagapudi, S. P., Gallo, S. M., Disney, M. D. Sequence-based design of bioactive small molecules that target precursor microRNAs. *Nat Chem Biol*. **10** 291-297 (2014).
- Patil, K. M., Chen, G. in *Modified Nucleic Acids in Biology and Medicine*. eds Stefan Jurga, Volker A. Erdmann, & Jan Barciszewski) 299-317 Springer International Publishing (2016).
- Hyrup, B., Nielsen, P. E. Peptide nucleic acids (PNA): synthesis, properties and potential applications. *Bioorg Med Chem*. **4** (1), 5-23 (1996).
- Shiraishi, T., Nielsen, P. E. Improved cellular uptake of antisense peptide nucleic acids by conjugation to a cell-penetrating peptide and a lipid domain. *Methods Mol Biol*. **751** 209-221 (2011).
- Shiraishi, T., Nielsen, P. E. Nanomolar cellular antisense activity of peptide nucleic acid (PNA) cholic acid ("umbrella") and cholesterol conjugates delivered by cationic lipids. *Bioconjugate Chem*. **23** (2), 196-202 (2012).
- Khoo, B., Roca, X., Chew, S. L., Krainer, A. R. Antisense oligonucleotide-induced alternative splicing of the APOB mRNA generates a novel isoform of APOB. *BMC Mol Biol*. **8** 3 (2007).
- Stein, C. A. *et al.* Efficient gene silencing by delivery of locked nucleic acid antisense oligonucleotides, unassisted by transfection reagents. *Nucleic Acids Res*. **38** (1), e3 (2010).
- Kole, R., Krainer, A. R., Altman, S. RNA therapeutics: beyond RNA interference and antisense oligonucleotides. *Nat Rev Drug Discov*. **11** (2), 125-140 (2012).
- Peacey, E., Rodriguez, L., Liu, Y., Wolfe, M. S. Targeting a pre-mRNA structure with bipartite antisense molecules modulates tau alternative splicing. *Nucleic Acids Res*. **40** (19), 9836-9849 (2012).
- Stenvang, J., Petri, A., Lindow, M., Obad, S., Kauppinen, S. Inhibition of microRNA function by anti-miR oligonucleotides. *Silence*. **3** (1), 1 (2012).
- Ma, X. *et al.* Intracellular delivery of antisense peptide nucleic acid by fluorescent mesoporous silica nanoparticles. *Bioconjugate Chem*. **25** (8), 1412-1420 (2014).
- Wojtkowiak-Szlachcic, A. *et al.* Short antisense-locked nucleic acids (all-LNAs) correct alternative splicing abnormalities in myotonic dystrophy. *Nucleic Acids Res*. **43** (6), 3318-3331 (2015).
- Lenartowicz, E. *et al.* Antisense Oligonucleotides Targeting Influenza A Segment 8 Genomic RNA Inhibit Viral Replication. *Nucleic Acid Ther*. **26** (5), 277-285 (2016).
- Avitabile, C. *et al.* Targeting pre-miRNA by peptide nucleic acids: a new strategy to interfere in the miRNA maturation. *Artif DNA PNA XNA*. **3** (2), 88-96 (2012).
- Barczak, A. K. *et al.* RNA signatures allow rapid identification of pathogens and antibiotic susceptibilities. *Proc Natl Acad Sci USA*. **109** (16), 6217-6222 (2012).
- Das, I. *et al.* A peptide nucleic acid-aminosugar conjugate targeting transactivation response element of HIV-1 RNA genome shows a high bioavailability in human cells and strongly inhibits tat-mediated transactivation of HIV-1 transcription. *J Med Chem*. **55** (13), 6021-6032 (2012).
- Fabani, M. M. *et al.* Efficient inhibition of miR-155 function in vivo by peptide nucleic acids. *Nucleic Acids Res*. **38** (13), 4466-4475 (2010).
- Riguet, E. *et al.* A peptide nucleic acid-neamine conjugate that targets and cleaves HIV-1 TAR RNA inhibits viral replication. *J Med Chem*. **47** (20), 4806-4809 (2004).
- Torres, A. G. *et al.* Chemical structure requirements and cellular targeting of microRNA-122 by peptide nucleic acids anti-miRs. *Nucleic Acids Res*. **40** (5), 2152-2167 (2012).
- Upadhyay, A., Dixit, U., Manvar, D., Chaturvedi, N., Pandey, V. N. Affinity capture and identification of host cell factors associated with hepatitis C virus (+) strand subgenomic RNA. *Mol Cell Proteomics*. **12** (6), 1539-1552 (2013).
- Wesolowski, D. *et al.* Basic peptide-morpholino oligomer conjugate that is very effective in killing bacteria by gene-specific and nonspecific modes. *Proc Natl Acad Sci USA*. **108** (40), 16582-16587 (2011).
- Armitage, B. A. The impact of nucleic acid secondary structure on PNA hybridization. *Drug Discov Today*. **8** (5), 222-228 (2003).
- Thomas, S. M. *et al.* Antitumor effects of EGFR antisense guanidine-based peptide nucleic acids in cancer models. *ACS Chem Biol*. **8** (2), 345-352 (2013).
- Bahal, R., McNeer, N. A., Ly, D. H., Saltzman, W. M., Glazer, P. M. Nanoparticle for delivery of antisense gammaPNA oligomers targeting CCR5. *Artif DNA PNA XNA*. **4** (2), 49-57 (2013).
- Adams, B. D., Parsons, C., Walker, L., Zhang, W. C., Slack, F. J. Targeting noncoding RNAs in disease. *J. Clin. Invest*. **127** (3), 761-771 (2017).
- Matsui, M., Corey, D. R. Non-coding RNAs as drug targets. *Nat Rev Drug Discov*. **16** (3), 167-179 (2017).
- Devi, G., Zhou, Y., Zhong, Z., Toh, D.-F. K., Chen, G. RNA triplexes: from structural principles to biological and biotech applications. *Wiley Interdiscip Rev RNA*. **6** (1), 111-128 (2015).
- Rozners, E. Recent Advances in Chemical Modification of Peptide Nucleic Acids. *J Nucleic Acids*. **2012** 8 (2012).

30. Devi, G., Yuan, Z., Lu, Y., Zhao, Y., Chen, G. Incorporation of thio-pseudoisocytosine into triplex-forming peptide nucleic acids for enhanced recognition of RNA duplexes. *Nucleic Acids Res.* **42** (6), 4008-4018 (2014).
31. Toh, D. K. *et al.* Incorporating a guanidine-modified cytosine base into triplex-forming PNAs for the recognition of a C-G pyrimidine-purine inversion site of an RNA duplex. *Nucleic Acids Res.* **44** (19), 9071-9082 (2016).
32. Li, M., Zenggeya, T., Rozners, E. Short peptide nucleic acids bind strongly to homopurine tract of double helical RNA at pH 5.5. *J Am Chem Soc.* **132** (25), 8676-8681 (2010).
33. Gupta, P., Zenggeya, T., Rozners, E. Triple helical recognition of pyrimidine inversions in polypurine tracts of RNA by nucleobase-modified PNA. *Chem Commun.* **47** (39), 11125-11127 (2011).
34. Zenggeya, T., Li, M., Rozners, E. PNA containing isocytidine nucleobase: synthesis and recognition of double helical RNA. *Bioorg Med Chem Lett.* **21** (7), 2121-2124 (2011).
35. Gupta, P., Muse, O., Rozners, E. Recognition of double-stranded RNA by guanidine-modified peptide nucleic acids. *Biochemistry.* **51** (1), 63-73 (2012).
36. Zenggeya, T., Gupta, P., Rozners, E. Triple-helical recognition of RNA using 2-aminopyridine-modified PNA at physiologically relevant conditions. *Angew Chem Int Ed.* **51** (50), 12593-12596 (2012).
37. Muse, O. *et al.* Sequence selective recognition of double-stranded RNA at physiologically relevant conditions using PNA-peptide conjugates. *ACS Chem Biol.* **8** (8), 1683-1686 (2013).
38. Hnedzko, D., Cheruiyot, S. K., Rozners, E. Using Triple Helix Forming Peptide Nucleic Acids for Sequence-selective Recognition of Double-stranded RNA. *Curr Protoc Nucleic Acid Chem.* **58** 4.60.61-64.60.23 (2014).
39. Zenggeya, T., Gupta, P., Rozners, E. Sequence selective recognition of double-stranded RNA using triple helix-forming peptide nucleic acids. *Methods Mol Biol.* **1050** 83-94 (2014).
40. Endoh, T., Hnedzko, D., Rozners, E., Sugimoto, N. Nucleobase-Modified PNA Suppresses Translation by Forming a Triple Helix with a Hairpin Structure in mRNA In Vitro and in Cells. *Angew Chem Int Ed.* **55** (3), 899-903 (2016).
41. Hnedzko, D., McGee, D. W., Karamitas, Y. A., Rozners, E. Sequence-selective recognition of double-stranded RNA and enhanced cellular uptake of cationic nucleobase and backbone-modified peptide nucleic acids. *RNA.* **23** (1), 58-69 (2017).
42. Wexselblatt, E., Esko, J. D., Tor, Y. On guanidinium and cellular uptake. *J Org Chem.* **79** (15), 6766-6774 (2014).
43. Kaiser, E., Colescott, R. L., Bossinger, C. D., Cook, P. I. Color test for detection of free terminal amino groups in the solid-phase synthesis of peptides. *Anal. Biochem.* **34** (2), 595-598 (1970).
44. Roberts, R. W., Crothers, D. M. Stability and properties of double and triple helices: dramatic effects of RNA or DNA backbone composition. *Science.* **258** (5087), 1463-1466 (1992).
45. Zhou, Y. *et al.* Recognition of RNA duplexes by chemically modified triplex-forming oligonucleotides. *Nucleic Acids Res.* **41** (13), 6664-6673 (2013).
46. Gisin, B. F. The monitoring of reactions in solid-phase peptide synthesis with picric acid. *Anal. Chim. Acta.* **58** (1), 248-249 (1972).
47. Gogoi, K., Mane, M. V., Kunte, S. S., Kumar, V. A. A versatile method for the preparation of conjugates of peptides with DNA/PNA/analog by employing chemo-selective click reaction in water. *Nucleic Acids Res.* **35** (21), e139 (2007).
48. Shabanpoor, F., Gait, M. J. Development of a general methodology for labelling peptide-morpholino oligonucleotide conjugates using alkyne-azide click chemistry. *Chem Commun.* **49** (87), 10260-10262 (2013).
49. Rostovtsev, V. V., Green, L. G., Fokin, V. V., Sharpless, K. B. A Stepwise Huisgen Cycloaddition Process: Copper(I)-Catalyzed Regioselective "Ligation" of Azides and Terminal Alkynes. *Angew Chem Int Ed.* **41** (14), 2596-2599 (2002).
50. Haaime, G., Hansen, F. H., Christensen, L., Dahl, O., and Nielsen, P.E. Increased DNA binding and sequence discrimination of PNA oligomers containing 2,6-diaminopurine. *Nucleic Acids Res.* **25** (22), 4639-4643 (1997).
51. Schroeder, S. J., Turner, D. H. in *Methods Enzymol.* Vol. 468 371-387 Academic Press (2009).
52. McDowell, J. A., Turner, D. H. Investigation of the Structural Basis for Thermodynamic Stabilities of Tandem GU Mismatches: Solution Structure of (rGAGGUCUC)2 by Two-Dimensional NMR and Simulated Annealing. *Biochemistry.* **35** (45), 14077-14089 (1996).
53. Sato, T., Sato, Y., Nishizawa, S. Triplex-Forming Peptide Nucleic Acid Probe Having Thiazole Orange as a Base Surrogate for Fluorescence Sensing of Double-stranded RNA. *J Am Chem Soc.* **138** (30), 9397-9400 (2016).
54. Cheruiyot, S. K., Rozners, E. Fluorescent 2-Aminopyridine Nucleobases for Triplex-Forming Peptide Nucleic Acids. *ChemBioChem.* **17** (16), 1558-1562 (2016).
55. Sato, T., Sato, Y., Nishizawa, S. Optimization of the Alkyl Linker of TO Base Surrogate in Triplex-Forming PNA for Enhanced Binding to Double-Stranded RNA. *Chem Eur J.* **23** (17), 4079-4088 (2017).
56. Virta, P. M., Tahtinen, V., Granqvist, L., Murtola, M., Stromberg, R. 19F NMR spectroscopic analysis of the binding modes in triple helical PNA/microRNA-complexes. *Chem Eur J. In Press* (2017).
57. Zenggeya, T., Gindin, A., Rozners, E. Improvement of sequence selectivity in triple helical recognition of RNA by phenylalanine-derived PNA. *Artif DNA PNA XNA.* **4** (3), 69-76 (2013).
58. Moses, A. C., Huang, S. W., Schepartz, A. Inhibition of Rev.RRE complexation by triplex tethered oligonucleotide probes. *Bioorg Med Chem.* **5** (6), 1123-1129 (1997).
59. Ben Gaied, N., Zhao, Z., Gerrard, S. R., Fox, K. R., Brown, T. Potent triple helix stabilization by 5',3'-modified triplex-forming oligonucleotides. *ChemBioChem.* **10** (11), 1839-1851 (2009).
60. Grimm, G. N., Bourtine, A. S., Lincoln, P., Norden, B., Helene, C. Formation of DNA triple helices by an oligonucleotide conjugated to a fluorescent ruthenium complex. *ChemBioChem.* **3** (4), 324-331 (2002).
61. Tran, T. *et al.* Targeting the r(CGG) Repeats That Cause FXTAS with Modularly Assembled Small Molecules and Oligonucleotides. *ACS Chem Biol.* (2014).
62. Gianolio, D. A., Segismundo, J. M., McLaughlin, L. W. Tethered naphthalene diimide-based intercalators for DNA triplex stabilization. *Nucleic Acids Res.* **28** (10), 2128-2134 (2000).
63. Rumney, S., Kool, E. T. Structural Optimization of Non-Nucleotide Loop Replacements for Duplex and Triplex DNAs. *J Am Chem Soc.* **117** 5635-5646 (1995).
64. Stafford, R. L., Dervan, P. B. The reach of linear protein-DNA dimerizers. *J Am Chem Soc.* **129** (45), 14026-14033 (2007).
65. Gupta, A., Bahal, R., Gupta, M., Glazer, P. M., Saltzman, W. M. Nanotechnology for delivery of peptide nucleic acids (PNAs). *J Control Release.* **240** 302-311 (2016).

66. Avitabile, C. *et al.* Incorporation of Naked Peptide Nucleic Acids into Liposomes Leads to Fast and Efficient Delivery. *Bioconjugate Chem.* **26** (8), 1533-1541 (2015).