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Timing Jitter Reduction of Passively Mode-locked Fiber Laser with Carbon Nanotube Saturable Absorber by Optimization of Cavity Loss

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We investigate the relationship between timing jitter and cavity loss of a passively mode-locked fiber ring laser with carbon nanotube as saturable absorber. It is the first time that we experimentally demonstrated the reduction of timing jitter by properly increasing laser cavity loss. The lowest timing jitter is achieved when the cavity loss is optimized. Theoretical analysis is in agreement with the experimental observations on the effect of cavity loss for the reduction of timing jitter. Moreover, it is experimentally shown that, at an optimal value of cavity loss, the timing jitter is reduced significantly by 24%, while the relative intensity noise increased by 4% only.
Mode-locked laser source with low timing jitter attracts intense attention because of its wide applications, e.g. high-resolution optical sampling[1], drift-free optical timing distribution [2] and frequency metrology[3]. D. von der Linde first evaluated the phase and intensity noise of a pulse train based on the RF spectrum[4]. Later, Haus and Meccozi investigated the quantum noise of mode-locked lasers[5]. Their theory was further developed by Namiki[6], Jiang[7] and Paschotta[8]. Quantum-limited noise performance has been achieved in stretched pulse fiber laser by Namiki[6], semiconductor laser by Jiang[7], and normal dispersive ytterbium fiber laser by Prochnow[9], respectively. Meanwhile, various technologies have also been proposed to reduce the timing jitter. E.g. Jiang achieved 47fs (10Hz-10MHz) jitter by inserting 0.7nm band pass filter to limit Gordon-Haus jitter[7]. Chen achieved 27fs jitter (1kHz-10MHz) by adopting feedback control of cavity length[10], and Gee achieved sub-femtosecond 0.66fs jitter (0.9Hz-1MHz) by applying slab coupled optical waveguide amplifier and phase locked loop[11].

It is generally believed that a low cavity loss would result in low phase noise and timing jitters because of the reduction of spontaneous emission (SE). However, we first experimentally demonstrated that for passively mode-locked lasers with carbon nanotube saturable absorber, the timing jitter can be minimized by properly increasing cavity loss. Theoretical analysis supports our experimental observations. Timing jitter coupled from the fluctuation of central wavelength of mode-locked state via dispersion can be suppressed by higher cavity loss (corresponding to higher cavity gain) through decreasing cavity relaxation time $\tau_p$ (defined below). The effect of cavity loss on the relative intensity noise (RIN) is also discussed.
A typical passively mode-locked fiber ring laser setup with single wall carbon nanotube (SWCNT) based saturable absorber is shown in Fig.1. SWCNT facilitates low self-starting pump power (18~28mW) in this laser. The total cavity loss without additional attenuation is ~3.3dB. The total cavity length is ~10.6m corresponding to a fundamental repetition rate of ~18.8MHz. The length of single mode fiber is ~7m with dispersion -0.02ps²/m. The length of Erbium doped fiber is ~3.6m with dispersion 0.01ps²/m. Thus the total dispersion is ~ -0.1ps². A RF spectrum analyzer (Rohde & Schwarz FSUP26) is used to measure the phase noise spectrum of output pulse train from the passively mode-locked laser after a 2 GHz photo-detector.

We adopt von der Linde’s method to measure the phase noise spectrum[4]. For a noisy pulse train after photo-detector, the corresponding power spectrum density is derived as

$$P_v(f) = \left| \tilde{H}(f) \right|^2 \left| \tilde{f}(f) \right|^2 \sum_{k=-\infty}^{\infty} \left[ \delta(f - kf_{rep}) + P_A(f - kf_{rep}) + 4\pi^2 k^2 P_J(f - kf_{rep}) \right]$$  

(1)

where $\tilde{H}(f)$ is the system response of detection equipment, $\tilde{f}(f)$ is the Fourier transform of a single pulse’s intensity envelope, $\delta(f)$ is delta function in frequency domain induced by periodic pulse train, $f_{rep}$ is the fundamental repetition rate, $k$ is the order of harmonics, $P_A = \left| \tilde{A}(f) \right|^2$ and $P_J = \left| \tilde{J}(f) \right|^2$ are the power spectrum density of intensity noise $\tilde{A}(f)$ and timing noise $\tilde{J}(f)$, respectively. The displayed power value at frequency $f_i$ in RF spectrum analyzer is the integration of $P_v(f)$ within one resolution bandwidth. The phase noise spectrum $L(f) = 4\pi^2 P_J(f)$ can then be extracted by comparing fundamental component and high order component (e.g. 10th harmonics).

Fig.2 (a) shows the phase noise spectra when different additional attenuation is added into the laser cavity with polarization controller remaining unchanged. As shown, all four curves
exhibit -20dB/decade decrease at frequency $f > 8 kHz$, which is a typical characteristic of mode-locked lasers[9, 12]. Compared with the original curve (black solid line), the phase noise spectrum (red dotted line) decreases at low frequency and increases at high frequency when cavity loss is increased by 1dB. When 2dB attenuation is introduced, the phase noise spectrum (green solid line) decreases further at low frequency and increases further at high frequency. However, the phase noise spectrum (magenta dashed line) displays dissimilar behavior when 3dB attenuation is introduced. It increases at low frequency and remains nearly unchanged at high frequency compared with 2dB case. This indicates that further increasing cavity loss will not improve the phase noise. Moreover, mode-locking is unachievable if additional attenuation is greater than 3dB.

Fig.2 (b) shows the timing jitters as calculated by 

$$\Delta t = \frac{1}{2\pi f_{rep}} \sqrt{\int_{f_{min}}^{f_{max}} L(f) df}$$

The experimental error, with uncertainty of ~10% arises from the fluctuation of measurements from RF spectrum analyzer.

Due to higher cavity loss, intracavity power is reduced, consequently weakening the nonlinear effects. This led to a change in phase delay which detunes the laser away from its most stable mode locked state. By adjusting the cavity birefringence induced by polarization controller, the change of phase delay can be compensated and a most stable state can be achieved. Fig.3 (a) illustrates the optimal experimental results. Output powers are -6.6dBm, -6.9dBm, -8.0dBm and -7.9dBm for 0dB to 3dB attenuation, respectively. The corresponding pump powers are 18mW, 23mW, 28mW and 28mW. As shown, the curves display nearly similar behaviors. The calculated timing jitters and corresponding optical spectra are shown in Fig.3 (b). The timing jitters at 2dB and 3dB attenuation have been improved. The minimum timing jitter is obtained at 1dB attenuation, which is 24% smaller than the jitter at 0dB attenuation. The spectral shifts are due to the combined effects of fiber birefringence and nonlinearity of the laser[13].
Haus and Mecozzi’s model can be adopted to explain the experimental results[5] with some coefficients corrected by Paschotta[8]. The equation of quantum noise of mode-locked laser is given by

\[
L(f) = (2\pi f_{\text{rep}})^2 \left[ \frac{D^2 D_p}{T_R^2} \frac{1}{(2\pi f)^2 ((2\pi f)^2 + \tau_p^{-2})} + \frac{D_t}{(2\pi f)^2} \right]
\]

where \( D_p = \frac{2}{3w_o \tau^2} \theta \frac{2g}{T_R} \hbar \nu \) and \( D_t = \frac{\pi^2 \tau^2}{6w_o} \theta \frac{2g}{T_R} \hbar \nu \) are diffusion constants of quantum noise, representing the noise properties of offset frequency and timing, respectively, \( \theta \) is the enhancement factor due to the incomplete inversion of the gain medium, \( \tau_p = \frac{3\pi^2 T_R \Delta f_p^2 \tau^2}{2g} \) is the relaxation time, \( D \) is the total group dispersion, \( T_R \) is the round trip time, \( w_o \) is the total energy in the cavity, \( g \) is the incremental gain per round trip, \( \tau \) is the pulse duration and \( \Delta f_p \) is the gain bandwidth. This equation indicates two mechanisms describing how spontaneous emission causes timing jitter. The first term represents an indirect contribution to timing jitter coupled from the random shift of central frequency caused by SE via dispersion. The second term represents a direct contribution to timing jitter in time domain caused by SE. The second term dominates at high frequency because the first term decreases by a factor of \( f^{-4} \). Using parameter values described by our laser, the first term dominates at low frequency and is proportional to \( g^{-1} \) while the second term is proportional to \( g \). Therefore phase noise spectrum decreases when \( g \) increases. For a steady mode-locked laser, the gain compensates the cavity loss per round trip \( e^g (1 - \text{loss}) = 1 \). Therefore increasing cavity loss is equivalent to increasing cavity gain. As \( g \) increases further, the difference between the first and second term is reduced by a factor of
$g^2$ with both terms finally becoming comparable in magnitude. Subsequently, the phase noise spectrum will no longer decrease at low frequency with the increase of $g$.

The calculated timing jitters based on Haus and Meccozi’s model are 6.40fs, 6.06fs, 6.55fs and 6.75fs with respect to 0dB to 3dB attenuation. It is clearly observed that, a very similar behavior occurs. The discrepancy between experimental results and theoretical analysis is probably due to the coupling of intensity noise to timing noise. By comparing the value of relaxation peak in the phase noise spectrum in 2dB curve in Fig.3 (a) and that in the relative intensity noise spectrum in 2dB curve in Fig.6 (a) (discussed below), there exists an approximate -22dB coupling ratio between them. The following timing jitter of 446fs, 102fs, 344fs and 573fs with respect to 0dB to 3dB attenuation are calculated by subtracting the coupling part. Additionally, the uncertainty in the exact excess noise factor and gain bandwidth of EDF under saturated conditions, may contribute an approximate factor of 10[14]. Technical noise may also cause another factor of 3~5.

With $P_J(f)$ known, the relative intensity noise (RIN) spectrum can be extracted from Eq. (1) as shown in Fig.4 (a). RIN is shown in Fig.4 (b). It is observed that the RIN only increases 4% at 1dB attenuation compared to 0dB attenuation. We further verify our observations in a laser mode locked through nonlinear polarization rotation (NPR). As the NPR-based artificial saturable absorber exploits fiber Kerr effect and is highly dependent on the pulse power, an increased in cavity loss deters the laser from mode-locking. Mode locking is unachievable using our 300mW 976nm pump when an adaptor with typical 0.4dB loss is inserted in the cavity. But we believe that our result is valid for those mode-locked lasers with similar material-based saturable absorber, e.g. SESAM[15] and Graphene[16].
In conclusion, we experimentally demonstrated that the timing jitter of a passively mode-
locked fiber ring laser with carbon nanotube saturable absorber can be improved by optimizing
the cavity loss. A higher cavity loss assists in suppressing the coupling from random shift of
central frequency to timing jitter. With proper increase in cavity loss, phase noise spectrum
decreases at low frequency and increase at high frequency resulting in lower timing jitter.
Further increase in cavity loss induces phase noise spectrum to increase at low frequency causing
timing jitter to increase as the direct effect of spontaneous emission on timing effect becomes
dominant. We have demonstrated in our experiment the timing jitter is reduced significantly by
24% while relative intensity noise increased by 4% only.

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Figures

Fig. 1. Experimental setup of passively mode-locked fiber ring laser with carbon nanotube as saturable absorber.

Fig. 2. (a) Phase noise spectrum with respect to different additional attenuation added into the cavity (b) calculated timing jitters according to (a) with integration range of 100Hz~20kHz.
Fig. 3. (a) Best results of phase noise spectrum with respect to different additional attenuation added into the cavity (b) calculated timing jitter according to (a) with integration range of 100Hz~20kHz, the inset is the corresponding optical spectra.

Fig. 4. (a) Relative intensity noise spectrum with respect to different additional attenuation when best phase noise performance is obtained in Fig. 3 (b) calculated RIN according to (a)
Figure Captions

Fig.1 Experimental setup of passively mode-locked fiber ring laser with carbon nanotube as saturable absorber

Fig.2 (a) Phase noise spectrum with respect to different additional attenuation added into the cavity (b) calculated timing jitters according to (a) with integration range of 100Hz~ 20kHz

Fig.3 (a) Best results of phase noise spectrum with respect to different additional attenuation added into the cavity (b) calculated timing jitter according to (a) with integration range of 100Hz~20kHz, the inset is the corresponding optical spectra

Fig.4 (a) Relative intensity noise spectrum with respect to different additional attenuation when best phase noise performance is obtained in Fig.3 (b) calculated RIN according to (a)