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Dark-state polaritons in single- and double-\(\Lambda\) media

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We derive the properties of polaritons in single-\(\Lambda\) and double-\(\Lambda\) media using a microscopic equation-of-motion technique. In each case, the polaritonic dispersion relation and composition arise from a matrix eigenvalue problem for arbitrary control field strengths. We show that the double-\(\Lambda\) medium can be used to up- or down-convert single photons while preserving quantum coherence. The existence of a dark-state polariton protects this single-photon four-wave mixing effect against incoherent decay of the excited atomic states. The efficiency of this conversion is limited mainly by the sample size and the lifetime of the metastable state.

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I. INTRODUCTION

Several years ago, Fleischhauer and Lukin [1] predicted the existence of a stable polaritonic excitation in \(\Lambda\)-type media [Fig. 1(a)] exhibiting electromagnetically induced transparency (EIT) [2]. This excitation, which involves a vanishing population of excited states and was therefore dubbed the “dark-state polariton” (DSP), is a coherent quantum excitation whose evolution is governed by a classical control field. This provides a method for manipulating single-photon motion, including stopping light [3,4]. The Fleischhauer-Lukin result was derived as a perturbation expansion of the field operator equations of motion in the strong control field limit. In a subsequent work, Juzeliūnas and Carmichael used a Bogoliubov-type transformation to diagonalize the model Hamiltonian exactly, and showed that the DSP can be understood as a part of a branch of slow polaritons occurring in systems containing a pair of atomic resonances [5]. These authors also emphasized the fact that the photonic part of the polariton mixes with atomic excitations possessing wave vectors differing by the wave vector of the control field. Thus, for instance, it is possible to reverse the direction of a polariton wave packet by switching the direction of the control field.

In this paper, we derive the properties of the DSP using the Sawada-Brout technique [6]. This can be thought of as a simplified version of the method used by Juzeliūnas and Carmichael, and we shall see how its results reduce to those of Fleischhauer and Lukin near resonance, which was not demonstrated in Ref. [5]. We then extend the analysis to a double-\(\Lambda\) medium [Fig. 1(b)], which contains a DSP consisting of low-lying atomic excitations and photons of two different frequencies [7,8]. In both single- and double-\(\Lambda\) systems, the DSP is protected against incoherent decay processes acting on the excited states because it contains a vanishing population of these states. It has previously been shown that double-\(\Lambda\) media can efficiently upconvert classical probe beams [9,10], and a related four-wave mixing scheme has already been used in such systems to generate correlated photon pairs [11–14]. Here, we point out that the DSP could be exploited to perform single-photon frequency conversion in a manner that preserves quantum coherence. Unlike semiclassical analyses in which the electromagnetic field is treated classically [9,10], this theory applies to the single-photon regime. It may thus have applications in quantum information processing, such as for downconverting a member of an entangled photon pair to a frequency suitable for transmission over a telecommunications fiber. Unlike parametric conversion schemes exploiting optical nonlinearities, the relevant photons are up- or down-converted individually, instead of being split or recombined; the additional momentum and energy are supplied by the control fields.

II. SINGLE-\(\Lambda\) SYSTEM

We begin by considering an \(N\)-atom gas with a single-\(\Lambda\) level structure, shown in Fig. 1(a). The ground, excited, and metastable atomic states are, respectively, denoted by \(|b\rangle\), \(|a\rangle\), and \(|c\rangle\), and their corresponding energies by \(\hbar \omega_b\), \(\hbar \omega_a\), and \(\hbar \omega_c\). The atomic Hamiltonian is

\[
H_0 = \hbar \sum_r (\omega_a \sigma_r^{aa} + \omega_b \sigma_r^{bb} + \omega_c \sigma_r^{cc}),
\]

with the sum performed over all atomic positions \(r\). Here,

\[
\sigma_r^{ab} = |\mu\rangle_{r} \langle \nu|_{r},
\]

denotes a transition operator for the atom at position \(r\). We also define Fourier-transformed operators, \(\sigma_{k}^{ab} = N^{-1/2} \sum_r \sigma_r^{ab} e^{ikr}\), etc. The photon Hamiltonian is

\[
H_1 = \sum_k \hbar c |k\rangle a_k^\dagger a_k,
\]

where \(a_k^\dagger\) and \(a_k\) are photon creation and destruction operators. The photons interact with the \(ab\) transition through the minimal-coupling Hamiltonian

\[
\begin{align*}
|a\rangle & \quad \Omega \quad |b\rangle \\
|c\rangle & \quad \Omega' \quad |c\rangle
\end{align*}
\]

where \(\Omega\) and \(\Omega'\) are the Rabi frequencies. Fig. 1. (a) Three-level \(\Lambda\)-type medium. (b) Double-\(\Lambda\) medium.
\[ H_z = -\hbar \sum_k a_k \sigma_z^k + \text{H.c.} \] (4)

The coupling constant is \( g = \mathcal{P} \sqrt{2 \pi N \omega_{ab}} / \hbar V \), where \( \mathcal{P} \) is the dipole moment of the \( ab \) transition, \( \omega_{ab} = \omega_a - \omega_b \), and \( V \) is the cavity volume. For notational simplicity, we have used the rotating-wave approximation. Finally, we include a classical control field with strength (Rabi frequency) \( \Omega \), frequency \( \omega_L - \omega_{ac} \) and wave vector \( k_L \):

\[ H_s(t) = -\hbar \Omega e^{-i\omega_L t} \sum_r e^{i k_L r} \sigma_r^c + \text{H.c.} \] (5)

Here, we have again discarded counter-rotating terms. We neglect the coupling between the photons and the \( ac \) transition, which is negligible compared to the effects of the control field, and the coupling between the control field and the \( ab \) transition, which is off resonance.

The time dependence in Eq. (5) can be removed by defining

\[ H_L = U_L(t) H(t) U_L^\dagger(t) + \hbar \omega_{ac} \sum_r \sigma_r^c, \] (6)

where \( H(t) = H_0 + \cdots + H_3(t) \), and

\[ U_L(t) = \exp \left[ -i \omega_{ac} \sum_r \sigma_r^c \right]. \] (7)

The Schrödinger equation \( H(t) \ket{\psi(t)} = i \hbar \partial \ket{\psi(t)} \) can be then re-written as

\[ i \hbar \frac{d}{dt} [U_L(t) \ket{\psi(t)}] = H_L [U_L(t) \ket{\psi(t)}]. \] (8)

Thus we can extract solutions to the Schrödinger equation from the energy eigenstates of the time-independent Hamiltonian \( H_L \). To obtain these, we look for a polariton excitation operator \( A^\dagger \) such that

\[ [H_L, A^\dagger] = \hbar \omega A^\dagger + \cdots. \] (9)

The polariton is long-lived provided the omitted terms are negligible [6]. If the initial state of the system is its (zero photon) ground state, \( A^\dagger \) should be a mixture of \( a^\dagger \), \( \sigma^a \), and \( \sigma^b \). Below, we list the commutation relations of these three operators with \( H_L \). We have removed terms involving \( \sigma^b \), \( \sigma^a \), and \( \sigma^c \); since these operators give zero when acting on the ground state, this introduces no additional error for single-polariton excitations. Similarly, we have replaced \( \sigma_k^b \)

\[ [H_L, \sigma_k^b] = \hbar \omega_{ac} \sigma_k^b - \hbar \Omega \sigma_{k-L}^b - \hbar \sigma_k^a, \] (10)

\[ [H_L, \sigma_{k-L}^b] = \hbar (\omega_{ab} + \omega_L) \sigma_{k-L}^b - \hbar \Omega \sigma_k^b, \] (11)

\[ [H_L, \sigma_k^a] = \hbar c |k| \sigma_k^a - \hbar \sigma_k^b. \] (12)

Let us now look for excitation operators of the form

\[ A_{nk} = -\phi_{nk}^a \sigma_k^b + \phi_{nk}^b \sigma_{k-L}^b + \phi_{nk}^c \sigma_k^c, \] (13)

where the band index \( n \) enumerates the different polariton species. The \( c \)-numbers \( \phi_{nk}^i \) are determined by inserting Eq. (13) into Eq. (9) and using Eqs. (10)–(12). This gives three self-consistency equations that can be written as

\[ \begin{bmatrix} \omega_{ab} & \Omega & g \\ \Omega^* & \omega_{ab} + \omega_L & 0 \\ g^* & 0 & \phi_0^{c|k|} \end{bmatrix} \begin{bmatrix} \phi_1^c \\ \phi_2^c \\ \phi_3^c \end{bmatrix} = \begin{bmatrix} \phi_0^{c|k|} \\ \phi_0^{c|k|} \\ \phi_0^{c|k|} \end{bmatrix}. \] (14)

The form of the effective Hamiltonian in Eq. (14) is familiar from semiclassical analyses of EIT. Figure 2 shows the band structure in the absence of loss, similar to the one given in Ref. [5]. For simplicity, let us assume that \( \omega_L = \omega_{ac} \). The asymptotic eigenfrequencies far from resonance are \( c|k| \) and the eigenvalues of the upper-left 2 \times 2 submatrix in the effective Hamiltonian in this case are \( \omega_{ab} \pm \Omega \). Exactly at resonance (\( |k| = \omega_{ab}/c \)), there is an eigenvector \( \propto [0, 1, -\Omega/g] \), and for slightly detuned \( k \) this eigenvector continues into ones where the \( \sigma^a \) component is nonzero but small. These solutions—“dark-state polaritons”—are thus insensitive to incoherent decay processes acting on \( |a\rangle \). The stability of the exactly resonant DSP is limited only by the lifetime of the metastable state \( |c\rangle \), which we shall assume to be longer than the time scale of any relevant experiment. For off-resonant DSPs, the decay rate is only quadratic in the detuning: upon replacing \( \omega_{ac} \) with \( \omega_{ac} - \hbar \Delta \) in Eq. (14), one finds that the imaginary part acquired by \( \omega_{ac} \) is \( \sim \Gamma \Delta |\Omega|^2 \) (for \( \Omega \gg g \)), where \( \Delta = c|k| - \omega_{ab} \). The other two polariton branches correspond to “bright” polaritons that contain significant \( |a\rangle \) population and are thus strongly affected by losses. As in Ref. [1], we neglect Langevin noise effects, which do not influence the adiabatic evolution of the DSPs.

Expanding around \( \omega = \omega_{ab} \) yields a limiting solution for the DSPs:

\[ \omega_k = \omega_{ab} + \frac{|\Omega|^2}{|g|^2 + |\Omega|^2} (c|k| - \omega_{ab}), \] (15)

\[ \phi_0^c = \frac{\Omega (c|k| - \omega_{ab})}{|g|^2 + |\Omega|^2} \phi_0^2, \] (16)

\[ \phi_0^3 = -\frac{\Omega}{g} \phi_0^2. \] (17)

Equations (15)–(17) agree with the solution derived by Fleischhauer and Lukin using a perturbation expansion in

![Figure 2](https://example.com/figure2.png)
The preceding derivation holds regardless of the angle between the input photon and the control beam. The direction of the control field is specified by the polarization of the control field. A special case of this has been discussed by Juzelin et al. [10] and other groups. It can be shown, using the Fleischhauer-Lukin formalism, that this type of level structure supports a DSP [8]. As we shall see, this DSP arises naturally from the present method as a $5 \times 5$ generalization of Eq. (14).

The Hamiltonian, $H'(t)$, contains four new terms. The first, $\sum \omega_{ab} \sigma^{ab}_r$, gives the energy of the $|d\rangle$ states. Next, we introduce a second photon field with operators $b^\dagger_k$ and $b_k$, and Hamiltonian $\sum \hbar c|b_k|b_k$. (There is really only one photon field, but this trick is permissible since the atom-photon coupling becomes negligible far away from the EIT resonances.) Finally, we add interaction terms analogous to Eqs. (4) and (5), with $|d\rangle$, $b_k$, $g'$, and $\Omega'$ replacing $|a\rangle$, $a_k$, $g$, and $\Omega$, respectively.

The control field interaction Hamiltonian (5) and its analog for the $dc$ transition oscillate at different frequencies, so the transformation (6) and (7), which works by rotating $|c\rangle$, cannot eliminate the time dependence. We can overcome this difficulty with a transformation that instead rotates the $|a\rangle$, $|d\rangle$, and photonic states. Let

$$H'_L = U'_L(t)H'(t)U'_L^\dagger - \hbar \omega_t \left( \sum_k a_k^\dagger a_k + \sum_r \sigma^{aa}_r \right) - \hbar \omega'_t \left( \sum_k b_k^\dagger b_k + \sum_r \sigma^{bd}_r \right),$$

where $H'(t)$ is our new Hamiltonian, and

$$U'_L = \exp \left[ i \omega_t \left( \sum_k a_k^\dagger a_k + \sum_r \sigma^{aa}_r \right) + i \omega'_t \left( \sum_k b_k^\dagger b_k + \sum_r \sigma^{bd}_r \right) \right].$$

This once again allows us to write the Schrödinger equation as $i \hbar \partial_t \left[ U'_L(t)|\psi(t)\rangle \right] = H'_L U'_L(t)|\psi(t)\rangle$, where $H'_L$ is time-independent. We look for excitation operators for $H'_L$ of the form

$$A_{nk}^\dagger = -\phi_{nk}^a \sigma^{ab}_{k+k_L} - \phi_{nk}^b \sigma^{db}_{k+k_L} + \phi_{nk}^c \sigma^{cb}_k + \phi_{nk}^d \sigma^{dd}_k + \phi_{nk}^e b^\dagger_{k+k_L}.$$

(21)

The self-consistency equations for the parameters $\phi_{nk}^a$ take the same matrix form as Eq. (14), with the effective Hamiltonian

$$H'_L = \begin{bmatrix}
\omega_{ab} - \omega_L & 0 & \Omega & g & 0 \\
0 & \omega_{db} - \omega_L & \Omega' & 0 & g' \\
\Omega & \Omega' & \omega_{bh} & 0 & 0 \\
g & 0 & 0 & c|k + k_L| - \omega_L & 0 \\
0 & g' & 0 & 0 & c|k + k_L| - \omega_L'
\end{bmatrix}.$$
The polariton created by Eq. (21) is a valid excitation because, as in the single-Λ case, no extra non-negligible terms are generated by commutating this operator with the Hamiltonian. Let us now assume that the control fields are resonant, i.e., \( \omega_i = \omega_{ac} \) and \( \omega_i' = \omega_{db} \). For \( |k+k_L| = \omega_{ab}/c \) and \( |k+k'_L| = \omega_{ab}/c \), the effective Hamiltonian (22) has an eigenvector \( \mathbf{e} = [0, 0, 1, -\Omega/g, -\Omega'/g'] \). The first two components of this eigenvector, corresponding to the two excited states, are generated by commutating this operator with the Hamiltonian (22) and \( |k| = \omega_{ab}/c \). This freedom to choose the direction of the control beam disappears in the double-Λ case. This freedom to choose the direction of the control beam. This freedom to choose the direction of the control beam. This freedom to choose the direction of the control beam.

FIG. 3. Polaritonic dispersion curve for the double-Λ medium. The solid lines show the exact polariton solutions given by Eq. (22); the dashed line shows the linearized solution given by Eq. (23). The horizontal asympotes occur at \( \omega_{cb} \) and \( \omega_{cb} \pm \sqrt{|\Omega|^2 + |\Omega'|^2} \).

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These results can be shown to be consistent with the single-photon limit of a semiclassical analysis of the double-Λ medium given by Korsunsky and Kosachiov [9]. In this one-dimensional model, where the electromagnetic field is treated classically, the Heisenberg equations of motion for the atomic system possess a stationary “dark state” solution that is decoupled from the electromagnetic field and is stable against spontaneous emission. This dark state exists only if the background field (consisting of two probe beams and two control beams) obeys certain frequency, amplitude, and phase matching conditions. The frequency-matching condition is

\[
\omega - \omega_L = \omega' - \omega'_L = \omega_{cb},
\]

where \( \omega \) and \( \omega' \) are the respective frequencies of the probe beams resonant with the \( ab \) and \( db \) transitions. This equation is exactly satisfied by Eq. (21), for which \( \omega = c(k+k_L) \) and \( \omega' = c(k+k'_L) \). The physical meaning of Eq. (28) is classically easy to deduce in the present theory: in the single-photon limit, the stationary state corresponds to a polaritonic solution of the form (21), for which the photonic components cannot take on arbitrary frequencies because they are coherently mixed via the atomic excitation \( \sigma_{cb} \). The amplitude-matching condition for the semiclasical dark state is

\[
\frac{\mathcal{P}E}{\Omega} = \frac{\mathcal{P}'E'}{\Omega'},
\]

where \( \mathcal{P} \) and \( \mathcal{P}' \) are the dipole moments for the \( ab \) and \( db \) transitions, and \( E \) and \( E' \) are the electric field amplitudes of the associated probe beams. The electric field amplitudes can be related to the quantum mechanical photon amplitudes \( \phi^4 \) and \( \phi^5 \) by

\[
E \leftrightarrow \sqrt{2}\pi\hbar\omega_{ab}/V\phi^4,
\]

\[
E' \leftrightarrow \sqrt{2}\pi\hbar\omega_{db}/V\phi^5,
\]

which can be verified by computing the expectation value \( \langle E^2 \rangle \) produced by each photon creation operator. With this identification, the linearized DSP amplitudes (26) and (27) satisfy Eq. (29). The third condition derived by Korsunsky and Kosachiov, which relates the phases of the four beams, is also satisfied by the DSP because, as shown by Eqs. (26) and (27), the phases of the probe beams are locked to those of the control beams \( \Omega \) and \( \Omega' \).

The dark state studied by Korsunsky and Kosachiov is a pure state of the atomic system, reflecting the fact that the electromagnetic field is treated classically [9]. In contrast, the present model takes into account the coherent mixing between the quantum state of the probe field and the quantum state of the atomic medium: performing a partial trace of the DSP over the photonic Hilbert space yields a mixed atomic state. This mixing becomes important at the single-photon level, which is also potentially the regime of interest for quantum information processing. In the following section, we will examine how this mixing can be used to convert between the two photonic components of the double-Λ DSP.

### IV. FREQUENCY CONVERSION

For a single-Λ medium with a resonant control beam, inserting a photon with wave vector \( k_0 \), resonant with the \( ab \) transition, gives rise to a DSP whose group velocity points in the same direction, independent of the direction of the control beam. This freedom to choose the direction of the control beam disappears in the double-Λ case. Here, an incident photon \( k_0 \) mixes with another photon with wave vector \( k_1 = k_0 - k_L + k'_L \). Assuming both control beams are tuned to resonance, the resulting state overlaps with a DSP only if \( |k_1| = \omega_{db}/c \). Furthermore, the group velocity of the DSP is, from Eq. (23),
FIG. 4. Numerical solutions of $|0\rangle|\phi(t)\rangle$ against $t$, where $|\phi(t)\rangle$ is the quantum state at time $t$ after inserting a photon $a^\dagger_0$ with $k = \omega_{ab}/c$. Here, $\omega_{ab} = 10^4$ cm$^{-1}$, $|g'| = |g| = 0.1$ cm$^{-1}$, and $|\Omega| = |\Omega'| = 1$ cm$^{-1}$. (a) No excited state decay, $\Gamma_a = \Gamma_d = 0$. (b) $\Gamma_a = \Gamma_d = 0.02$ cm$^{-1}$.

\[ v = \nabla k_0 \omega_{nk} = \frac{[\Omega'/g']^2 k_0 + [\Omega'/g']^2 k_1}{1 + [\Omega'/g']^2 + [\Omega'/g']^2}, \quad (32) \]

where $\hat{k}_0 = k_0/|k_0|$ and $\hat{k}_1 = k_1/|k_1|$. Therefore a choice of $\hat{k}_0$ and $\hat{k}_1$ determines the directions of the two control beams (or, more generally, choosing any two of these directions determines the other two). As an aside, we note that the beam matching conditions forbid the choice $\hat{k}_0 = -\hat{k}_1$, which would imply the possibility of a stationary wave packet with non-zero control beams; however, if $\hat{k}_0$ and $\hat{k}_1$ are nearly antiparallel, Eq. (32) predicts that the control beam strengths can be tuned to produce a low group velocity.

In order to illustrate the mixing between the two photonic components in the DSP, let us fall back on the “trivial” one-dimensional case where all wave vectors are parallel, which satisfies the above beam matching conditions. Suppose we inject the photon $k_0$ at $t=0$, so that the quantum state is

\[ |\phi(0)\rangle = a^\dagger_0 |0\rangle = \sum_{n=1}^{5} A_{nk}^a A_{nk}^b |0\rangle, \quad (33) \]

where $k = k_0 - k_L$. Without losses, the state at time $t$ is

\[ |\phi(t)\rangle = e^{i\omega t^t} |\phi(0)\rangle = \sum_{n=1}^{5} e^{i(k_0 t^t) k_n^a} \sum_{k} e^{i(k_0 t^t) k} |0\rangle + \cdots, \quad (34) \]

where the matrix $\mathcal{H}$ is defined in Eq. (22) and the omitted terms are the other polariton components. The result, shown in Fig. 4, is an oscillating upconversion amplitude $|<0|\phi(t)\rangle|$ that can approach 100%. The effects of incoherent excited state decay, which can be modeled by replacing $\omega_n$ with $\omega_n - i\Gamma_n$ and $\omega_d$ with $\omega_d - i\Gamma_d$ in Eq. (22), are also shown in Fig. 4. Although the DSPs are protected against decay, damping still occurs because the incident photon generates a nonvanishing population of bright polaritons. When these exit the system (typically as off-axis photons), only the DSP remains.

A more efficient example of single-photon frequency conversion can be obtained by going from momentum space to real space and studying the behavior of polariton wave packets. Let us define $\psi_0$-number fields $\Phi_j(\mathbf{r}, t)$ such that

\[ \Phi_j = \sum_r e^{i(k_r \mathbf{r} - \omega_r t)} \Phi_{j}^{\text{ph}} e^{i(k_r \mathbf{r} - \omega_r t)} \]

\[ + \Phi_{j}^{\text{el}} \sigma^b \]

(35)

Inserting Eq. (35) into the Schrödinger equation and using Eq. (22), we obtain a Schrödinger wave equation

\[ i\hbar \frac{\partial \Phi_j(\mathbf{r}, t)}{\partial t} = \hbar \sum_j \mathcal{H}_{ij} \Phi_j(\mathbf{r}, t). \quad (36) \]

If $\kappa$ is chosen such that $|\kappa + k_L| = \omega_{ab}/c$ and $|\kappa + k_L'| = \omega_{ab}/c$, then the DSP corresponds to values of $\Phi_j$ that are constant in space. For a wave packet centered around $\kappa$ with bandwidth $\leq \omega_{ab}, \omega_{ab}$ (i.e., spatial width much longer than the optical wavelength, which is the usual slowly varying envelope approximation), $\mathcal{H}$ takes on the intuitive local form

\[ \mathcal{H}(\mathbf{r}, t) = \mathcal{H}_{ij}(\mathbf{r}) \Phi_j(\mathbf{r}, t). \]

As in the single-$\Lambda$ case, the evolution of the polaritonic envelope is independent of the underlying double-$\Lambda$ frequencies, except through the coupling parameters $g$, $g'$, $\Omega$, and $\Omega'$. We again emphasize that this result is not perturbative: it holds for arbitrary values of $\Omega$ and $\Omega'$, and depends only on the fact that the wave packet is sufficiently broad. Generally, the coupling parameters can vary (smoothly) in space; for instance, a variation in $\Omega$ or $\Omega'$ could be accomplished using a cw control beam with a nonuniform cross-sectional intensity profile. Such variations can be used to “adiabatically” transfer one photon population to another within a propagating DSP wave packet, substantially improving the efficiency of the conversion process compared to the previous example.

Let us consider an effectively one-dimensional experimental setup where all relevant spatial variations occur in the $z$ direction. In particular, we must assume that the $x$ and $y$ edges are far enough away that boundary effects (which appear when the beams are not all collinear) are negligible. The incident envelope field $\Phi_4(z, t=0)$ is

\[ \Phi_4 = \exp \left( \frac{-\beta (z \cos \theta - z_0)}{2} \right), \]

\[ \Phi_1 = \Phi_2 = \Phi_3 = \Phi_5 = 0. \quad (38) \]

Outside the sample ($z < 0$ or $z > z_0$), all coupling parameters are zero. Within the sample ($0 < z < z_0$), the functional forms of $\Omega(z)$ and $\Omega'(z)$ are chosen so that $|\Omega| \approx |g| \approx |\Omega'|$ near the entrance of the sample, which ensures that the DSP is dominated by the input photon; whereas $|\Omega'| \approx |\Omega| \approx |g|$ near the
FIG. 5. Photon frequency conversion. The a-photon amplitude $|d_0(z,t)|$ (dashed line) and b-photon amplitude $|d_1(z,t)|$ (solid line) are plotted at three instants. The abscissa is $z/\cos \theta$, where $k_zz=\cos \theta$. The second control beam is pointed that $k_z^2z=0.9 \cos \theta$. Both control beams are cw. The effective thickness of the double-$\Lambda$ medium, $z_0=60$ cm, is indicated. Within the medium, $|g|=|g'|=0.1$ cm$^{-1}$, $\Gamma_a=\Gamma_d=0.2$ g, $|\Omega|=1$ cm$^{-1}$, and $|\Omega'|=3[1+tanh(4(z/\cos \theta-0.5)/z_0)]$ cm$^{-1}$. Outside the sample lies vacuum. The amplitudes are computed by integrating Eq. (36) numerically for the initial conditions in Eq. (38), where $\beta=0.8$ m$^{-2}$ and $z_2=-50$ cm.

exit, which ensures that the DSP is dominated by the converted photon. The result is shown in Fig. 5. For the given parameters, the converted photon amplitude is $-0.9$ times the incident amplitude. The efficiency is limited by the available length of the double-$\Lambda$ medium. As shown in Fig. 6, a longer sample allows the $\Omega'$ field to be varied more gently, generating fewer bright state polaritons and increasing the conversion efficiency.

V. CONCLUSIONS

In this paper, we have presented an analysis of single- and double-$\Lambda$ EIT systems based on a microscopic equation-of-motion technique. Within this formalism, the presence of a DSP corresponds to the existence of special eigenvectors of an effective Hamiltonian matrix, in which the entries corresponding to rapidly decaying excitations are identically zero, regardless of the strength of the control fields. The ability of the double-$\Lambda$ system to efficiently upconvert and downconvert photons, previously established in semiclassical fourwave mixing studies [9,10], is retained in the coherent single-photon limit due to the existence of the DSP. The analysis can be further generalized to multi-$\Lambda$ systems, where one finds additional polaritonic bands similar to those in Fig. 3, with exactly one family of DSP solutions possessing vanishing excited state populations.

Throughout this paper, we have restricted our attention to the single-polariton sector of the theory, which is valid only if the polaritons are much more dilute than the underlying atomic medium. The polariton operators (13) and (33) do not obey exact bosonic commutation relations, since the $\sigma$ operators are not bosonic operators; however, the corrections to the commutator vanish as $O(M/N)$, where $M$ is the number of atoms excited [15]. This condition is satisfied, for instance, in the experiments of Merriam et al., where $M/N \sim 10^{-3}$ [10]. The single-polariton sector has the advantage that the quantum state of the system can be expressed in terms of a simple wave equation, as in Eq. (36). Thus once the $\sigma$ operators have been used to derive the effective Hamiltonian, the additional structure given by their nontrivial commutation relations disappears from the theory. Should one wish to study the limit where $M$ becomes comparable to $N$, this structure will have to be taken into account.

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