

This document is downloaded from DR-NTU, Nanyang Technological University Library, Singapore.

| | |
|-----------|--|
| Title | Infection of male rats with <i>Toxoplasma gondii</i> results in enhanced delay aversion and neural changes in the nucleus accumbens core |
| Author(s) | Tan, Donna; Soh, Linda Jing Ting; Lim, Lee Wei; Tan, Daniel Chia Wei; Zhang, Xiaodong; Vyas, Ajai |
| Citation | Tan, D., Soh, L. J. T., Lim, L. W., Tan, D. C. W., Zhang, X., & Vyas, A. (2015). Infection of male rats with <i>Toxoplasma gondii</i> results in enhanced delay aversion and neural changes in the nucleus accumbens core. <i>Proceedings of the Royal Society B</i> , 282(1808), 20150042-. |
| Date | 2015 |
| URL | http://hdl.handle.net/10220/38349 |
| Rights | © 2015 The Author(s). This is the author created version of a work that has been peer reviewed and accepted for publication in <i>Proceedings of the Royal Society B</i> , published by The Royal Society on behalf of The Author(s). It incorporates referee's comments but changes resulting from the publishing process, such as copyediting, structural formatting, may not be reflected in this document. The published version is available at: [http://dx.doi.org/10.1098/rspb.2015.0042]. |

1 **Title Page**

2

3 **Infection of male rats with *Toxoplasma gondii* results in enhanced**
4 **delay aversion and neural changes in the nucleus accumbens core**

5 **Authors:** Donna Tan¹, Linda Jing Ting Soh¹, Lee Wei Lim¹, Tan Chia Wei Daniel²,
6 Xiaodong Zhang^{2,3,4}, Ajai Vyas^{1*}

7 **Affiliations:**

8 ¹ School of Biological Sciences, Nanyang Technological University, 60 Nanyang Drive, Singapore – 637551.

9 ² Program in Neuroscience & Behavioral Disorders, Duke-NUS Graduate Medical School Singapore,

10 ³ Department of Physiology, National University of Singapore,

11 ⁴ Department of Psychiatry and Behavioral Sciences, Duke University Medical Center

12 Running title: Impulsivity in *Toxoplasma* infected rats

13

14 The number of tables: 2

15 The number of figures: 5

16 The number of supplementary material: 0

17

18 *Correspondence to:

19 Ajai Vyas,

20 School of Biological Sciences, Nanyang Technological University,

21 60 Nanyang Drive, Singapore – 637551.

22 Phone: +65 – 6513 7365. Fax: +65 6791 1604.

23 Email: avyas@ntu.edu.sg

24

25 **Keywords:** Behavioral manipulation; Brain; Delay discounting; Dopamine; Monoamines;
26 Parasites.

27

28 Summary

29 Rats infected with the protozoan parasite *Toxoplasma gondii* exhibit reduced avoidance of
30 predator odors. This behavioral change is likely to increase transmission of the parasite from
31 rats to cats. Here we show that infection with *Toxoplasma gondii* increases the propensity of
32 the infected rats to make more impulsive choices, manifested as delay aversion in an
33 intertemporal choice task. Concomitantly, *Toxoplasma gondii* infection causes reduction in
34 dopamine content and neuronal spine density of the nucleus accumbens core, but not of the
35 nucleus accumbens shell. These results are consistent with role of the nucleus accumbens
36 dopaminergic system in mediation of choice impulsivity and goal-directed behaviors. Our
37 observations suggest that *Toxoplasma gondii* infection in rats causes a syndromic shift in
38 related behavioral constructs of innate aversion and making foraging decisions.

39 Introduction

40 *Toxoplasma gondii* is a protozoan parasite of the rat (*Rattus norvegicus*) and many other
41 animals. This host-parasite association has been widely studied as an example of parasitic
42 manipulation of host behavior. Rats infected with *Toxoplasma gondii* exhibit greater
43 exploration of spaces containing cat odors [1-3]. This behavioral change is thought to
44 increase parasite transmission because cats are the ultimate host of this parasite [4, 5].

45 Innate aversion to predators is a flexible behavior. Odors that are more predictive of
46 immediate predator presence evoke a stronger aversion compared to partial cues like urine or
47 feces [6]. Similarly, more concentrated cat odors elicit a larger fear response [6]. Apart from
48 conditional dependence on predator cues, innate aversion is also in contiguity with other
49 behaviors like searching for food. For example, laboratory ant colonies (*Lasius pallitarsis*)
50 unequivocally choose feeding sites offering more concentrated sugar solutions. In the
51 presence of predators, the preference for concentrated sugar is diminished; yet the
52 devaluation for the richer feeding site becomes more blunted as the concentration of sugar
53 solution offered is increased [7]. This and several similar observations, [8] suggest that
54 foraging decisions and predator aversion are related behavioral constructs. Foraging decisions
55 in the laboratory settings have often been framed in terms of an intertemporal choice between
56 larger later and smaller sooner food receipts. In a delay discounting task where delays to
57 larger later rewards are progressively varied while keeping intervals between successive trial
58 initiations constant within a block, consistent choice of larger later reward represents an
59 economically rational choice. In this setting, choice for smaller sooner rewards demonstrates
60 an intolerance to delay and thus, is interpreted as an impulsive choice. In light of these
61 observations, we investigated if *Toxoplasma gondii* infection led to more impulsive delay-
62 averse foraging decisions in the infected rats.

63 The midbrain dopaminergic system is critical for evaluating salience of various options [9].
64 This system pivots around nucleus accumbens, which receives dense dopaminergic inputs
65 from the ventral tegmental area. The nucleus accumbens interacts with limbic regions
66 involved in emotional valence like the amygdala [10]; and also with frontal cortical regions
67 involved in executive functions like the orbitofrontal, anterior cingulate, prelimbic and
68 infralimbic cortices [11]. Nucleus accumbens also influence goal-directed behaviors through
69 its projections to globus pallidum and hypothalamic nuclei. Consistent with this, selective
70 excitotoxic lesions or quinolinic acid-induced lesions of nucleus accumbens core, but not
71 shell, enhance impulsive choice in rats [12-14]. These observations suggest that the
72 dopaminergic signaling in the nucleus accumbens acts as the interface between salience of
73 various challenges and opportunities; and the resultant behavioral output. In view of its
74 central role in choice impulsivity, we also investigated changes in neuronal morphology and
75 dopamine content of nucleus accumbens.

76 **Materials and Methods**

77 Adult male Wistar rats were employed. All animal procedures were approved by NTU-
78 IACUC. Animals were either infected with tachyzoites (5×10^6 , *i.p.*) or mock-infected with
79 sterile saline and tested >8 weeks post-infection.

80 Procedure to measure delay averseness was adopted from [15] (Figure 1). Animals were
81 tested daily for six days per week (one session per day). Each session consisted of sixty
82 choice trials executed at 100s interval, consisting of five delay blocks of ten trials each
83 (delays = 0, 10, 20, 40 and 60 s). One of the lever delivered the smaller-sooner-reward (SSR;
84 1 pellet, immediate) and the alternative lever delivered the larger-later-reward (LLR; 4 pellets,
85 after an appropriate delay). The number of LLR choice was used as a measure of impulsivity.
86 Data presented depict an average of three day block. Subsequently, sucrose preference was
87 measured by giving rats a choice between two bottles containing either tap water or 1%
88 sucrose (test duration = 2h). The consumption was measured by weighing the bottles.

89 Dopamine and 5-HT levels were measured by HPLC in brain punched obtained from 500 μm
90 thick sections. For spine density measurements, brains were processed for rapid Golgi
91 staining [16, 17]. Spines on a continuous 80 μm of secondary dendrites were counted at
92 1000X magnification.

93 Analysis of variance (ANOVA) was used to estimate statistical significance of main effects
94 and interactions. Spine density and neurotransmitter content within nucleus accumbens were
95 analyzed using Mann-Whitney U test.

96 Results

97 *Infection increased delay aversion.*

98 Control (14 animals) and infected (12 animals) subjects were tested for their propensity to
99 choose between SSR and LLR (Figure 1).

100 Figure 2A depicts the choice exhibited by the animals for LLR (% of total trials) over
101 successive delays. Both control and infected animals preferred the larger reward in absence of
102 delay (Figure 2A, 0s; one-sample t-test against chance of 50%; $p < 0.0001$; control: $|t_{13}| =$
103 19.2, infected: $|t_{11}| = 12.7$). Control and infected animals did not significantly differ in choice
104 of the larger reward when the delay was set to zero (independent sample t-test; $|t_{24}| = 1.3$, $p >$
105 0.2). As the delays increased, animals progressively reduced their preference for the LLR
106 (repeated measure ANOVA, Table 1). Control animals preferred LLR at all delays examined,
107 except at 60s (Figure 2A; one-sample t-test against chance; $|t_{13}| \geq 4.19$, $p \leq 0.001$, Bonferroni
108 correction applied post-hoc to correct alpha probabilities for multiple testing of five delays).
109 In contrast, preference for LLR was statistically insignificant at all delays greater than 0s for
110 infected animals ($|t_{11}| \leq 2.07$, $p \geq 0.31$). Between the two experimental groups, infected
111 animals exhibited greater intolerance to the delay of rewards (ANOVA: Table 1; main effect
112 of infection status: $p = 0.024$). Post-hoc analysis revealed statistical significant differences
113 between control and infected at delays of 40 s and 60 s (Figure 2A; LSD: $p < 0.05$,
114 Bonferroni correction applied to correct for multiple comparisons).

115 The sensitivity of rats to the delay in reward receipt is typically time inconsistent, in that
116 devaluation rate of the reward is not constant across proximal and distal time delays [18]. To
117 recapitulate this, we fitted the mean number of LLR choice obtained for each group at the
118 various delays to a hyperbolic model using nonlinear regression (Figure 2A, solid lines; Table

119 2; $V = D0/(1 + k*D)$, where $D0$ is preference for LLR at zero delay). Infected animals
120 exhibited a steeper coefficient of discounting, suggesting a greater sensitivity of the reward
121 value to the delay in its receipt (fit model and group parameters in Table 2). For the
122 individual data, the rate of hyperbolic decay (k) was calculated. Only individuals with $R^2 >$
123 0.8 were included in the analysis. Distribution of parameter k was non-normal; hence a non-
124 parametric test was used to compare experimental groups (Shapiro-Wilk test: $p < 0.001$).
125 Infected subjects exhibited greater coefficient of discounting (Mann-Whitney U test; $|Z| =$
126 2.05, $p = 0.0093$; $n = 8$ control and 7 infected animals).

127 Approximately 50% of control animals did not reach a point of indifference even during the
128 longest delay used in the experiment (Figure 2B). The mean choice of the control animals
129 was above the point of indifference at all delays. In contrast, more of the infected animals
130 reached the point of indifference at much shorter delays (Figure 2B; two sample
131 Kolmogorov-Smirnov test: $|Z| = 2.33$, $p < 0.001$).

132 Consistent with the preference for SSR, infected animals earned fewer food pellets during the
133 task (pellets earned during session, mean \pm SEM: control 189 ± 7 , infected = 158 ± 11 ; $|t_{24}| =$
134 2.5, $p < 0.05$). Despite being delay averse, the infected animals were less likely to engage in
135 premature or persistent responding measured by the number of inter-trial interval nose-pokes
136 (Figure 2C and Table 1). The latency to initiate rewarded trials through nose-poke did not
137 differ significantly (Figure 2D and Table 1). Thus, the behavior of infected rats in this task
138 was guided by intertemporal choice impulsivity without a probable contribution from generic
139 or motor impulsivity.

140 ***Infection did not reduce sensitivity to the reward.***

141 We further tested whether infection altered the sensitivity of the animal to reward ($N = 14$
142 animals for control and 12 animals for infected). When provided with water and 1% sucrose

143 simultaneously, the preference for sucrose was more pronounced in infected animals (Figure
144 3A; independent sample t-test: $|t_{24}| = 3.15$, $p = 0.004$). Infected animals consumed greater
145 amount of sucrose (Figure 3B; $|t_{24}| = 3.43$, $p = 0.002$), whereas the total consumption was not
146 significantly affected by the infection ($|t_{24}| = 1.66$, $p = 0.11$). Results for sucrose preference
147 were in direct contrast with changes in intertemporal choice. Despite a greater preference for
148 rewards, infected animals exhibited a reduced tendency to wait for larger rewards when
149 delays were imposed. Control and infected animals gained comparable body weight during
150 the experimental period ($|t_{26}| = 0.89$; $p > 0.3$, independent sample t-test).

151 ***Infection reduced spine density of the neurons in the nucleus accumbens core.***

152 We quantified the number of spines over 80 μm segment for neurons of nucleus accumbens
153 core (AcbC) and shell (AcbSh). The infection caused a marked reduction in the number of
154 spines for AcbC neurons (Figure 4, left; Mann Whitney U test: $|Z| = 2.57$, $p = 0.01$; $N = 6$
155 control and 6 infected animals). In fact, the minimum observed value of spine density for the
156 control group was still greater than in 5 out of 6 infected animals. Similarly, the maximum
157 observed value of the infected group was observed to be below the median of the control
158 animals. The spine density of AcbSh neurons did not significantly differ between control and
159 infected animals (Figure 4, right; $|Z| = 0.16$, $p = 0.87$), suggesting that effects of the infection
160 were specific to the core sub-region of the nucleus accumbens. Figure 4B depicts
161 representative examples of AcbC dendrites.

162 In order to preclude a generalized change in the spines, we also quantified spine density in
163 brain regions anatomically connected to the nucleus accumbens (basolateral amygdala,
164 anterior cingulate cortex, orbitofrontal cortex and medial prefrontal cortex). Infection did not

165 significantly alter spine density in these brain regions (Mann-Whitney U test; $|Z| < 1.14$; $p >$
166 0.15).

167 ***Infection reduced dopamine content in the nucleus accumbens core.***

168 We quantified the amount of dopamine and 5-HT in tissue micro-punches obtained from
169 AcbC and AcbSh. Apart from causing changes in spine density measurements, the infection
170 caused a statistically significant decrease in dopamine content of the AcbC (Figure 5, left;
171 Mann Whitney U test: $|Z| = 2.07$, $p = 0.039$; $N = 8$ control and 6 infected animals; control =
172 9.82 ± 0.70 ng/mg, infected = 5.99 ± 1.59 ng/mg). The dopamine content of AcbSh did not
173 significantly differ between control and infected animals (Figure 5, right; $|Z| = 0.52$, $p = 0.62$;
174 control = 6.40 ± 0.95 ng/mg, infected = 4.69 ± 1.21 ng/mg). The infection did not cause
175 statistically significant difference in 5-HT content of either AcbC (control = 3.29 ± 0.41
176 ng/mg, infected = 3.08 ± 0.57 ng/mg; $|Z| = 0.26$, $p = 0.80$) or AcbSh (control = 1.74 ± 0.18
177 ng/mg, infected = 1.45 ± 0.20 ng/mg; $|Z| = 0.78$, $p = 0.44$); with the exception of BLA
178 (control = 1.72 ± 0.19 ng/mg, infected = 1.19 ± 0.14 ng/mg; $|Z| = 2$, $p = 0.0426$). AcbC
179 dopamine content was not significantly correlated with discounting constant k or preference
180 for LLR at zero delay ($p > 0.75$).

181 In order to preclude a generalized change, we also quantified dopamine content in brain
182 regions that send dopaminergic projections to and from the nucleus accumbens (ventral
183 tegmental area, basolateral amygdala, medial amygdala, ventral pallidum, anterior cingulate
184 cortex, posterior cingulate cortex, caudate putamen dorsal, caudate putamen ventral and
185 medial prefrontal cortex). Infection did not significantly alter dopamine content in these brain
186 regions (Mann-Whitney U test; $|Z| > 1.16$; $p > 0.245$).

187 Discussion

188 Earlier work demonstrates that rats infected with *Toxoplasma gondii* lose their innate
189 aversion to cat odors. In this report, we show that the infection with *Toxoplasma gondii*
190 creates delay aversion in male rats by increasing steepness of the discounting for receipt of
191 larger rewards at increasing delays. This is reflected as preference for smaller sooner rewards.
192 Behavioral changes within an infected individual have often been viewed as a collection of
193 independent phenotypes arising in isolation to each other. A contrarian view posits that multi-
194 dimensional behavioral changes in the host reflect a syndrome arising because of inter-
195 connected biological imperatives [19]. We propose that the host behavioral change after
196 *Toxoplasma gondii* infection is not a monolithic reduction of the innate fear. Instead it
197 comprises of a behavioral syndrome consisting of reduced innate fear, increased sexual
198 attractiveness and greater delay aversion; all hallmarks of a “carpe diem” animal
199 personality [20-22]. Biological imperatives that bind these behavioral changes remain
200 presently unknown, although a plausible and untested speculation can be offered. Several
201 studies cutting across phylogenetic boundaries show that a shortening of life-span results in
202 greater “carpe diem” impulsivity [20, 22, 23]. However, metabolic investment resulting in
203 current payoffs often exists in a tradeoff with future/residual payoffs [24-26]. We speculate
204 that delay aversion and loss of innate fear are contiguous behavioral changes reflecting an
205 expedited life-history for the host. This notion agrees with the observations that the infected
206 host increases current metabolic investment in the form of androgen and sexual pheromone
207 production [4, 27, 28]. Similarly, the presence of *Toxoplasma gondii* cysts in mice brain
208 increases exploration of open and exposed regions of an arena, suggesting a change in
209 perceived risk [29].

210 The concept of impulsivity has often been divided into motor impulsivity and choice
211 impulsivity [30]. Motor impulsivity is typically characterized as a reduced ability to stop an

212 ongoing motor response or to withhold from making a new motor response. Choice
213 impulsivity, on the other hand, refers to cognitive decisions made under risk/uncertainty or
214 when delays to receipt are involved. Specifically, choice impulsivity manifests itself as a
215 reduced tolerance for delayed gratification; characteristics similar to those exhibited by
216 *Toxoplasma gondii* infected rats. Within the delay discounting task, infection reduced nose
217 pokes during inter-trial interval when receipt of food was not possible. Nose-pokes during the
218 inter-trial interval might reflect either a failure to inhibit premature responding or viewed as
219 persistent action in absence of reinforcement. In contrast, the latency of nose-poke to initiate
220 a trial remained unaffected. We suggest that the increase in impulsivity of *Toxoplasma gondii*
221 infected rats is restricted or at least more pronounced in the domain of choice rather than
222 motor phenotypes. This agrees with observations in human subjects, showing greater ability
223 of the infected individual to inhibit a pre-potent motor response [31], though choice
224 impulsivity in infected humans subjects have not yet been tested. As an important caveat, we
225 have not explicitly tested for motor impulsivity in this report. It is possible that nose pokes
226 during inter-trial interval may be influenced by choice in the preceding trial thus, might not
227 be an independent measure of motor impulsivity. A split-sample analysis conducted on our
228 dataset indeed demonstrated that number of nose pokes at zero delay and discounting of nose
229 poke numbers across delays could be predicted from choice made in the preceding trial.

230 The infection did not diminish preference for food when delays were not involved, as
231 demonstrated by the increased preference for sucrose post-infection. This suggests that
232 *Toxoplasma gondii* infection did not alter overall appetite as measured by food intake (which
233 could have explained a preference for the smaller reward outcome), nor did it bias the
234 animals away from high-calorie food (as indicated by an increased preference for sucrose
235 over water compared to controls). These observations agree with prior observations that
236 animals infected with *Toxoplasma gondii* retain comparable body weights [2], have similar

237 food consumption after deprivation [2] and continue to perform energetically expensive
238 behaviors [32] as compared to uninfected controls.

239 The mesolimbic dopamine system is involved in mediating impulsivity in delay discounting
240 tasks [9]. This system pivots around the nucleus accumbens, receiving dopaminergic
241 projections from the ventral tegmental area. In rats, bilateral excitotoxic lesions of AcbC
242 increase delay aversion in discounting tasks; while lesions of AcbSh do not affect this
243 behavior [12]. This is consistent with our observations that the delay aversion in the infected
244 rats is accompanied by a reduced spine density in AcbC but not in AcbSh. A pharmacological
245 decrease in dopaminergic transmission by receptor antagonism increases delay aversion in
246 rats [33, 34]. This is consistent with our observations that the infection-induced increase in
247 impulsivity is concomitant with a reduction in dopamine levels in the AcbC. Interestingly,
248 effects of the infection on innate fear can be rescued by haloperidol, an inverse agonist of
249 dopamine receptors [35].

250 Thus, reduced dopamine content and spine density of the nucleus accumbens agrees well with
251 increased delay aversion post-infection. What remains an unresolved surprise is the fact the
252 *Toxoplasma gondii* infection is previously suggested to *increase* dopamine, in contrast to the
253 present report ([36], but also see [37]). For example, *in vitro* infection of mammalian
254 dopaminergic cells by the parasite results in robust increase of dopamine synaptic release
255 [36]. Indeed *Toxoplasma gondii* genome contains two amino acid hydroxylase genes that are
256 surprisingly similar in sequence to mammalian tyrosine hydroxylase, a rate-limiting enzyme
257 in dopamine synthetic pathway [38]. The protein product of these parasite genes has been
258 demonstrated in infected mice brains, and parasitic cysts in mice brain exhibit robust
259 immunoreactivity to dopamine antibodies [36]. It is unknown if the decrease in the nucleus
260 accumbens dopamine reported by us is derived from the host or the parasite tyrosine
261 hydroxylase.

262 Like other neurotransmitters, the effects of dopamine on the behavior are intricately
263 dependent on the brain region. For example, administration of atomoxetine, resulting in
264 increased dopamine in the prefrontal cortex but not the nucleus accumbens, decreases
265 impulsivity in delay discounting task and 5-choice serial reaction time task [39].
266 Administration of amphetamine leads to more widespread dopaminergic stimulation,
267 resulting in increased impulsivity in the 5-choice serial reaction time task [40] and decreased
268 impulsivity in the delay discounting task [41]. Moreover, the effects of atomoxetine on 5-
269 choice serial reaction time task can be reversed by selective dopamine antagonism in the
270 AcbC [42]. These observations suggest that the site of dopamine change in the brain has
271 significant effect on the behavior. We report a region-specific rather than a generalized
272 alteration in dopamine content. It is presently unclear how a generalized supply of tyrosine
273 hydroxylase like genes from *Toxoplasma gondii* can result in sub-region specific changes in
274 dopamine concentrations [43]. This is pertinent because *Toxoplasma gondii* does not exhibit
275 an exclusive tropism to nucleus accumbens or its sub-regions [44].

276 *Toxoplasma gondii* has earlier been reported to cause structural changes in neurons of host
277 brain [45]. In the present report, we show that the infection reduces neuronal spine density in
278 AcbC. It is plausible that the reduced spine density of AcbC neurons results in a decrease in
279 inward synaptic current and resultant firing rates experienced by these neurons. This could
280 potentially result in increased impulsivity through weaker dis-inhibition of efferent brain
281 regions. This possibility remains currently unstudied. In both cases of dopamine and spine
282 density, the infection induced effects remain more pronounced in AcbB compared to AcbSh.
283 Mechanisms of such anatomically restricted changes remain presently unknown. It has earlier
284 been suggested that *Toxoplasma gondii* preferentially concentrates in certain brain regions;
285 and this tropism can explain behavioral changes post-infection through local manipulation of
286 neuronal signaling and/or damage [2, 46, 47]. Two earliest studies in this regard reported a

287 rather wide-spread occurrence of tissues cysts in a variety of brain regions [2, 47]. Both of
288 these reports suggested a mild tropism to nucleus accumbens, ventromedial hypothalamus or
289 amygdala. Core and shell divisions of nucleus accumbens were not analyzed separately in
290 these studies. More recent studies have failed to reveal any substantial tropism in any of these
291 three brain structures in mice and rats, instead reporting a rather “probabilistic” spread of the
292 parasites [29, 48]. Another potential source of region-specific effects could arise because of
293 the selective innervation from vasopressinergic fibers, rather than tropism of the *Toxoplasma*
294 *gondii* cysts themselves. Within the nucleus accumbens, most of the arginine vasopressin
295 containing fibers terminate in the core rather than the shell [49]. Arginine vasopressin
296 neurons in the medial amygdala have been previously shown to be preferentially activated by
297 cat odor [27]; an atypical event because these neurons are typically activated during sexual
298 signaling [50]. The atypical recruitment of arginine vasopressin neurons is mediated by an
299 epigenetic event dependent on a parasite-induced increase in testosterone synthesis [51]. It is
300 plausible - and yet unproven - that stronger post-infection vasopressinergic inputs coupled
301 with tendency of these fibers to terminate in core but not in shell could lead to selective
302 anatomical/neurochemical effects within nucleus accumbens.

303 The concurrent changes in choice impulsivity, AcbC spine density and AcbC dopamine point
304 towards a concerted shift in the behavior of the infected rats. The concordance between these
305 variables suggests a “conformity to *a priori* expectations based on purported function” [52].
306 In other words, it is unlikely that the increase in choice impulsivity is an accidental by-
307 product of the infection, because it is accompanied by non-generalized changes in biological
308 substrates known *a priori* to be involved in the behavior.

309 Finally, the data presented here provide an impetus to integrate parasitic changes in host
310 behavior with trade-offs that are commonly pre-existing in life-history choices. In addition,
311 these changes provide us with a useful paradigm to better understand neuropathology in

312 conditions characterized by increased impulsivity like substance abuse, gambling, attention
313 related disorders and high-risk behaviors [41].

314 **Data Accessibility**

315 All raw data is available in Dryad repository (doi:10.5061/dryad.r33n9).

316 Journal editors and anonymous peer reviewers may view the submission for review purposes
317 using the following url: <http://dx.doi.org/10.5061/dryad.6s5vv>

318 **Competing Interests**

319 We have no competing interests.

320 **Authors' Contributions**

321 DT designed and conceptualized experiments; conducted delay discounting experiment, parts
322 of sucrose preference, dopamine quantification and spine density experiments; conducted
323 data collection and statistical analysis and wrote the paper. LJTS conducted parts of delay
324 discounting and spine density experiment. LWL conducted parts of sucrose preference and
325 dopamine quantification experiments. TCWD conducted parts of dopamine quantification
326 experiment. XZ conducted parts of dopamine quantification experiment. AV took part in
327 conceptualization; conducted statistical analysis and wrote the paper. All authors commented
328 and gave final approval for publication

329 **Funding**

330 DT, LJTS, LWL, AV are funded by Ministry of Education, Singapore; and TCWD and XZ
331 are under block funding from Duke-NUS.

332 **Financial Disclosures**

333 All authors declare that they have no conflict of interest or financial disclosures.

334 **References**

- 335 [1] Berdoy, M., Webster, J.P. & Macdonald, D. 2000 Fatal attraction in rats infected with
336 *Toxoplasma gondii*. *Proceedings of the Royal Society of London. Series B: Biological*
337 *Sciences* **267**, 1591-1594.
- 338 [2] Vyas, A., Kim, S.-K., Giacomini, N., Boothroyd, J.C. & Sapolsky, R.M. 2007 Behavioral
339 changes induced by *Toxoplasma* infection of rodents are highly specific to aversion of cat
340 odors. *Proceedings of the National Academy of Sciences* **104**, 6442-6447.
- 341 [3] Ingram, W.M., Goodrich, L.M., Robey, E.A. & Eisen, M.B. 2013 Mice infected with low-
342 virulence strains of *Toxoplasma gondii* lose their innate aversion to cat urine, even after
343 extensive parasite clearance. *PloS one* **8**, e75246.
- 344 [4] Vyas, A. 2013 Parasite-augmented mate choice and reduction in innate fear in rats
345 infected by *Toxoplasma gondii*. *J Exp Biol* **216**, 120-126. (doi:10.1242/jeb.072983).
- 346 [5] Webster, J.P., Kaushik, M., Bristow, G.C. & McConkey, G.A. 2013 *Toxoplasma gondii*
347 infection, from predation to schizophrenia: can animal behaviour help us understand human
348 behaviour? *J Exp Biol* **216**, 99-112. (doi:10.1242/jeb.074716).
- 349 [6] Takahashi, L.K., Nakashima, B.R., Hong, H. & Watanabe, K. 2005 The smell of danger:
350 a behavioral and neural analysis of predator odor-induced fear. *Neuroscience and*
351 *biobehavioral reviews* **29**, 1157-1167. (doi:10.1016/j.neubiorev.2005.04.008).
- 352 [7] Nonacs, P. & Dill, L.M. 1990 Mortality risk vs. food quality trade-offs in a common
353 currency: ant patch preferences. *Ecology*, 1886-1892.
- 354 [8] Lima, S.L. & Dill, L.M. 1990 Behavioural decisions made under the risk of predation: a
355 review and prospectus. *Canadian Journal of Zoology* **68**, 619-640.

- 356 [9] Dalley, J.W., Mar, A.C., Economidou, D. & Robbins, T.W. 2008 Neurobehavioral
357 mechanisms of impulsivity: fronto-striatal systems and functional neurochemistry.
358 *Pharmacology, biochemistry, and behavior* **90**, 250-260. (doi:10.1016/j.pbb.2007.12.021).
- 359 [10] Morrison, S.E. & Salzman, C.D. 2010 Re-valuing the amygdala. *Current opinion in*
360 *neurobiology* **20**, 221-230.
- 361 [11] Meredith, G.E., Pennartz, C.M.A. & Groenewegen, H.J. 1993 Chapter 1 The cellular
362 framework for chemical signalling in the nucleus accumbens. In *Progress in Brain Research*
363 (eds. G.W. Arbuthnott & P.C. Emson), pp. 3-24, Elsevier.
- 364 [12] Cardinal, R.N., Pennicott, D.R., Lakmali, C., Robbins, T.W. & Everitt, B.J. 2001
365 Impulsive choice induced in rats by lesions of the nucleus accumbens core. *Science* **292**,
366 2499-2501.
- 367 [13] Pothuizen, H.H., Jongen-Rêlo, A.L., Feldon, J. & Yee, B.K. 2005 Double dissociation of
368 the effects of selective nucleus accumbens core and shell lesions on impulsive-choice
369 behaviour and salience learning in rats. *European Journal of Neuroscience* **22**, 2605-2616.
- 370 [14] Bezzina, G., Cheung, T., Asgari, K., Hampson, C., Body, S., Bradshaw, C., Szabadi, E.,
371 Deakin, J. & Anderson, I. 2007 Effects of quinolinic acid-induced lesions of the nucleus
372 accumbens core on inter-temporal choice: a quantitative analysis. *Psychopharmacology* **195**,
373 71-84.
- 374 [15] Evenden, J.L. & Ryan, C.N. 1996 The pharmacology of impulsive behaviour in rats: the
375 effects of drugs on response choice with varying delays of reinforcement.
376 *Psychopharmacology* **128**, 161-170.
- 377 [16] Vyas, A., Mitra, R., Rao, B.S. & Chattarji, S. 2002 Chronic stress induces contrasting
378 patterns of dendritic remodeling in hippocampal and amygdaloid neurons. *The Journal of*
379 *Neuroscience* **22**, 6810-6818.

- 380 [17] Vyas, A., Mitra, R. & Chattarji, S. 2003 Enhanced anxiety and hypertrophy in
381 basolateral amygdala neurons following chronic stress in rats. *Annals of the New York*
382 *Academy of Sciences* **985**, 554-555.
- 383 [18] Mazur, J.E. & Biondi, D.R. 2009 Delay-amount tradeoffs in choices by pigeons and rats:
384 hyperbolic versus exponential discounting. *J Exp Anal Behav* **91**, 197-211.
385 (doi:10.1901/jeab.2009.91-197).
- 386 [19] Cézilly, F. & Perrot-Minnot, M.J. 2010 Interpreting multidimensionality in parasite-
387 induced phenotypic alterations: panselectionism versus parsimony. *Oikos* **119**, 1224-1229.
- 388 [20] Carstensen, L.L. 2006 The influence of a sense of time on human development. *Science*
389 **312**, 1913-1915.
- 390 [21] Daly, M. & Wilson, M. 2005 Carpe diem: adaptation and devaluing the future. *The*
391 *Quarterly review of biology* **80**, 55-60.
- 392 [22] Roitberg, B.D., Mangel, M., Lalonde, R.G., Roitberg, C.A., van Alphen, J.J. & Vet, L.
393 1992 Seasonal dynamic shifts in patch exploitation by parasitic wasps. *Behavioral Ecology* **3**,
394 156-165.
- 395 [23] Murphy, P.J. 2003 Context-dependent reproductive site choice in a Neotropical frog.
396 *Behavioral Ecology* **14**, 626-633.
- 397 [24] Wolf, M., Van Doorn, G.S., Leimar, O. & Weissing, F.J. 2007 Life-history trade-offs
398 favour the evolution of animal personalities. *Nature* **447**, 581-584.
- 399 [25] Stearns, S.C. 1989 Trade-offs in life-history evolution. *Functional ecology* **3**, 259-268.
- 400 [26] Gustafsson, L., Qvarnström, A. & Sheldon, B.C. 1995 Trade-offs between life-history
401 traits and a secondary sexual character in male collared flycatchers. *Nature* **375**, 311-313.

- 402 [27] Hari Dass, S.A., Vasudevan, A., Dutta, D., Soh, L.J.T., Sapolsky, R.M. & Vyas, A. 2011
403 Protozoan parasite *Toxoplasma gondii* manipulates mate choice in rats by enhancing
404 attractiveness of males. *PloS one* **6**, e27229.
- 405 [28] Lim, A., Kumar, V., Hari Dass, S.A. & Vyas, A. 2013 *Toxoplasma gondii* infection
406 enhances testicular steroidogenesis in rats. *Molecular ecology* **22**, 102-110.
- 407 [29] Afonso, C., Paixão, V.B. & Costa, R.M. 2012 Chronic *Toxoplasma* infection modifies
408 the structure and the risk of host behavior. *PloS one* **7**, e32489.
- 409 [30] Winstanley, C.A., Olausson, P., Taylor, J.R. & Jentsch, J.D. 2010 Insight into the
410 relationship between impulsivity and substance abuse from studies using animal models.
411 *Alcohol Clin Exp Res* **34**, 1306-1318. (doi:10.1111/j.1530-0277.2010.01215.x).
- 412 [31] Stock, A.-K., Heintschel von Heinegg, E., Köhling, H.-L. & Beste, C. 2014 Latent
413 *Toxoplasma gondii* infection leads to improved action control. *Brain, behavior, and*
414 *immunity* **37**, 103-108.
- 415 [32] Berdoy, M., Webster, J. & Macdonald, D. 1995 Parasite-altered behaviour: is the effect
416 of *Toxoplasma gondii* on *Rattus norvegicus* specific? *Parasitology* **111**, 403-409.
- 417 [33] Floresco, S.B., Maric, T. & Ghods-Sharifi, S. 2008 Dopaminergic and glutamatergic
418 regulation of effort-and delay-based decision making. *Neuropsychopharmacology* **33**, 1966-
419 1979.
- 420 [34] Koffarnus, M.N., Newman, A.H., Grundt, P., Rice, K.C. & Woods, J.H. 2011 Effects of
421 selective dopaminergic compounds on a delay discounting task. *Behavioural pharmacology*
422 **22**, 300.
- 423 [35] Webster, J., Lamberton, P., Donnelly, C. & Torrey, E. 2006 Parasites as causative agents
424 of human affective disorders? The impact of anti-psychotic, mood-stabilizer and anti-parasite

- 425 medication on *Toxoplasma gondii*'s ability to alter host behaviour. *Proceedings of the Royal*
426 *Society B: Biological Sciences* **273**, 1023-1030.
- 427 [36] Prandovszky, E., Gaskell, E., Martin, H., Dubey, J., Webster, J.P. & McConkey, G.A.
428 2011 The neurotropic parasite *Toxoplasma gondii* increases dopamine metabolism. *PloS one*
429 **6**, e23866.
- 430 [37] Wang, Z.T., Harmon, S., O'Malley, K.L. & Sibley, L.D. 2014 Reassessment of the role
431 of aromatic amino acid hydroxylases and the effect of infection by *Toxoplasma gondii* on
432 host dopamine levels. *Infection and Immunity*, IAI. 02465-02414.
- 433 [38] Gaskell, E.A., Smith, J.E., Pinney, J.W., Westhead, D.R. & McConkey, G.A. 2009 A
434 unique dual activity amino acid hydroxylase in *Toxoplasma gondii*. *PloS one* **4**, e4801.
- 435 [39] Robinson, E.S., Eagle, D.M., Mar, A.C., Bari, A., Banerjee, G., Jiang, X., Dalley, J.W.
436 & Robbins, T.W. 2008 Similar effects of the selective noradrenaline reuptake inhibitor
437 atomoxetine on three distinct forms of impulsivity in the rat. *Neuropsychopharmacology* **33**,
438 1028-1037.
- 439 [40] Robbins, T. 2002 The 5-choice serial reaction time task: behavioural pharmacology and
440 functional neurochemistry. *Psychopharmacology* **163**, 362-380.
- 441 [41] Winstanley, C.A. 2011 The utility of rat models of impulsivity in developing
442 pharmacotherapies for impulse control disorders. *Br J Pharmacol* **164**, 1301-1321.
443 (doi:10.1111/j.1476-5381.2011.01323.x).
- 444 [42] Cole, B.J. & Robbins, T.W. 1992 Forebrain norepinephrine: role in controlled
445 information processing in the rat. *Neuropsychopharmacology*.
- 446 [43] Vyas, A. & Sapolsky, R. 2010 Manipulation of host behaviour by *Toxoplasma gondii*:
447 what is the minimum a proposed proximate mechanism should explain? *Folia parasitologica*
448 **57**, 88-94.

- 449 [44] McConkey, G.A., Martin, H.L., Bristow, G.C. & Webster, J.P. 2013 *Toxoplasma gondii*
450 infection and behaviour - location, location, location? *J Exp Biol* **216**, 113-119.
451 (doi:10.1242/jeb.074153).
- 452 [45] Mitra, R., Sapolsky, R.M. & Vyas, A. 2013 *Toxoplasma gondii* infection induces
453 dendritic retraction in basolateral amygdala accompanied by reduced corticosterone secretion.
454 *Disease models & mechanisms* **6**, 516-520.
- 455 [46] Evans, A.K., Strassmann, P.S., Lee, I. & Sapolsky, R.M. 2014 Patterns of
456 *Toxoplasma gondii* cyst distribution in the forebrain associate with individual variation in
457 predator odor avoidance and anxiety-related behavior in male Long-Evans rats. *Brain,*
458 *behavior, and immunity* **37**, 122-133.
- 459 [47] Gonzalez, L.E., Rojnik, B., Urrea, F., Urdaneta, H., Petrosino, P., Colasante, C., Pino, S.
460 & Hernandez, L. 2007 *Toxoplasma gondii* infection lower anxiety as measured in
461 the plus-maze and social interaction tests in rats: A behavioral analysis. *Behavioural brain*
462 *research* **177**, 70-79.
- 463 [48] Berenreiterova, M., Flegr, J., Kubena, A.A. & Nemeč, P. 2011 The distribution of
464 *Toxoplasma gondii* cysts in the brain of a mouse with latent toxoplasmosis: implications for
465 the behavioral manipulation hypothesis. *PloS one* **6**, e28925.
466 (doi:10.1371/journal.pone.0028925).
- 467 [49] Rood, B.D. & De Vries, G.J. 2011 Vasopressin innervation of the mouse (*Mus musculus*)
468 brain and spinal cord. *Journal of Comparative Neurology* **519**, 2434-2474.
- 469 [50] Hari Dass, S.A. & Vyas, A. 2014 Copulation or sensory cues from the female augment
470 Fos expression in arginine vasopressin neurons of the posterodorsal medial amygdala of male
471 rats. *Frontiers in Zoology* **11**, 42.

472 [51] Hari Dass, S.A. & Vyas, A. 2014 *Toxoplasma gondii* infection reduces predator aversion
473 in rats through epigenetic modulation in the host medial amygdala. *Mol Ecol* **23**, 6114-6122.
474 (doi:10.1111/mec.12888).

475 [52] Poulin, R. 1995 “Adaptive” changes in the behaviour of parasitized animals: a critical
476 review. *International journal for parasitology* **25**, 1371-1383.

477 **Figure Legends**

478 **Figure 1.** Procedure employed for quantifying delay aversion, depicting a single trial. A
 479 progressive delay protocol was used, whereby delay across trials within a block
 480 monotonically progressed from 0 to 60 s [15].

481 **Figure 2.** Infection induced impulsive choice by increasing delay aversion, without affecting
 482 motor impulsivity. **(A)** Control animals chose larger-later rewards (LLR) more frequently
 483 than infected animals. The ordinate depicts the number of choices made for LLR (mean \pm
 484 SEM) for a series of sequentially larger delays (depicted in abscissa). Solid lines represent a
 485 hyperbolic discount curve fitted to the data. $V = D_0/(1 + k*D)$, where D_0 is preference for
 486 LLR at zero delay. *, $p < 0.05$, post-hoc test between control and infected, Bonferroni's
 487 correction for multiple tests applied. The dotted gray line parallel to abscissa depicts the point
 488 of indifference. **(B)** More of the infected animals reached the point of indifference at shorter
 489 delays to reward. The point of indifference is defined as the earliest delay when an animal
 490 chose a smaller-sooner reward (SSR) in five or more trials (out of ten). Animals that did not
 491 reach the point of indifference at the highest delay used (60s) were ascribed a value of $>60s$.
 492 Median is depicted by the dotted gray line. **(C)** Infected animals executed fewer redundant
 493 nose-pokes during the inter-trial interval, suggesting that the enhanced choice impulsivity is
 494 not a generalized phenomenon. *, $p < 0.05$, post-hoc test. **(D)** Latency to initiate rewarded
 495 trials through nose-poke was not different between control and infected animals. $N = 14$ for
 496 control and 12 for infected.

497 **Figure 3.** Infection increased sensitivity to rewards. **(A)** Infected animals exhibited greater
 498 preference for 1% sucrose reward, compared to water (% relative to sucrose + water
 499 consumption). **, $p < 0.01$, independent t-test. **(B)** Infection increased sucrose consumption,

500 but total consumption remained unchanged. N = 14 animals for control and 12 animals for
501 infected group.

502 **Figure 4.** Infection reduced spine density of the neurons in nucleus accumbens core (**A**), but
503 not in shell. Bars depict medial and inter-quartile range. $*P < 0.05$ for comparison between
504 control and infected animals. N = 6 animals for control and infected group. (**B**)
505 Representative examples of AcbC dendrites.

506 **Figure 5.** Infection reduced dopamine content in nucleus accumbens core (*left*), but not in
507 shell (*right*). Bars depict medial and inter-quartile range. $*P < 0.05$ for comparison between
508 control and infected animals. N = 8 animals for control and 6 animals for infected group.

Table 1. Analysis of variance for infection status and delay aversion.

| | <i>df</i> | <i>F</i> | <i>p</i> |
|--|-----------|----------|----------|
| <i>Choice for larger later reward</i> | | | |
| Infection status | 1,24 | 5.79 | 0.024 |
| Delay | 4,96 | 38.92 | < 0.0001 |
| Interaction | 4,96 | 2.98 | 0.023 |
| <i>Number of nose pokes</i> | | | |
| Infection status | 1,24 | 6.51 | 0.018 |
| Delay | 4,96 | 52.09 | < 0.0001 |
| Interaction | 4,96 | 5.31 | 0.0007 |
| <i>Latency to nose-poke initiation</i> | | | |
| Infection status | 1,24 | 0.21 | 0.648 |
| Delay | 4,96 | 18.92 | < 0.0001 |
| Interaction | 4,96 | 0.09 | 0.986 |

Between subject source of variance: control or infected; within-subject: delay = 0, 10, 20, 40 or 60s. n = 14 control and 12 infected animals

Table 2. Hyperbolic discounting model for control and infected groups.

Fit for means of two group at various delay

| | k | 95% confidence interval of k | R ² |
|---|---------|------------------------------|----------------|
| <i>Hyperbolic discounting; $V = D0/(1 + k*D)$, where D0 is preference for LLR at zero delay; $df = 4$</i> | | | |
| Control | 0.00909 | 0.00745 to 0.01072 | 0.973 |
| Infected | 0.02913 | 0.02498 to 0.03327 | 0.991 |

Delay = 0, 10, 20, 40 or 60s. n = 14 control and 12 infected animals.

Fit for individual animal performance at various delay

| | D0 | k | R ² |
|---|-----------------------|-----------------------|----------------|
| <i>Hyperbolic discounting; $V = D0/(1 + k*D)$, where D0 is preference for LLR at zero delay; $df = 4$</i> | | | |
| Control animals | 9.292 ± 0.353 | 0.01630 ± 0.00432 | 0.829 to 0.965 |
| Infected animals | 9.047 ± 0.256 | 0.2976 ± 0.1933 | 0.919 to 0.999 |
| Inter-group comparisons Mann-Whitney U test | Z = 0.98, p = 0.3162 | Z = 2.05, p = 0.0093 | |

Delay = 0, 10, 20, 40 or 60s. n = 8 control and 7 infected animals. Only individuals with R² > 0.8 were included in the analysis.

Figure 1

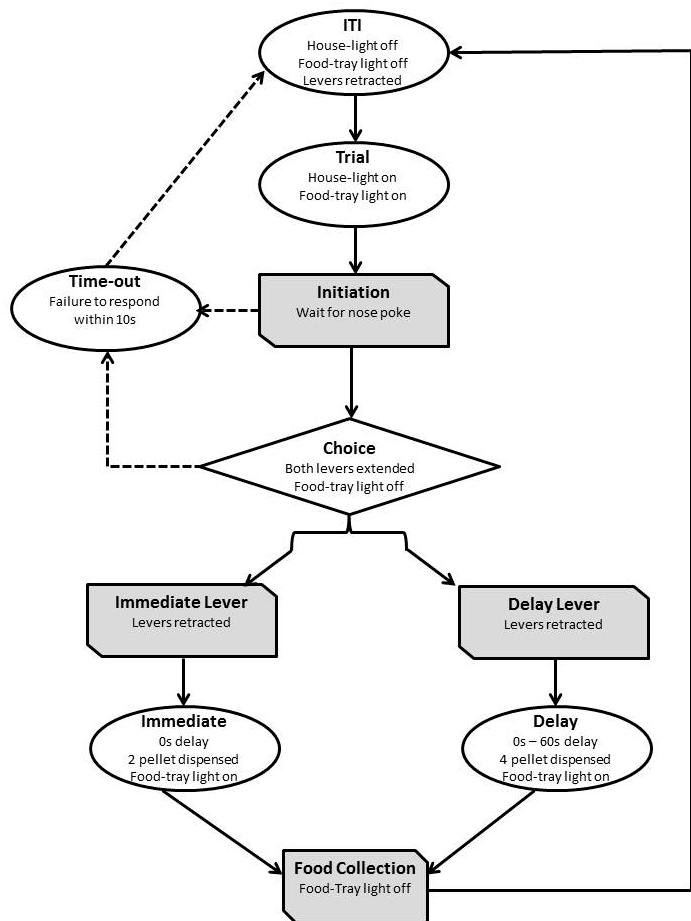


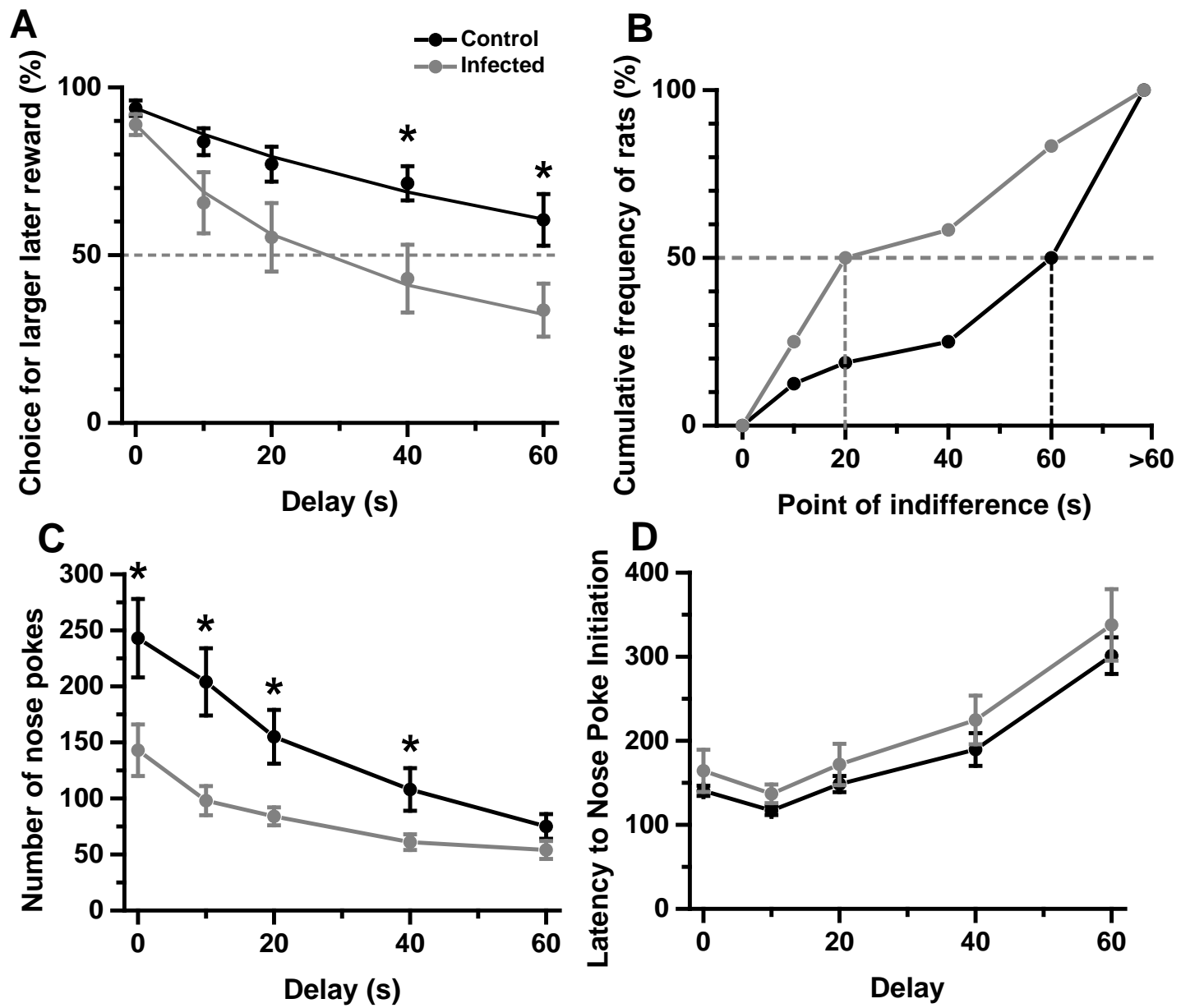
Figure 2

Figure 3

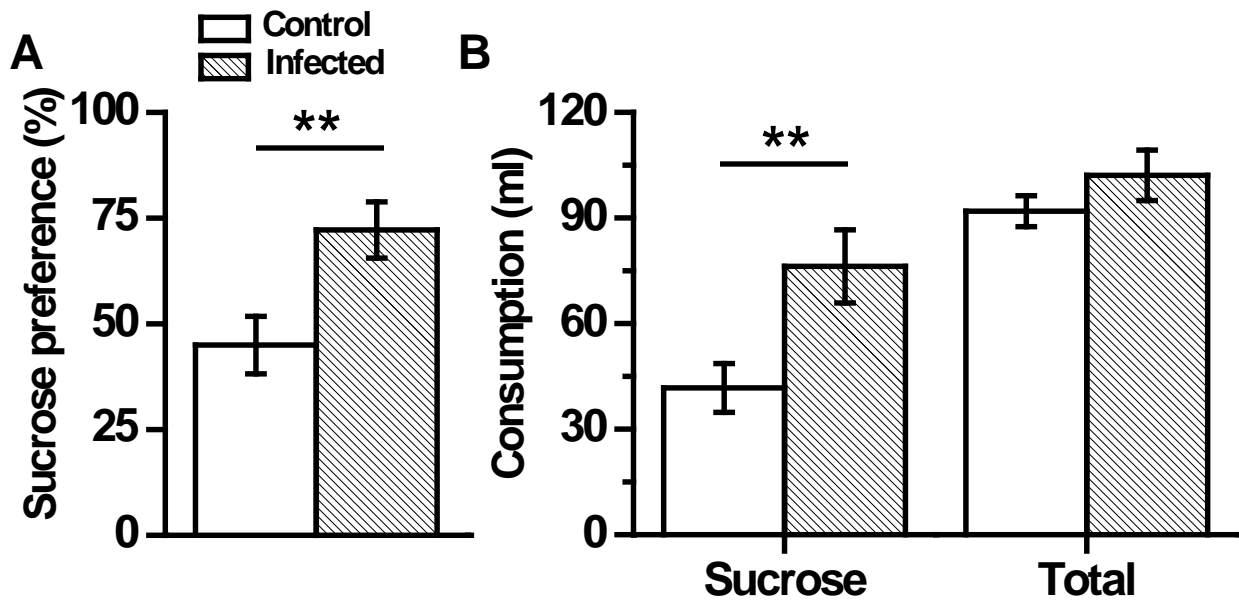


Figure 4

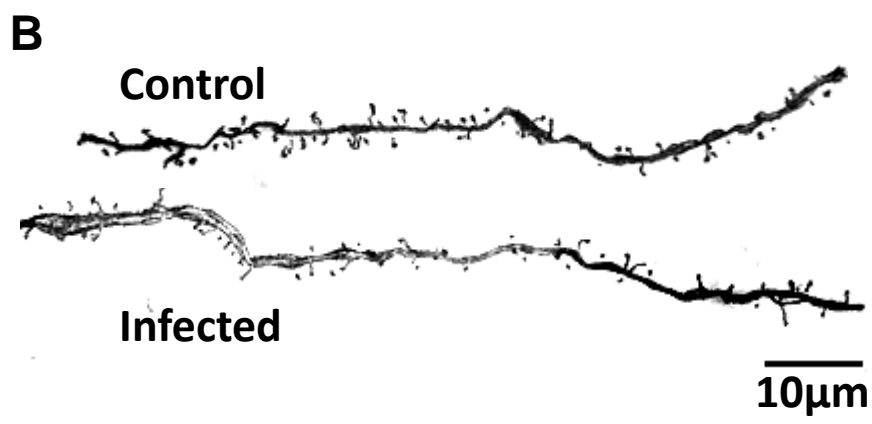
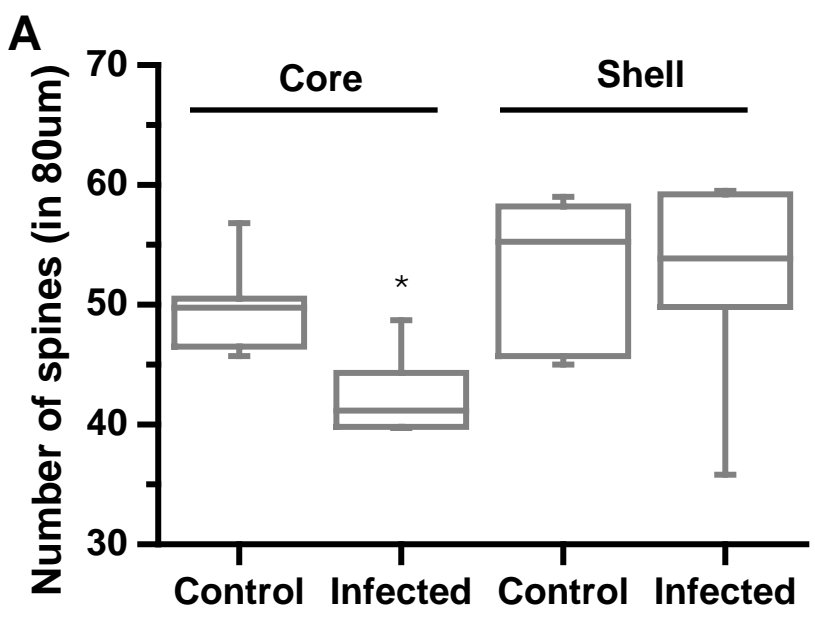
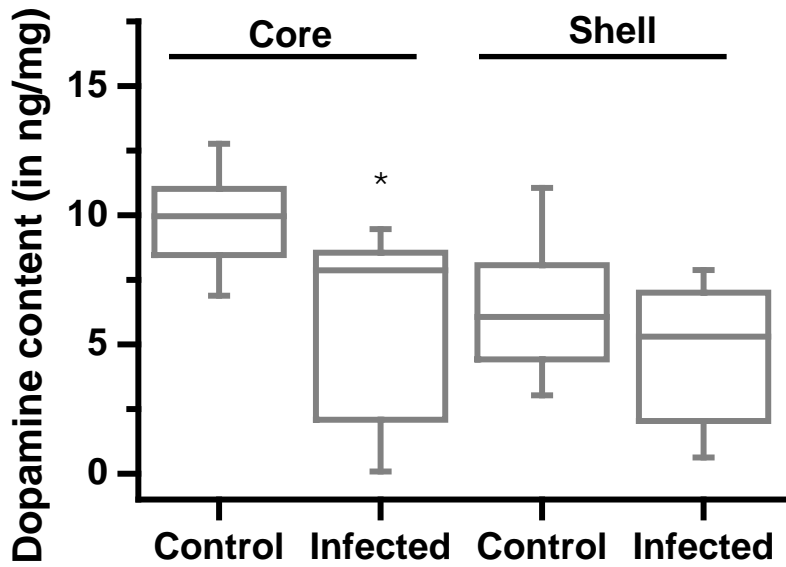


Figure 5



Supplementary Materials and Methods

Animals and Infection

Male Wistar rats were used (8 weeks old; housed 2/cage; 12 hours light-dark cycle, lights on at 7 AM; *ad libitum* food and water except during operant testing). During operant experiments, rats were maintained on a restricted diet at 80-85% of their free-feeding weight but were allowed to gain 3 – 5 g per week. In addition to the food rewards obtained during experiments, the rats were supplied with a portion of standard laboratory rat chow in their home cage within 1 h post-testing. Animals were obtained from the vivarium of National University of Singapore. All animal procedures were approved by Nanyang Technological University's institutional animal care and use committee. *Toxoplasma gondii* tachyzoites were maintained in human foreskin fibroblast cultures. Infected fibroblasts were syringe-lysed to release tachyzoites. Animals were either infected with tachyzoites (5×10^6 , *i.p.*) or mock-infected with sterile phosphate buffered saline. Eight weeks elapsed between infection and start of behavioral experiment. The same set of animals was used for all experiments described below, except for a separate set of animals employed for measurement of spine density.

Delay aversion

Procedure to measure delay averseness was adopted from Evenden and Ryan, 1996 [1] (Figure 1). Operant chambers contained a houselight, internal stimulus lights, food-delivery magazine and two retractable lever positioned to the left and right of the magazine (30x24x30 cm; Med-Associates, St Albans VT). Chambers were enclosed in a sound-attenuating and ventilated outer cabinet. Operation of the pellet dispenser delivered 45 mg food pellets (formula 5TUM; TestDiets, Richmond, USA) into the food receptacle. Masking noise was provided by operation

of ventilating exhaust fans mounted on the outer cabinet (88 dB). The front panel of each operant chamber was equipped with two retractable stainless-steel response levers mounted 8.5 cm above the floor, and 7 cm off to either side of the centerline.

Initial phase of the training involved extension of one lever and delivery of one pellet for each lever press made by the subject. The procedure was repeated for the other lever. This phase of training continued until the animal completed >60 rewarded lever presses in 30 minutes for each lever. In the next phase of training, both levers were retracted before placing the animal in the operant box. Every 40 s, the start of a trial was cued by switching on of houselight and food magazine light. The subject was required to make a nose-poke within 10s, resulting in presentation of a single lever. A lever press within 10s of presentation resulted in immediate delivery of one food pellet. A failure to respond within 10s to trial initiation or lever presentation resulted in the abortion of that trial. When the rat had completed at least 60 successful nose-poke initiation trials in one hour, it was progressed the final stage of delayed discounting task.

In the final stage animals were tested daily for six days per week (one session per day, session length = 100 minute; repeated until inter-day variation in the performance became stable). Each session consisted of sixty choice trials executed at 100s interval and consisting of five delay blocks of twelve trials each (delays = 0, 10, 20, 40 and 60 s). Each block started with two forced trials in which only one lever was presented (one trial per lever, in random order), followed by ten free-choice trials. Each trial began with the illumination of the houselight and the food magazine light. The rat was required to make a nose-poke response, ensuring that it was centrally located at the start of the trial. If the rat did not respond within 10 s of the start of the trial, the operant chamber was reset to the intertrial state of total darkness until the next trial began and the trial was scored as a missed trial. Upon a successful nose-poke initiation, the food magazine light

was extinguished and levers were extended. One of the lever delivered the smaller-sooner-reward (SSR; 1 pellet, immediate) and the alternative lever delivered the larger-later-reward (LLR; 4 pellets, after an appropriate delay). Designation of lever with respect to reward magnitude was counterbalanced between cage-mates and kept constant for any particular test subject. Number of SSR and LLR choices made during ten free-choice trials for each delay was recorded and the number of LLR choice was used as a measure of impulsivity. Other trial parameters including latency to initial a trial as well as number of nose-pokes during the inter-trial intervals were also recorded. Data presented depict an average of three day block.

Preference to sucrose reward

Three days after termination of delay discounting task, animals were tested for sucrose preference. Food restriction continued during the intervening period. 24 hours prior to testing, rats were individually housed and introduced to two bottles containing tap water. Next day, rats were given a choice by presenting them with two bottles containing either tap water or 1% sucrose (test duration = 2h). Initial location of bottles was counterbalanced across animals and switched after 1h during the test. The consumption was measured by weighing the bottles.

Dopamine measurement

After decapitation, brains were rapidly frozen in slurry of isopentane + dry ice and subsequently stored at -80°C . Tissue micro-punches were obtained using 10-gauge needles from 500 μm thick brain section. Harvested tissue fragments were weighed and homogenized in 0.1 N perchloric acid, centrifuged at 13200 rpm for 5 min at 4°C , and supernatants were filtered by Ultrafree-MC (0.1 μm) centrifugal devices (Millipore). Dopamine and 5-HT levels were measured by HPLC using UltiMate® 3000 System with Coulochem III electrochemical detector (Thermo Fisher Scientific). The HPLC mobile phase consisted of 90 mM sodium phosphate monobasic

dihydrate, 50 mM citric acid, 2.1 mM 1-octanesulfonate monohydrate, 0.1 mM EDTA, and 12.5% acetonitrile (pH 3.0). Samples were separated on a MD-150 analytical column (3 mm x 15 cm, Thermo Fisher Scientific). The amount of dopamine and 5-HT was normalized to the weight of tissue.

Spine density measurement

Brains were quickly removed post-decapitation and processed for rapid Golgi staining as described before [2, 3].

Individual neurons were quantified at 1000X magnification (Olympus BX43 microscope, 100X objective). Spines were defined as all protrusions in direct continuity with the dendritic shaft, irrespective of their morphological characteristics. Dendrites directly originating from cell soma were classified as primary dendrites. The first branch emanating from a primary dendrite was defined as a secondary dendrite. All quantifications were restricted to secondary dendrites. Starting from the origin of the branch, and continuing away from the cell soma, spines were counted along an 80- μ m stretch of the dendrite.

Statistics

Analysis of variance (ANOVA) was used to estimate statistical significance of main effects and interactions. Figures represent mean \pm SEM. Spine density and neurotransmitter content within nucleus accumbens were analyzed using Mann-Whitney U test. Figures represent median and inter-quartile range. Number of animals is noted in figure legends.

References for supplementary materials and methods

- [1] Evenden, J.L. & Ryan, C.N. 1996 The pharmacology of impulsive behaviour in rats: the effects of drugs on response choice with varying delays of reinforcement. *Psychopharmacology* **128**, 161-170.
- [2] Vyas, A., Mitra, R., Rao, B.S. & Chattarji, S. 2002 Chronic stress induces contrasting patterns of dendritic remodeling in hippocampal and amygdaloid neurons. *The Journal of Neuroscience* **22**, 6810-6818.
- [3] Vyas, A., Mitra, R. & Chattarji, S. 2003 Enhanced anxiety and hypertrophy in basolateral amygdala neurons following chronic stress in rats. *Annals of the New York Academy of Sciences* **985**, 554-555.