

## Challenges faced in developing an ideal chronic wound model

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### ABSTRACT

**Introduction:** Chronic wounds are a major drain on healthcare resources and can lead to substantial reductions in quality of life for those affected. Moreover, they often precede serious events such as limb amputations and premature death. In the long run, this burden is likely to escalate with an ageing population and lifestyle diseases such as obesity. Thus far, the identification of beneficial therapeutics against chronic wounds have been hindered by the lack of an ideal chronic wound animal model. Although animal models of delayed healing have been developed, none of these models fully recapitulate the complexity of the human chronic wound condition. Furthermore, most animals do not develop chronic wounds. Only the thoroughbred racehorse develops chronic ulcers.

**Areas covered:** In this review, the different characteristics of chronic wounds that highlight its complexity are described. In addition, currently available models reflecting different aspects of chronic wound pathology and their relevance to human chronic wounds are discussed. This article concludes by listing relevant features representative of an ideal chronic wound model. Additionally, alternative approaches for the development of chronic wound models are discussed.

**Expert opinion:** Delayed models of healing, including the streptozotocin diabetic model, skin flap model and magnet-induced IR models have emerged. While these models have been widely adopted for preclinical therapeutic testing, their relevance towards human chronic wounds remains debatable. In particular, current delayed healing models often fail to fully incorporate the key characteristics of chronic ulcers. Ultimately, more representative models are required to expedite the advancement of novel therapeutics to the clinic.

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## 1. Introduction

Numerous therapeutics and medical devices fail in clinical trials despite success in animal models. The lack of advances in chronic wound care can be largely attributed to the absence of animal models that recapitulate features of human chronic wounds. Animal models are crucial to understanding the underlying cellular and molecular mechanisms that hinder wound healing. Greater knowledge of these mechanisms could expedite the identification of potential therapeutic targets to trigger or even accelerate chronic wound closure. The complexity of human chronic wounds hinders the development of animal models as they lack many of the features seen in man.

Chronic wounds typically develop from a combination of different etiological factors[1,2]. Healing outcomes of problematic wounds can be adversely affected by patient comorbidities such as venous insufficiency and diabetes[3]. Chronic wounds rarely develop in animals due to differences in skin architecture and wound healing mechanism[4,5]. In animals, only the thoroughbred racehorse develops chronic wounds[6]. Deliberate intervention in the healing process would be required to develop delayed wound healing animal models.

Currently, most animal models of delayed healing focus on isolating the primary clinical causes of chronic wounds – diabetes, ischemia, and reperfusion damage[7,8]. Various factors should be considered when determining the most appropriate animal model for testing wound healing therapeutics. Some factors include reproducibility, physiological relevance to human chronic wounds, tractability, and cost effectiveness. In this review, we will highlight commonly used animal models of impaired healing. The advantages and limitations of each model will be discussed. To evaluate the clinical relevance of each model, histological features such as delayed wound closure and wound edge hyper thickening will be compared with the key features of human chronic wounds.

## 2. Chronic wounds and their socioeconomic burden

Chronic wounds fail to restore function and tissue integrity through the normal reparative process. These wounds can persist for months or even years[7]. Of note, there are many different types of chronic wounds. However, chronic wounds arising from surgical and infectious wounds remain rare. Here, we focus on the three main types – diabetic foot ulcers,

**Article highlights**

- Chronic wounds are a major socioeconomic healthcare burden
- Identification of beneficial therapeutics hindered by the lack of an ideal chronic wound animal model
- None of the existing animal models of delayed healing fully recapitulate human chronic wounds
- Chronic wounds are multifactorial in nature and arise through a combination of factors
- Delayed models of healing, including the streptozotocin diabetic model, skin flap model and magnet-induced IR models have emerged
- An ideal chronic wound model should include features such as delayed re-epithelialization, hyper thickened non-migratory wound edges with overexpression of the gap junction protein connexin 43, persistent inflammation, elevated ROS levels, alkaline wound environment, excessive extracellular matrix (ECM) degradation at wound edges, disrupted/impaired vasculature and sustained presence of senescent cells

This box summarizes key points contained in the article.

pressure ulcers, and venous leg ulcers[8]. Chronic wounds inflict a huge socioeconomic burden, affecting nearly 2.5% of the total population in the United States [9]. The management of chronic wounds has been an enormous drain on healthcare resources and in the United States of America (USA) it is estimated to cost an excess of US\$28.1 billion annually[10]. Aside from financial implications, patients also suffer a significant reduction in quality of life[11]. With an increase in ageing populations and incidence of lifestyle diseases such as obesity, the prevalence of chronic wounds will continue to rise[12].

### 3. Comparison between acute and chronic wounds

The tissue repair process involves complex interactions between multiple cell types and the extracellular matrix. Wound healing follows a precisely orchestrated series of events. The events are coordinated by soluble mediators such as growth factors and cytokines. The process is divided into four distinct but overlapping phases –hemostasis, inflammation, proliferation, and tissue remodeling[13,14]. A more detailed summary of the wound healing events is illustrated in [Figure 1](#). In contrast, a chronic wound fails to adhere to these sequences of events and get stuck in the proinflammatory phase. Local factors such as ischemia, tissue maceration and infection can have adverse effects on the normal reparative process. Systemic factors such as age, malnutrition, elevated glucose and comorbidities such as vascular insufficiency and diabetes can further complicate the wound healing process[1]. Reduction in migrative capabilities, chronic inflammation and elevation of proteolytic enzymes and reduction of their inhibitors are also hallmarks of chronic wounds. The following section explores and further discusses the various characteristics of chronic wounds

#### 3.1. Stalled re-epithelialization and hyper thickened wound edges

Re-epithelialization is a critical process for restoration of the epidermal barrier[15]. To initiate epithelial repair, wound edge keratinocytes change from their natural homeostatic behavior and become migratory[16]. Before migrating, keratinocytes become activated and break down their cell-cell and cell-matrix adhesion[17]. Subsequently, active migration at the wound border occurs through the formation of a thin migratory tongue which crawls over a provisional granulation tissue matrix [15]. Behind these migratory cells, a cluster of highly proliferative cells multiply to feed in new cells to sustain the migration[18].

In chronic wounds, re-epithelialization fails to occur[19]. This delay can be attributed to multiple factors such as tissue hypoxia, excessive pro-inflammatory cytokines and bacterial infection. Keratinocytes at chronic ulcer margins frequently express genes associated with keratinocyte activation and hyper-proliferation – Keratin 16 (K16) and Ki67 respectively[20]. However, genes associated with keratinocyte differentiation and migration are minimally expressed – K10 and K2 respectively[21]. Consequently, the wound edge forms a piled-up and hyper proliferative epidermis that exhibits a non-migratory phenotype[20].

#### 3.2. Chronic inflammation

Following skin injury, blood vessels rupture. Platelets are released and activated, triggering a cascade of reactions that ultimately leads to the formation of a fibrin clot[14]. Activated platelets release growth factors and cytokines such as platelet derived growth factor, which act as chemoattractants to inflammatory cells[14]. Neutrophils dominate the early phase of inflammation, releasing reactive oxygen species (ROS) and proteases to eliminate bacteria[22]. Subsequently, phagocytic macrophages clear spent neutrophils and scavenge remaining tissue debris[22]. The acute inflammatory response is self-limiting and requires complete resolution to restore tissue homeostasis. In contrast, chronic wounds are stuck in a self-perpetuating state of inflammation[23].

Adequate clearance of apoptotic cells from wound sites is a pre-requisite for successful restoration of normal tissue function[24]. Chronic wounds often display a build-up of dead cell debris at wound margins[7]. This can be attributed to decreased phagocytic ability of immune cells[7]. Impairment to efferocytosis exposes the wound site to toxic contents of dying cells[24]. Concurrently, increased apoptotic cell burden in the wound bed leads to elevated levels of pro-inflammatory cytokines[25].

Inflammation is regulated by pro- and anti-inflammatory signals that initiate, maintain, and resolve inflammation [24]. Imbalance in these signals, in favor of a pro-inflammatory state, derails the healing cascade[26]. Pro-inflammatory cytokines, such as tumor-necrosis factor alpha (TNF- $\alpha$ ) and interleukin-1beta (IL-1 $\beta$ ), are prominently upregulated [27]. Perturbation of the delicate equilibrium between inflammatory signals results in the perpetuation of tissue damage[26].

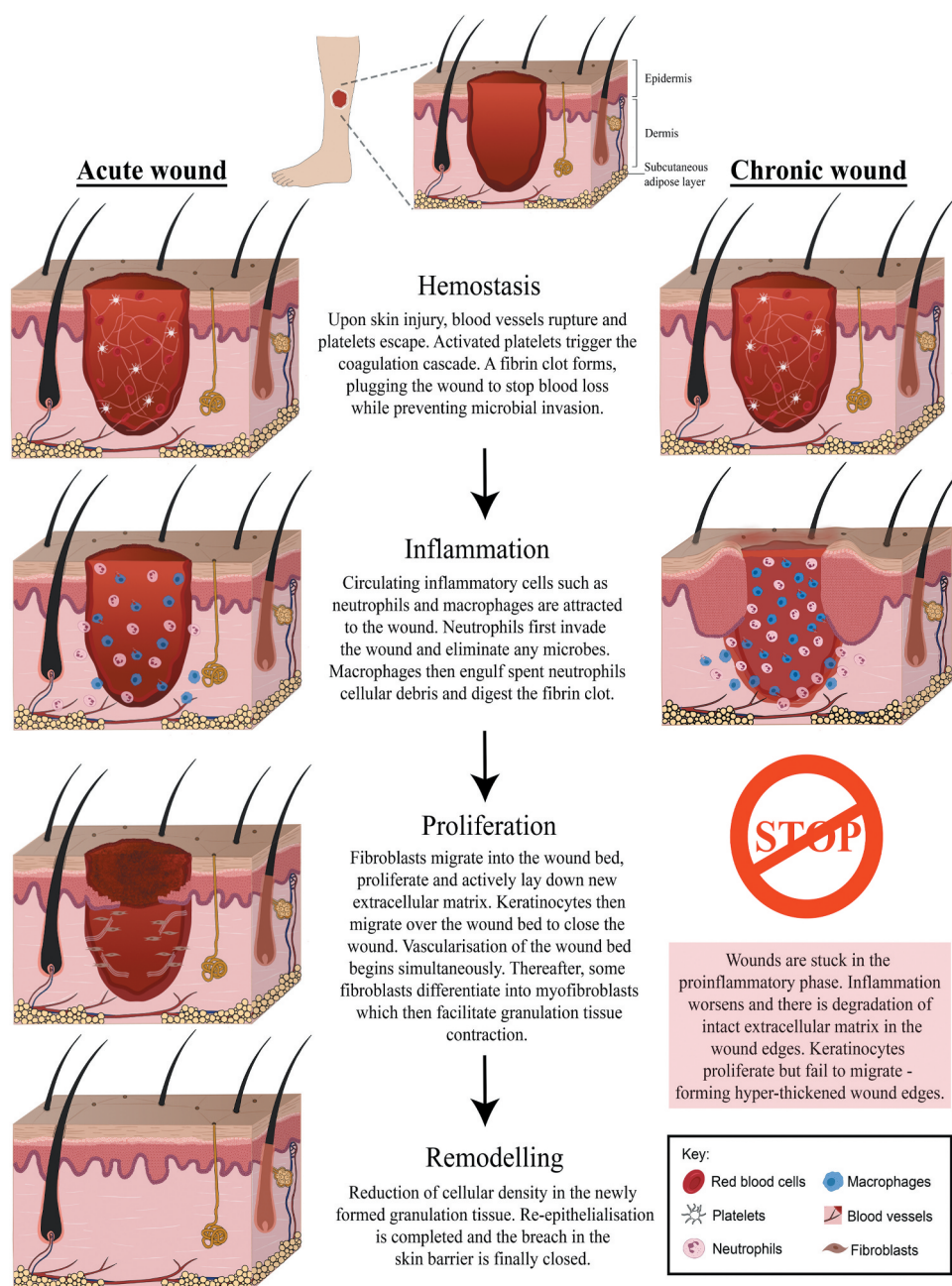


Figure 1. Comparison between acute and chronic wound healing.

### 3.3. Imbalance between proteolytic enzymes and their inhibitors

Degradation and remodeling of the extracellular matrix (ECM) drives cellular migration, granulation formation and angiogenesis[28]. In particular, matrix metalloproteases (MMPs) are the key enzymes involved in cleavage of ECM proteins[28]. During different phases of wound healing, MMPs are secreted by inflammatory cells, fibroblasts, keratinocytes, and endothelial cells[29]. These enzymes are essential in every phase of wound healing as controlled proteolytic degradation is critical for successful tissue repair[29]. This process is tightly regulated by the tissue inhibitors of MMPs (TIMPs)[28].

In contrast, sustained proteolytic activity due to elevated MMP levels is one of the prime underlying factors for abnormal healing in chronic ulcers[30]. MMPs, such as MMP-2 and MMP-9, and serine proteases are frequently found at significantly higher levels in chronic wound fluids[30–32]. This increase in proteinase level can be attributed to uncontrolled levels of pro-inflammatory cytokines – a prominent characteristic of chronic ulcers[1]. Furthermore, levels of TIMPs that are crucial in inhibiting proteolytic activity are also decreased in chronic wounds[33]. Consequently, an imbalance between MMP and TIMPs leads to excessive degradation of the native ECM[28]. Additionally, the synthesis of new ECM proteins is also disrupted[28]. Ultimately, the inability to provide a functional ECM hinders the healing process.

### 3.4. Sustained presence of senescent cells

The sustained presence of elevated levels of senescent cells in the wound is detrimental to healing[34]. Various triggers such as deoxyribonucleic acid (DNA) and oxidative damage, as well as mechanical stress can induce cellular senescence[35]. Consequently, cells are driven into a state of cell cycle arrest. Nonetheless, senescent cells can play beneficial roles in wound healing through the secretion of growth factors and ECM proteins[36]. Specifically, platelet-derived growth factor-AA (PDGF-AA) has been shown to promote fibroblast differentiation, proliferation, and granulation tissue formation[36]. However, timely clearance of senescent cells by macrophages is critical[37]. Transient induction of senescence promotes tissue repair. In particular, the levels of senescent cells peaked 6 days following wounding, and then returned to basal levels 9–12 days post-wounding[36]. Conversely, persistent senescence can lead to disrupted wound healing processes[34]. In particular, accumulation of senescent cells is commonly observed in chronic wounds. Senescent cells express a hypersecretory phenotype known as senescence-associated secretory phenotype (SASP)[38]. Negative wound healing outcomes have been closely associated to SASP factors[37]. These factors include proteases and pro-inflammatory cytokines that shift the wound environment into a highly inflamed and proteolytic state – degrading native ECM and hindering cell migration over newly formed matrices in chronic wounds[38]. Moreover, sustained SASP expression can also lead to excessive inflammatory cell recruitment and retention[37]. Eventually, this exacerbates the heightened inflammatory state present in chronic wounds[37]. Taken together, chronic senescence impedes tissue repair[37].

### 3.5. Low oxygen levels

Upon injury, oxygen levels decrease, stimulating the early phase of wound healing[39]. Transient hypoxia triggers the production of ROS, cytokines and growth factors[40]. These molecules coordinate immune cell recruitment, promote vascularization, and encourage cell proliferation and migration [39]. However, recovery of wound tissue oxygenation is essential to drive the later phases of the wound healing process[41]. Typically, oxygen levels are restored through the formation of new vasculature from areas adjacent to the wound, in a process called angiogenesis[14].

While acute hypoxia is beneficial, prolonged oxygen deprivation impairs healing[42]. Patients with diabetes, arterial or venous diseases commonly suffer from vascular complications that leads to chronic hypoxia[42]. Furthermore, angiogenesis is impaired in chronic wounds[43]. Angiogenic factors such as vascular endothelial growth factor (VEGF) and VEGF-receptor-1 (VEGFR-1) are upregulated in chronic ulcers[44]. However, the highly proteolytic chronic wound environment destroys VEGFR-1 and renders these angiogenic factors ineffective in supporting vascularization[44]. Persistent hypoxia impairs the wound healing cascade and eventually disrupts tissue repair[42].

Overproduction of ROS increases oxygen demand and further contributes to the hypoxic chronic wound

environment[45]. Chronic wounds suffer from a pro-inflammatory environment that encourages and sustains the presence of inflammatory cells such as macrophages and neutrophils[26]. Consequently, there is an overproduction of ROS[42]. Hence, cells in the chronic wound environment suffer from oxygen deprivation[42]. Furthermore, excessive ROS perpetuates inflammation, activates proteolytic enzymes and further provokes tissue damage in chronic wounds[46].

### 3.6. Chronic infection with bacterial biofilms

Open wounds provide opportunities for microbes to infect the wound site. In response, the host immune system mounts a defense mechanism to eliminate bacteria[4]. Ischemic and necrotic tissues in ulcers increase susceptibility of the wound to bacterial infection[47]. These bacteria form biofilms and are prevalent in 60% of chronic wounds. In contrast, only 6% of acute wounds contain biofilms[48]. Bacteria present within the biofilms often demonstrate increased resistance towards immune attack and antimicrobials[49]. In particular, virulence factors such as rhamnolipids, secreted by *Pseudomonas aeruginosa* (*P.aeruginosa*), confer protection against phagocytosis [50]. Consequently, elevated levels of microbial components stimulate production of pro-inflammatory cytokines through toll-like receptor (TLR) activation pathways[50]. Combined with an impaired host response, persistent bacterial load eventually contributes to the prolonged inflammatory phase of chronic wounds.

## 4. Animal models of delayed wound healing

The complexity of human chronic wounds hinders the development of clinically relevant animal models. So far, no single animal model is capable of fully recapitulating the different features of human chronic wounds, described above. However, existing models are still useful therapeutic platforms that reflect different elements of human chronic ulcers. This includes but is not limited to delayed wound models for surgical, cancerous, diabetic and ischemic wound conditions. Here, we focus on the most commonly used delayed wound models and describe the induction and relevance of these models in hopes of further understanding chronic wound pathology. Concurrently, the limitations of each model are also discussed to aid in the refinement and development of new models. A summary of these different models of delayed healing and their observed histological features, in relation to chronic wounds, is highlighted in Table 1.

### 4.1. Ischemic wounds

Localized tissue ischemia is a key underlying feature of chronic wounds[4]. In particular, vasculature is commonly destroyed or has abnormalities that reduce blood flow – limiting oxygen supply and preventing metabolic waste removal[4]. Oxygen deprivation can lead to the impairment of mitochondrial oxidative phosphorylation, which eventually triggers overproduction of ROS[51]. Hence, oxygen deficit in a chronic wound is exacerbated. Moreover, the accumulation of metabolic waste

**Table 1.** Summary of delay wound models and their histological features.

Pre-clinical factor	Type of animal models	Animal species in which model can be induced	Duration of model induction	Delayed wound closure	Hyper thickened wound edges	Enhanced inflammatory response	Excessive ECM degradation	Increased senescent cell population	Vascular abnormalities	References
Ischemia	Rabbit ischemic model	Rabbit	Blood supply is limited upon surgical incision	✓ Failed to close at 7 days post-wounding	✓ (Data not shown)	not reported	✓ Ischemic wounds showed deficient granulation tissue formation	not reported	✓ Blood supply to the wounds was limited	[57,58]
	Skin flap model	Mice, Rat, Pig	Blood supply is limited upon surgical incision	✓ Rat: Failed to close at 10 days post-wounding	Not reported	✓ Elevated pro-inflammatory cytokines were reported in rat and pig ischemic wounds	✓ Elevation in protease activities were reported in rat and pig ischemic wounds	not reported	✓ Blood supply to the wounds was limited	
Ischemia-reperfusion damage	Magnet pinch model	Mice	Ischemic period: 1 hr-12hrs	✓ open wounds showed delayed wound closure	✓ epidermal thickening reported in less severe IR models	✓ Increased leukocyte infiltration was observed in less severe IR models	✓ Increased protease levels was reported in more severe IR models	not reported	✓ Leaky blood vessels were observed in less severe IR models	[72,73,76]
			Reperfusion period: 0.5hrs-days, total duration is dependent on number of cycles							

(Continued)

Table 1. (Continued).

Pre-clinical factor	Type of animal models	Animal species in which model can be induced	Duration of model induction	Delayed wound closure	Hyper thickened wound edges	Enhanced inflammatory response	Excessive ECM degradation	Increased senescent cell population	Vascular abnormalities	References
Diabetes	Akita splinted diabetic model	Mice	Blood glucose levels start to increase after 4 weeks of age/ Blood glucose levels: > 300 mg/dl	✓ Wounds only closed at Day 17	Not reported	not reported	✓ Akita mice showed a trend towards less granulation tissue formation	not reported	not reported	[88]
	Db/db splinted model	Mice	Blood glucose levels start to increase after 4 weeks of age/ Blood glucose levels: > 300 mg/dl	✓ Wounds only closed at Day 20–22	Not reported	✓ Splinted wounds on db/db mice showed greater macrophage infiltration	✓ Wounds on splinted db/db mice showed reduced granulation tissue formation	✓ Wound macrophages on db/db mice stained positive for senescence marker (X-gal)	✓ Wounds on db/db mice showed decreased vasculature	
	Db/db unsplinted model	Mice	Blood glucose levels start to increase after 4 weeks of age/ Blood glucose levels: > 300 mg/dl	✓ Wounds closed at Day 12–14	Not reported	✓ Unsplinted wounds on db/db mice showed increased pro-inflammatory cytokine levels	✓ Wounds on unsplinted db/db mice showed a trend towards less granulation tissue formation than wild type mice	not reported	✓ Wounds on db/db mice showed less CD31 <sup>+</sup> blood vessels	[88,90,91]
	NONcNZ010/LJ splinted model	Mice	After 8 weeks of age/ Blood glucose levels: > 300 mg/dl	✓ Wounds had 2–3 times slower healing rates	Not reported	not reported	not reported	not reported	not reported	
	STZ splinted model	Mice	2–3 weeks/ Blood glucose levels: >300 mg/dl	✓ Wounds closed at day 15	Not reported	not reported	not reported	not reported	not reported	[90,92]
	STZ unsplinted model	Rat Pigs	2–3 weeks/Blood glucose levels: >300 mg/dl	✓ Rat: Wounds had 2 times slower healing rates. Pig: Wounds only closed at Day 18	✓ Hyper thickened wound edges showed overexpression in connexin 43	✓ Increase in wound macrophages were shown in STZ rats	✓ STZ rats showed slower rates of granulation tissue formation	not reported	✓ STZ rats showed decreased angiogenesis in the form of lower von-willebrand factors	[95]

(Continued)

Table 1. (Continued).

Pre-clinical factor	Type of animal models	Animal species in which model can be induced	Duration of model induction	Delayed wound closure	Hyper thickened wound edges	Enhanced inflammatory response	Excessive ECM degradation	Increased senescent cell population	Vascular abnormalities	References
Biofilm infection	Biofilm-infected model	Mice Rats Pigs	Biofilms can be preformed 48–72hrs prior to inoculation	✓ Mice: Failed to close at 9 days post-wounding	Not reported	✓ Biofilm-infected wounds on mice showed increased inflammatory cell infiltration and pro-inflammatory cytokines.	Biofilm-infected wounds on mice showed decreased collagen deposition	not reported	not reported	[88]

coupled with excessive ROS in the wound bed further stimulate undesired inflammatory responses and cause additional tissue damage[52].

Several ischemic wound models have been developed over the years. Most of these models are based on the deprivation of blood supply to a specific area to induce an ischemic region. Utilization of these clinically relevant models have been useful in investigating the contribution of ischemia to delayed wound healing[24,53,54]. In addition, the efficacy of topical growth factors, such as PDGF- $\beta$ [55], and VEGF[56] treatments have been tested on these ischemia-induced wounds.

#### 4.1.1. Methods of induction

**4.1.1.1. Ischemic rabbit ear model.** One of the most extensively used ischemic models involves the creation of a cutaneous ischemic zone through arterial ligation of a rabbit's ear[57,58]. A circumferential incision is made at the base of the ear. Thereafter, two of the three arteries (central and caudal) are ligated while leaving the veins and cartilages intact. The resulting disruption of blood flow and consequently oxygen supply creates an ischemic environment. A wound is then created using a 6 mm biopsy punch down to the cartilage. Due to firm attachment of the cartilage to the underlying dermis, the avascular wound bed does not close by contraction[57].

Wound healing is significantly impaired in this model. These ischemic wounds failed to close even at 7 days post-wounding[57,58]. In contrast, control wounds showed extensive re-epithelialization and granulation tissue formation [57,58]. Although there are some signs of epithelial tongue migration at 10 days post-wounding, the granulation tissue in these ischemic wounds remained notably deficient[57,58].

**4.1.1.2. Skin flap surgery.** Another model to study ischemia is the skin flap model. Flaps are first made on the back of animals to partially detach specific regions of the skin, thereby disrupting circulatory flow to the region and creating a localized hypoxic zone[53]. This zone of hypoxia is sustained by placing a sheet of material (e.g. silicone) beneath the flap to prevent its adherence while limiting perfusion and re-vascularization into this region[59]. Full-thickness wounds, made with 6 mm biopsy punches, are then created in these skin flaps to generate ischemic wounds.

On average, ischemic wounds, generated from this model, healed in 14–21 days [53,60]. In contrast, control wounds demonstrated complete closure after 10–12 days[53,60]. Moreover, pro-inflammatory cytokines and protease activity was elevated in these ischemic wounds when induced on both rats and pigs[53,54].

#### 4.1.2. Limitations of ischemic wound models

While both models mentioned in the previous sub-sections can induce ischemic wounds, there are several limitations that should be considered when evaluating their relevance to human chronic wounds. While the ischemic rabbit ear model could potentially be induced on rodents, the size of rodents' ears limits the feasibility and reproducibility of this model[59]. Moreover, the induction of this model requires extensive

anatomical knowledge and fine surgical skills. On the other hand, the skin flap model is a more accessible ischemic wound model to researchers. However, the variability in extent of ischemia and the corresponding tissue damage is a limitation. In particular, irregular vascular distributions within each skin flap and between the skin flaps on large animals contribute to poor reproducibility of ischemic wound healing outcomes[61].

Beyond the above-mentioned factors, the ischemic environment induced by both models is transient. New vessels develop after 10–14 days in the ischemic rabbit ear model [62] while blood supply returns to normal levels 2–4 weeks in the skin flap model[63,64]. In contrast, human chronic wounds frequently suffer chronic and persistent blood insufficiency[1]. Furthermore, unlike the gradual reduction in perfusion pressure in human chronic ulcers, both models induce ischemia in an abrupt fashion [65,66].

## 4.2. Ischemia-Reperfusion injuries

The etiology of ischemia-reperfusion (IR) injury is distinct from that of a single ischemic insult. IR injury refers to the secondary tissue damage when blood returns to a tissue following a period of ischemia[8]. Although re-establishment of blood flow is essential to reversing ischemia, the reperfusion process paradoxically causes further damage. In particular, the production of excessive oxygen free radicals exacerbates the local inflammatory response[4].

Pressure ulcers can form from unrelieved mechanical pressure over susceptible areas, such as bony prominences[67]. Notably, the aged and immobile are most prone to developing pressure ulcers[68]. Clinically, patients with limited mobility are re-positioned regularly to relieve pressures on bony prominences[69]. However, in recent years, reperfusion has emerged as an important contributing factor towards the development and progression of pressure ulcers[8].

#### 4.2.1. Methods of induction

Several IR-based approaches have been employed to induce pressure ulcer injury in animals. These models have been useful towards the investigation of the underlying mechanism of different stages of pressure ulcer formation as well as in the development of new therapeutic interventions. In particular, antioxidants such as melatonin[70] and the effects of compounds such as heparin sulfate glycosaminoglycan mimetic [71] have been tested in these models.

These approaches are centered on subjecting the skin to multiple cycles of ischemia and reperfusion[59]. Specifically, cyclic compression can be achieved through two commonly utilized methodologies: the implanted model and the pinch model. Briefly, the implanted model involves the surgical insertion of a magnet or steel plate beneath the skin[72]. Subsequently, an external magnet is applied, creating an ischemic region [72]. Alternatively, the pinch model creates localized ischemia through the application of two magnets on either side of tented skin[73]. In comparison to the implanted model, this technique eliminates the use of invasive procedures and generates two areas of IR insult. The removal of the magnet allows reperfusion injury to occur. Through repeated

application and removal of the magnet, ischemia-reperfusion injury is induced. Parameters such as magnet strength as well as IR cycle frequency and duration can be altered to induce IR injuries of varying severity[72,73]. Alternatively, other methods of blocking the blood supply can also be achieved using clamps and lead weights. In addition, skin flap models have been used in conjunction with clamping in the study of flap survival and the effects of ischemic pre-conditioning. Briefly, an island flap is created, and a silicon sheet barrier is placed following elevation of the skin flap. Subsequently, ischemic-preconditioning is carried through the use of microclamps to undergo multiple ischemic-reperfusion cycles[74].

IR injuries induced in animals using either method have presented features comparable to human pressure ulcers[75]. In particular, increased leukocyte infiltration, non-blanching skin, vascular leakage, and epidermal thickening were observed in less severe IR models[73]. These features mimic the early stages of pressure ulcers[75]. Varying the parameters such as the frequency of IR cycles allows the induction of more severe IR injuries that mimic the later stages of human pressure ulcers. Notably, open wounds with delayed closure were observed[76]. These wounds also had increased protease levels (e.g. MMP-9 and MMP-13) that further contributed to excessive collagen loss in the dermis[76].

#### 4.2.2. Limitations of ischemic-reperfusion model

There are two notable limitations arising from the implanted model when compared to the pinch model: the invasive surgical procedure and foreign body reaction. Infections could develop at surgical incision sites and complicate the injury outcomes. Moreover, the implantation of the steel plate or magnet is known to induce a foreign body reaction[73]. The resultant inflammatory response cannot be entirely attributed to the IR injury.

Overall, there has been a lack of consensus on the different parameters (magnet type, magnet strength, number and duration of IR cycles) employed in inducing IR injury. The comparison of results across different studies remains challenging. Importantly, there is no animal with a loose skin architecture similar to that of aged skin in humans. So far, most of the IR injury models are conducted in rodents due to their loose skin architecture[77]. However, rodents have an additional panniculus carnosus layer that is absent from human skin[59]. So the relevance of these IR models to human pressure ulcers is limited.

### 4.3. Diabetic wounds

Diabetes can be divided into two major classifications – Type 1 and Type 2 diabetes[78]. In Type 1 diabetes, autoimmune destruction of the beta cells causes insulin deficiency[78]. Conversely, insulin resistance is a critical factor in the development of Type 2 diabetes[79]. Moreover, the beta cells are unable to compensate by increasing insulin secretion[78]. Hence, a combination of these factors contributes to Type 2 diabetes progression.

Diabetic patients suffer from hyperglycaemia[80]. Sustained high blood glucose levels causes elevated ROS levels, chronic inflammation, DNA damage and induction of senescence – all

of which impair wound healing[80]. In addition, non-healing ulcers often become infected increasing the risk of sepsis and necrosis. Collectively, this can eventually lead to limb amputation[81]. In Singapore alone, at least four diabetes-related lower leg amputations occur daily[82].

#### 4.3.1. Methods of induction

Diabetes can be induced in animals through spontaneous mutations as well as genetic or chemical manipulation[7,79]. There are many diabetic mouse strains however, the two most common genetic strains used to study diabetic wound healing are Akita and db/db mice[7]. Conversely, genetically modified diabetic strains such as NONcNZ0101/LtJ mice are also frequently used. Other mouse models that have been used to study diabetes also include the NOD, ob/ob and NZO mice[79]. Although genetically modified diabetic pigs have also been developed for diabetic research, to the best of our knowledge, these have not yet been adopted for wound healing studies [83]. Alternatively, the introduction of chemical agents such as streptozotocin (STZ) or alloxan can induce diabetes in both rodents and pigs[79].

The development of different diabetic animal models has provided valuable insights into the progression of diabetes and chronic wounds[84]. In addition, these models have been useful in testing the efficacy of a wide range of therapeutics such as growth factors[85] and pro-angiogenic drugs [86]. However, no single model can completely reflect the pathogenesis of both Type 1 and Type 2 diabetes. Ideally, the choice of animal model will depend on its relevance to a certain aspect of each disease.

##### 4.3.1.1. Genetically induced diabetic models

**4.3.1.1.1. Akita mice model.** Akita mice develop a type 1 diabetes phenotype through an autosomal dominant missense mutation of the insulin 2 (Ins2) gene which causes abnormal folding of the insulin protein[78]. Consequently, this causes toxic injury to pancreatic beta cells and eventually decreases insulin secretion[87]. After 4 weeks from birth, these mice develop features such as insulinopenia and hyperglycemia[78]. In particular, homozygous akita mice can suffer from a premature death due to the development of more severe phenotypes than their heterozygous counterparts[87]. In addition, male mice also develop a more severe hyperglycemic phenotype and may require insulin administration to survive [78]. 6 mm splinted wounds induced on akita mice show delayed healing. In particular, these wounds show statistically significant delay in wound closure compared to wounds on wild-type mice – 17 days and 12 days respectively[88].

##### 4.3.1.1.2 db/db mice model

Leptin is a hormone that mediates appetite[79]. The binding of leptin to its receptor suppresses hunger[79]. Here, the genetic basis of the db/db model involves the inactivation of the leptin receptor, leading to defective leptin signaling and the inability to simulate satiety. Consequently, food intake increases and eventually these mice become obese[79]. These mice also progressively develop other diabetic symptoms such as insulin resistance and hyperglycemia[89], similar to the progression of Type 2 diabetes in humans. At 4–8 weeks of

age, db/db mice are found to have significantly elevated blood sugar levels[89].

There are many delayed wound healing features present in wounds induced on the db/db model. However, many of these features are induced in a splinted db/db wound model so as to minimize the wound contraction largely contributed by the panniculus carnosus[90]. These features include delayed wound closure, enhanced inflammatory response, increased senescent cell populations[91], reduced granulation tissue formation, and decreased vascularity[88,92]. In particular, db/db mice were observed to have slower wound closure rates than wild-type mice with a 6 mm diameter wound – 20 to 22 days and 11 to 13 days respectively[88,90].

**4.3.1.1.2. NONcNZ010/LtJ mice model.** The NONcNZ010 mice represent a new polygenic strain developed to resemble obesity-induced Type 2 diabetes more closely[93]. Specifically, this model is a recombinant congenic strain generated through the combination of quantitative trait loci from two mice strains, the NZO/HILT and NON/LtJ[93]. The resultant mice develop insulin resistance and hyperglycemia[93]. In addition, this diabetes phenotype is independent of diet and is not characterized by an overtly dysregulated leptin gene expression[94]. Consequently, the NONcNZ010 strain produces a moderate form of obesity instead of the massive obesity seen in leptin-related models[94]. 6 mm diameter wounds on NONcNZ010 mice have significantly impaired wound healing rates. Mean wound healing rates for wounds on wild-type mice were 0.208 mm/day compared to 0.076 mm/day in wounds on NONcNZ010 mice[95].

**4.3.1.1.2. Chemical induction of diabetes.** Streptozotocin and alloxan are the two most commonly used chemical compounds for Type 1 diabetes induction in animals[7]. These compounds are glucose analogs that affect the glucose transporter 2 (GLUT2) of beta cells[96]. Subsequently, beta cells within the islets are completely ablated, compromising insulin production and eventually leading to hyperglycemia and weight loss[96]. Of note, although both chemical agents can induce diabetes in animals, STZ is more toxic to rabbits and hence, alloxan is adopted as a substitute for rabbit work[97].

To date, the STZ model is one of the most commonly adopted diabetic models to study delayed wound healing [79]. Accordingly, mild to severe diabetes can be produced by varying parameters such as dosage, strain, age, and route of administration. For instance, a single STZ dose injected into rats can range from 35 mg/kg to 60 mg/kg[98]. After 3 weeks, these rats develop diabetes with blood glucose levels falling between 250 and 600 mg/dL (13.9 to 33.3 mmol/L)[98]. A similar approach can be adopted in pigs[78].

In a splinted STZ diabetic rat model, delays in wound healing were observed[88]. Specifically, 6 mm diameter wounds on STZ rats closed at day 15 compared to non-diabetic controls which showed complete wound closure at 12 days post wounding[88]. In STZ rat wounds, other features such as hyper thickened wound edges, lack of blood vessels in the granulation tissue, increased inflammation, increased MMP-9 levels and decreased TIMP-1 expressions are also observed[99,100].

Similarly, STZ induced diabetic pigs show significantly delayed wound re-epithelialization compared to non-diabetic pigs. Specifically, for a 1.5 cm by 1.5 cm full-thickness wound, closure was observed at after 12–14 days for non-diabetic pigs compared to 18 days for diabetic pigs[101].

#### 4.3.2. Limitations of diabetic wound models

Currently, none of these models can completely recapitulate the variations and different pathological processes of human diabetic wounds[59]. Each of these models only serve to represent a limited aspect of this complex disease.

Most of the diabetic mice strains have a monogenic inheritance pattern. In contrast, human type 2 diabetes is multifactorial and polygenic in nature[94]. In particular, the key feature of leptin-related diabetic models is the development of severe, early-onset obesity[88]. However, obesity-related type 2 diabetes in humans are rarely caused by a monogenic mutation and can occur at any point throughout life[94]. Moreover, fasting blood glucose plasma levels in db/db mice can reach up to 600 mg/dL[102]. This level of hyperglycemia is extreme compared to human type 2 diabetes, which typically exhibit an average fasting plasma glucose (FPG) level of 200 mg/dL[103].

Diabetic mice strains and genetically modified rodent models have been predominantly used in diabetes research. However, there are limitations due to differences with human skin anatomy and wound healing mechanisms[59]. Advances in genetic engineering have facilitated the generation of diabetes in large animals, such as the pig, which more closely mimics human disease[83]. In particular, transgenic pigs expressing modeling maturity onset diabetes of the young 3 (MODY 3) have been generated. These pigs express a dominant-negative hepatocyte nuclear factor-1 alpha (HNF1A) that leads impaired insulin secretion and eventually, the development of persistent diabetes[83]. Despite the availability of genetically induced diabetic pigs, so far, none of them have been used for wound healing studies.

Although chemically induced diabetic models have advantages such as lower costs and simpler induction methods, they also have their limitations. Notably, there is no standardized consensus on the parameters for STZ induction. This is partly caused by the difference in sensitivity to STZ in various rodent strains and genders[104]. Additionally, the length of time between diabetes induction and subsequent wounding also influences wound healing outcomes [100]. A trend towards delayed re-epithelialization was only observed 2–3 weeks post STZ induction in rats[99,100]. In addition, impairment of angiogenesis and collagen deposition required longer timelines up to 6 weeks post diabetic induction[100]. However, earlier timepoints of less than 3 weeks are frequently used in many studies[100]. Limitations in STZ-induced diabetes in larger animals such as pigs are often associated with reduced responsiveness towards STZ due to low GLUT2 levels[105]. Although increasing STZ dosages can compensate for the low STZ sensitivity in pigs, however, other complications such as hepatic and renal toxicity can arise[78].

#### 4.4. Biofilm-infected wounds

Despite the association of biofilms with negative wound healing outcomes, the significance and mechanism of biofilms in chronic wounds remains poorly understood. In particular, the dynamic interactions between different bacterial species and their resultant effect on delayed wound healing represents a void in our understanding. Many wound infection models have been used to study the interactions of different bacteria, commonly found in chronic wounds, and the resultant effect on wound healing[106]. In addition, these models have been used to investigate the therapeutic efficacy of antimicrobial products[107] and various wound care products on bacterial biofilms.

##### 4.4.1. Methods of induction

Wound samples from chronic ulcer support mixed species of bacteria. However, *P. aeruginosa* and *Staphylococcus aureus* (*S. aureus*) are the most commonly used to generate biofilm-infected wound models (as they are the most common bacteria to be found in chronic wounds). Typically, bacterial cells can be applied as planktonic cells ( $10^4$ – $10^6$  colony forming units/wound) to wounds[59]. Alternatively, bacteria can also be delivered via a bacterial contaminated implanted material or pre-formed biofilm on filter paper[108–110]. Thereafter, occlusive dressings are placed over infected wounds to prevent cross-contamination and provide optimal bacterial growth conditions. 6 mm diameter wounds in rodents infected with biofilms reached closure between 18–21 days [110]. In comparison, non-infected wounds reached closure

between 9–12 days[110]. Additionally, the presence of biofilm induced an increased and sustained inflammatory response as well as decreased formation of granulation tissue[111].

##### 4.4.2. Limitations of biofilm-infected models

Unlike chronic wounds, which are polymicrobial in nature, most established biofilm-infected models are based on the use of a single dominant wound microbial species[112]. Moreover, infections in these models are typically short-term ranging between 2 and 26 days[106]. In contrast, clinically, prolonged host-biofilm interactions are known to complicate the wound microenvironment[113]. Hence, these biofilm-infected models are unable to recapitulate the complexity and persistent nature of biofilms in chronic wounds[48]. In addition, motile bacteria such as *P. aeruginosa* can move between wounds and thus complicate the use of controls in the same animal. Furthermore, the application of bacteria to wounds is relatively well-tolerated in young healthy animals. Consequently, bacterial infections at wounds can be easily overcome and cleared away[114]. Although application of higher bacterial loads can increase the success of generating biofilm-infected models, the animal could suffer from systemic infection and die[114].

#### 4.5. Other possible approaches to induce delayed wound healing

The models discussed above primarily focus on isolating the main causative factors of chronic wounds – local tissue

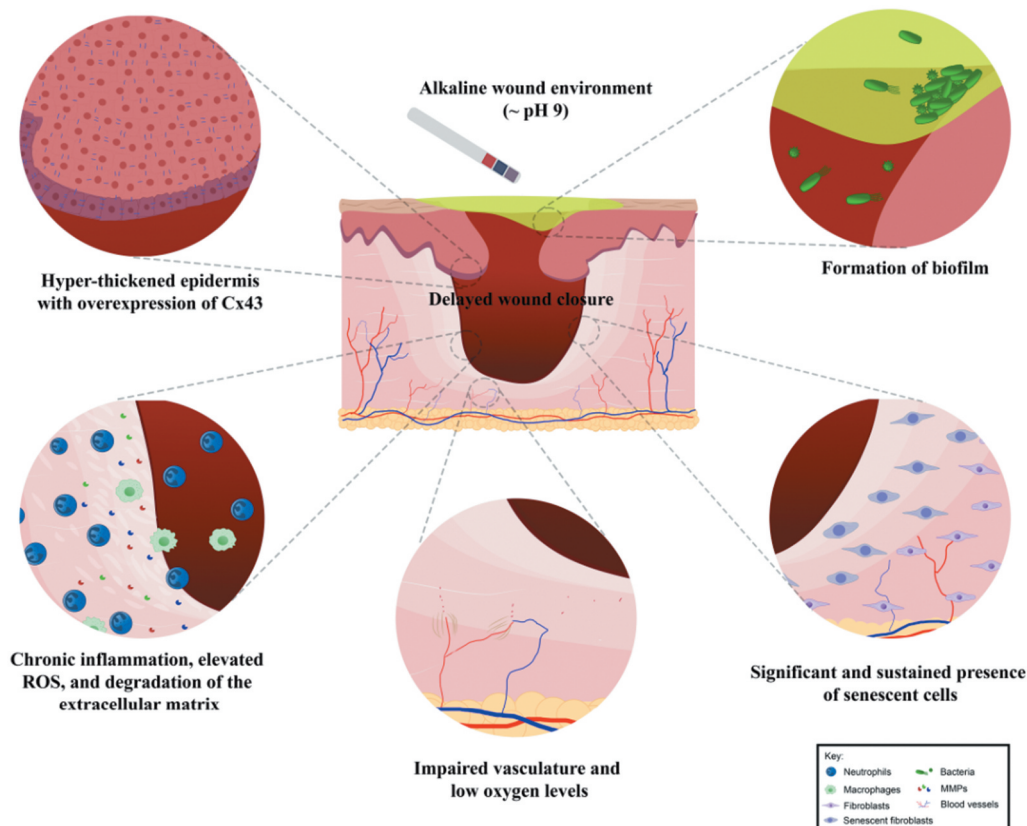


Figure 2. Summary of features in an ideal chronic wound model.

hypoxia, biofilm colonization, repetitive ischemia-reperfusion injury, and diabetes. However, chronic wounds are multifactorial[1,2]. Although each of these conditions can be deleterious, collectively they can overwhelm the normal healing response. Hence, many studies couple two or more delayed wound models to generate more clinically relevant models[7]. One of the most frequently used approach is the application of biofilms on a db/db diabetic mouse[115]. In this model, even in the absence of using a splint to counter wound contraction, all of the biofilm-infected wounds remained open at 28 days post-wounding[115]. This is a stark contrast when compared to splinted wound models on db/db mice that closed at 20–22 days post wounding[88]. In addition to the delayed wound closure, epidermal hyperplasia was also observed these biofilm-infected diabetic wounds, which is a histological feature clearly absent in uninfected wounds on db/db mice[115].

## 5. Expert opinion

Approximately 89% of novel drug discoveries fail to pass human clinical trials, due to failure of efficacy or unanticipated human toxicity[116]. This raises important concerns regarding the reliability and predictive value of animal models for pre-clinical testing. Despite significant attempts to mitigate this problem, increasing evidence continues to suggest an imbalance between pharmaceutical investment and clinical impact. A major contributor to the problem lies in the disparity between human pathophysiology and their corresponding animal model. Coupled with rising costs, constrained time and limited resources, there is a need to develop more robust and reliable methods for chronic wound drug discovery and development.

In relation to chronic wounds, animal models are essential for studying the pathophysiology of these wounds. Importantly, these models serve as testing platforms for the identification of beneficial topical, systemic, and device-based therapeutics. However, the absence of a true chronic wound model in animals has hindered the development of therapeutic compounds. In a Food and Drug Administration (FDA) published guidance for chronic cutaneous ulcers, it has been recognized that there is still a lack of ideal chronic wound models[117]. Despite the success of the diabetic wound models in identifying the therapeutic potential of numerous growth factors, few treatments have received FDA approval for efficacy. Thus far, Becaplermin gel (Regranex®, Smith and Nephew) is the only chronic wound therapeutic to have received FDA approval following completion of human clinical trials[118]. Hence, while diabetic wound models are widely adopted for chronic wound therapeutic testing, their relevance and efficacy for human chronic wounds remains debatable.

Chronic wounds do not occur in animals in the same manner as human[59]. Thoroughbred horses are the only known animals to suffer from chronic wounds with similar features to human chronic wounds[6]. Equine limbs, specifically distal limb wounds, often suffer from delayed wound healing. These wounds can arise from traumatic incidents or

surgical interventions and become chronic[119]. Similar to human chronic ulcers, these wounds do not progress sequentially through the normal healing process. They have a weak yet prolonged inflammatory response. In addition, horses can suffer from tissue ischemia[120]. Local hypoxia at wounds eventually leads to the development of exuberant granulation tissue[120]. Ultimately, re-epithelialization and wound contraction is impeded[119]. Given the similarity to human skin architecture, thoroughbred horses could be an alternative model for the study of non-healing wounds in large animals[6]. However, the high economic cost of utilizing horses, alongside with ethical concerns, limits the feasibility of adopting horses as a model for preclinical therapeutic trials.

Development of delayed wound models is also complicated by the multifactorial nature of human chronic wounds [1,2]. As such, there is a strong demand for the optimal selection of models that best represent human chronic wounds. Various factors should be considered when determining the most appropriate animal model for testing wound healing therapeutics. Some factors include reproducibility, physiological relevance to human chronic wounds, tractability, and cost effectiveness. As described in the previous section (Section 4), many studies have concentrated exclusively on isolating different aspects of chronic ulcers, such as diabetes and IR, in a reproducible and cost-effective approach. Accordingly, therapeutics targeting specific aspects of human chronic wounds would be inclined to selecting a wound model with the corresponding dysregulated feature (e.g. anti-bacterial product would be tested on a bacteria-infected wound model). However, the use of a single therapeutic agent has so far proven insufficient in its clinical efficacy. This is hardly surprising given the many factors that can contribute to the complexity of chronic wound pathophysiology. At present, many delayed wound healing models fail to fully recapitulate key histological characteristics of human chronic wounds, such as delayed re-epithelialization, persistent inflammation, and high levels of senescent cells (Table 1). Accordingly, this could limit the predictive value of these animal models in the translation of chronic wound therapeutics. Alternatively, other studies have employed a combination of different chronic wound elements[7]. However, advancements in these combinatorial approaches have been restricted by the need to ensure animal welfare. Ethically, to have an open wound on animals for months or years would not be acceptable.

An ideal delayed wound model should incorporate key characteristics of human chronic wounds. These include features such as delayed re-epithelialization, hyper thickened non-migratory wound edges with overexpression of the gap junction protein connexin 43, persistent inflammation, elevated ROS levels, alkaline wound environment, excessive ECM degradation at wound edges, disrupted/impaired vasculature and sustained presence of senescent cells (Figure 2). Concurrently, the gene expression profiles of wounds from this model should also be validated to reflect trends similar to human chronic wounds. In particular, expression of pro-inflammatory genes and genes regulating protease activity should be significantly upregulated compared to acute wounds. Conversely, the levels of genes regulating anti-inflammatory cytokines and protease inhibitors should be

downregulated. Genes involved in regulating the cell cycle checkpoints would reflect the extent of senescence in the wound. In addition, the clinical relevance of the model could be further improved by including other chronic wound causal factors such as ageing, diabetes and ischemic conditions.

An alternative approach to induce chronic wound features on animals could involve the use of materials known to hinder re-epithelialization, impede wound contraction, promote chronic inflammation and/or induce hypoxia. Double flanged silicon blocks inserted into wounds for 1–3 weeks cause tissue ischemia[121]. These wounds also suffer from delayed wound closure and persistent inflammation[121]. However, this method involves surgical procedures to secure the placement of silicon blocks at the wound site. Hence, complications could arise from infection at the incision site. The complexity of surgical procedures could also limit the accessibility and use of this model.

The ideal delayed wound model should be reproducible in both small and large animals i.e. both rodents and pigs. Of note, pigs have similar skin architecture to humans[59]. Unlike rodents, wounds on pigs heal largely by re-epithelialization and not contraction, which is similar to humans[59]. However, the cost involved to conduct wound healing studies on pigs is at least 20 times higher than similar studies on rodents. Hence, preliminary wound healing therapeutic pre-clinical studies, establishing treatment regime and therapeutic concentration, should be conducted on rodents first before moving onto more costly pig wound models. Prior to commencing clinical trials, there must be supporting data from at least 2 different species, reemphasizing the importance of replicating the wound models on both rodents and pigs[122].

Preclinical animal testing is a requirement for any novel therapeutic prior to entering human clinical trials. However, rising costs and high failure rates have led to the re-evaluation of the value of animal studies. Advancement in technologies have led to many companies incorporating human *in silico* trials to refine and reduce the use of animals[123]. Briefly, *in silico* clinical trials utilize computer simulations and modeling of human systems to predict various outcomes such as toxicity and efficacy[123]. In recent years, these *in silico* trials have been accepted as evidence by different regulatory agencies such as the FDA and European Medicines Agency upon assessment of the credibility of the predictive model used [124]. Nonetheless, a one-to-one replacement of animal testing with *in silico* trials is generally not practicable due to the complexity of the human physiology. Instead, a combination of both animal and *in silico* predictive models could contribute to a better mechanistic understanding of the safety and efficacy of a new drug with the human biological system.

Ultimately, to expedite the development of novel chronic wound therapeutics, there is an urgent need to develop more robust and reproducible models that mimic human chronic wound pathologies. Until then, the lack of therapies for chronic wounds will remain a significant worldwide healthcare burden.

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## Declaration of interest

The authors have no other relevant affiliations or financial involvement with any organization or entity with a financial interest in or financial conflict with the subject matter or materials discussed in the manuscript apart from those disclosed.

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