

1 **Interpreting the synergistic effect in combined ultrasonication-ozonation sewage**  
2 **sludge pre-treatment**

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4 **Xinbo Tian<sup>a,c</sup>, Chong Wang<sup>a</sup>, Antoine Prandota Trzcinski<sup>a</sup>, Leonard Lin<sup>d</sup>, Wun**  
5 **Jern Ng<sup>b,c,\*</sup>**

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7 <sup>a</sup> Advanced Environmental Biotechnology Centre, Nanyang Environment and Water  
8 Research Institute, Nanyang Technological University, 1 Cleantech Loop, Singapore  
9 637141, Singapore

10 <sup>b</sup> Nanyang Environment and Water Research Institute, Nanyang Technological  
11 University, 1 Cleantech Loop, Singapore 637141, Singapore

12 <sup>c</sup> School of Civil and Environmental Engineering, Nanyang Technological University, 50  
13 Nanyang Avenue, Singapore 639798, Singapore

14 <sup>d</sup> Public Utilities Board, Water Reclamation (Plants) Department, 20 Pioneer Road,  
15 Singapore 628507, Singapore

16 \* *Corresponding author*

17 *Email address: [WJNg@ntu.edu.sg](mailto:WJNg@ntu.edu.sg). Tel: +65 6790 6813*

18

19 **Abstract**

20 The sequential combination of ultrasonication and ozonation as sewage sludge treatment  
21 prior to anaerobic digestion was investigated. Synergistic volatile suspended solids (VSS)  
22 solubilization was observed when low energy ultrasonication ( $\leq 12 \text{ kJ g}^{-1} \text{ TS}$ ) was  
23 followed by ozonation.  $0.048 \text{ g O}_3 \text{ g}^{-1} \text{ TS}$  ozonation induced the maximum VSS  
24 solubilization of 41.3% when the sludge was pre-ultrasonicated at  $9 \text{ kJ g}^{-1} \text{ TS}$ ; while, the  
25 same ozone dosage applied without prior ultrasonication only induced 21.1% VSS  
26 solubilization. High molecular weight (MW) components ( $\text{MW} > 500 \text{ kDa}$ ) were found  
27 to be the main solubilization products when sludge was only ozonated. However,  
28 solubilization products by ozone were mainly in the form of low MW components ( $\text{MW}$   
29  $< 27 \text{ kDa}$ ) when sludge was pre-ultrasonicated. The high MW products generated by  
30 ultrasound were effectively degraded in the subsequent ozonation. Anaerobic  
31 biodegradability increased by 34.7% when ultrasonication ( $9 \text{ kJ g}^{-1} \text{ TS}$ ) and ozonation  
32 ( $0.036 \text{ g O}_3 \text{ g}^{-1} \text{ TS}$ ) were combined sequentially. The maximum methane production rate  
33 increased from 3.53 to 4.32, 4.21 and  $4.54 \text{ mL CH}_4 \text{ d}^{-1}$  after ultrasonication, ozonation  
34 and ultrasonication-ozonation pre-treatments, respectively.

35 **Keywords: Sewage sludge; ultrasound; ozone; pre-treatment; molecular weight;**  
36 **anaerobic digestion**

37 **1. Introduction**

38 Sludge produced in wastewater treatment plants needs to be stabilized before it can be  
39 safely disposed of. This is because of its high organic as well as pathogen content (Bitton,  
40 2005). Anaerobic digestion is generally accepted as an appropriate way to stabilize

41 sludge, reduce the final amount of solids requiring disposal as well as produce methane  
42 for energy recovery (Zhang et al., 2007). However, anaerobic digestion is a slow process  
43 and its performance is typically limited by hydrolysis of the particulate organic matters in  
44 the sludge (Pavlostathis and Giraldo-Gomez, 1991). Therefore, sludge can be pre-treated  
45 to accelerate the hydrolysis step and to enhance the overall anaerobic process before it is  
46 fed into an anaerobic digester..

47 Sludge pre-treatment technologies can be categorized into mechanical, thermal and  
48 chemical treatments. The aim of sludge pre-treatment is to solubilize the particulate  
49 organics and make them more accessible for subsequent microbial action (Tiehm et al.,  
50 1997). Conventional pre-treatments such as thermal and alkaline treatments have been  
51 reported since late 1970s (Stuckey and McCarty, 1978; Stuckey and McCarty, 1984).  
52 Compared to these conventional pre-treatments, ultrasound and ozone pre-treatments are  
53 relatively newer technologies and have only been widely reported in the last decade.  
54 Ultrasonic sludge disintegration had been preferred at lower ultrasonic frequency (Tiehm  
55 et al., 2001). The predominant sludge disintegration mechanism in low frequency  
56 ultrasonication, a mechanical method, is of the hydro-mechanical shear force caused by  
57 collapse of cavitation bubbles (Wang et al., 2005). Ultrasound readily reduces biological  
58 floc sizes, rupturing microorganism cells as well as significantly increasing sludge  
59 biodegradability in the subsequent anaerobic digestion (Tiehm et al., 1997; Lehne et al.,  
60 2001; Zhang et al., 2007). Ozonation has also been reported as an effective sludge pre-  
61 treatment technology but with a different disintegration mechanism. Ozone chemically  
62 reacts with sludge and destroys microorganism cell components (Chu et al., 2009; Yan et  
63 al., 2009). Ozone also attacks the extracellular polymeric substances and breaks down the

64 complex macromolecules in soluble phase (Yan et al., 2009). In addition, ozone is able to  
65 convert refractory organic matters into biodegradable form (Volk et al., 1993; Nishijima  
66 et al., 2003). Most importantly sludge biodegradability is reported to be remarkably  
67 improved after ozonation (Weemaes et al., 2000; Goel et al., 2003).

68       Ultrasound and ozone act differently on sludge (Bougrier et al., 2006). Comparison  
69 between sludge ultrasonication and ozonation have been conducted by previous  
70 researchers (Bougrier et al., 2006; Braguglia et al., 2012). Bougrier et al. (2006) found  
71 that ultrasonication and ozonation resulted in different physical and biochemical  
72 characteristics in the same sludge. Due to the supplementary effects of these two pre-  
73 treatments, combination of ultrasonication and ozonation has been suggested for a larger  
74 impact (Xu et al., 2010; Yang et al., 2012; Yang et al., 2013). However, information in  
75 the published literatures on such combination is relatively scarce and the synergistic  
76 mechanisms between the two pre-treatment are still ambiguous. Eskicioglu et al. (2006)  
77 have indicated the molecular weight (MW) of the solubilized substances is an important  
78 indicator of the sludge pre-treatment performance. However, the size of the solubilized  
79 substances by ultrasound, ozone and their combination has not been reported previously.  
80 Given the information discussed above, this work aims to investigate the interaction  
81 between the two pre-treatment processes and seek explanations for the synergistic effects.  
82 The optimum combination sequence was determined and changes in the sludge  
83 characteristics after individual and combined pre-treatments were measured. In addition  
84 to the conventional parameters such as SCOD for measurement of sludge solubilization,  
85 size exclusion chromatography measurement was conducted to determine the change in  
86 MW distribution after each pre-treatment. Batch anaerobic digestion tests were then

87 conducted to evaluate the influence of the pre-treatment on sludge anaerobic  
88 biodegradability and methane production kinetics.

## 89 **2. Materials and Methods**

### 90 *2.1. Sludge samples*

91 Samples of a mixture of primary sludge (PS) and thickened waste activated sludge  
92 (WAS) (ratio around 1:1 based on dry solids) were collected from a local municipal  
93 wastewater reclamation plant. Properties of the raw sludge used in this study are listed in  
94 Table 1.

### 95 *2.2. Analytical methods*

96 The total solids (TS), volatile solids (VS), total suspended solids (TSS), volatile  
97 suspended solids (VSS), soluble COD (SCOD) and total COD (TCOD) were measured as  
98 described in Standard Methods (APHA, 1998). The soluble fraction was obtained by first  
99 centrifuging the sludge at 10,000 rpm for 10 min. The supernatant was then filtered  
100 through a 0.45 µm membrane filter for SCOD, proteins and carbohydrates analysis. COD  
101 solubilization was quantified as  $SCOD_+$  which was the SCOD difference before and after  
102 pre-treatment as shown in Eq. 1:

$$103 \quad SCOD_+ = SCOD_{after} - SCOD_{before} \quad (1)$$

104 Solids solubilization was calculated in Eq. 2:

$$105 \quad VSS \text{ solubilization} = \frac{VSS_b - VSS_a}{VSS_b} \times 100\% \quad (2)$$

106 Where  $VSS_b$  stands for the VSS concentration before each pre-treatment;  $VSS_a$  stands  
107 for the VSS concentration after each pre-treatment.

108 Protein concentration was determined with the Lowry's method (1951) using bovine  
109 serum albumin as standard and a UV spectrophotometer (Shimadzu, UV-1800) against  
110 the blank at a wavelength of 750 nm. Carbohydrate concentration was determined with  
111 the sulfuric-phenol method using D-Glucose as standard (DuBois et al., 1956). Proteins  
112 and carbohydrates concentrations were converted to equivalent COD concentration with  
113 factors of 1.5 and 1.07, respectively as described by Trzcinski (2009). Sludge pH was  
114 measured with a pH meter (Agilent, model 3200P) with an accuracy of 0.001. Buffer  
115 solution of pH 4, pH 7 and pH 10 (Fisher, UK) were used to calibrate the pH meter every  
116 time before measurement.

### 117 2.3. Pre-treatment conditions

118 Ultrasonication was performed with an ultrasonicator (Misonix, Q700). The  
119 ultrasound frequency was 20 kHz and the maximum power input was 700 Watts. The  
120 power input was around 130 Watts and the treated sludge volume (TS: 16.2 – 17.2 g L<sup>-1</sup>)  
121 was 200 mL. The ultrasonication process was performed in a 250 mL glass beaker  
122 containing the sludge. Ultrasonication energy was quantified in terms of ultrasonic  
123 energy received per gram solids and the calculation is as shown in Eq. 3 (Lehne et al.,  
124 2001):

$$125 \quad \text{Specific energy input} = \frac{P \times t}{V_{sludge} \times TS} \quad (3)$$

126 Where P is power input of the ultrasonicator (W), t is the time of ultrasonication (s),  
127  $V_{\text{sludge}}$  is volume of treated sludge (L) and TS is the total solids concentration of treated  
128 sludge ( $\text{g L}^{-1}$ ). During ultrasonication the temperature was monitored and maintained at  
129 about 30 °C with an ice-water bath.

130 Ozonation was performed with an ozone generator (Wedeco, GSO 30). Pure oxygen  
131 was used as feed gas and converted to ozone with a high voltage converter. The power  
132 input of the ozone generator was 180 Watts. The applied ozone dosage was quantified  
133 according to the potassium iodide method (Konsowa, 2003). Two hundred mL of sludge  
134 sample (TS: 16.2 – 17.2  $\text{g L}^{-1}$ ) was placed in a 1 L glass bottle during the ozonation  
135 process. A stone diffuser was installed to produce fine ozone bubbles and to enhance  
136 ozone mass transfer. The applied ozone was quantified in terms of ozone dosage ( $\text{g O}_3 \text{ g}^{-1}$   
137 TS). The maximum applied ozone dosage was 0.12  $\text{g O}_3 \text{ g}^{-1}$  TS.

138 Optimum combination sequence of ultrasonication and ozonation was determined  
139 before commencing the main experiment. The Ultrasonication-Ozonation (ULS-Ozone)  
140 sequence was performed by applying ozonation after ultrasonication and the Ozonation-  
141 Ultrasonication (Ozone-ULS) sequence was conducted by dosing ozone prior to  
142 ultrasonication.

#### 143 *2.4. Molecular weight distribution*

144 An HPLC (Agilent Technologies, 1260 LC system) was used for the MW distribution  
145 analysis using the PL aquagel-OH 8 $\mu\text{m}$  MIXED-M column. Milli-Q water was used as  
146 mobile phase with a flow rate of 1  $\text{mL min}^{-1}$ . Calibration was done using polyethylene  
147 glycol and polyethylene oxide standards with molecular weight of 500 kDa, 70 kDa, 4

148 kDa, 600 Da and 106 Da with the refractive index (RI) detector. A linear relationship was  
149 derived between the log value of MW (Da) and retention time (Rt: min) with a  
150 correlation coefficient of 99.2% as shown in Eq. 4:

$$151 \quad \text{Log}(MW) = 9.8223 - 0.6748(\text{Rt}) \quad (4)$$

152 Both RI and UV (254 nm) detector were used for the detection of the eluted  
153 substances. The sample was first centrifuged at 10,000 rpm for 10 min. The supernatant  
154 was then filtered through a 0.2  $\mu\text{m}$  membrane filter for injection.

### 155 *2.5. Anaerobic digestion*

156 Sludge anaerobic biodegradability was quantified with biochemical methane potential  
157 (BMP) assays according to a modified method of Owens et al. (1979). Ten mL of  
158 substrate sludge and 30 mL of degassed inoculum (VS: 9.9 g L<sup>-1</sup>) were added to serum  
159 bottles. The food to inoculum ratios were around 0.43 g VS g<sup>-1</sup> VS in the serum bottles  
160 containing raw sludge and ultrasonicated sludge, while it was around 0.4 g VS g<sup>-1</sup> VS for  
161 the ozonated sludge and ultrasonicated-ozonated (ULS-Ozonated). In parallel, 30 mL of  
162 inoculum sludge were also anaerobically incubated following the same procedure to  
163 obtain background gas production due to the anaerobic inoculum. A mixture of 20% CO<sub>2</sub>  
164 and 80% N<sub>2</sub> was used to purge each bottle for 3 min to create an anaerobic environment.  
165 All bottles were incubated in an orbital shaker at 35 °C. The biogas volumes were  
166 regularly measured using a wetted glass syringe. The biogas composition was determined  
167 with gas chromatography (Agilent Technologies, 7890A GC system). The methane  
168 produced from the substrate was calculated by subtracting the background gas production

169 from the gas produced from the test bottles. The TCOD concentration of the substrate  
170 sludge varied due to the pre-treatment at around 16.8, 16.9, 15.3 and 14.6 g COD L<sup>-1</sup> for  
171 the raw, ultrasonicated, ozonated and ULS-Ozonated sludge, respectively. Therefore, the  
172 anaerobic biodegradability was compared by normalizing the methane production from  
173 each gram of COD added as introduced by Owens et al. (1979).

174 The energy balance was then analyzed by subtracting the energy input during the pre-  
175 treatment from the energy recovered from the combined heat and power (CHP)  
176 production of the produced methane. In order to keep the consistency, the calculation was  
177 based on one litre of sludge that was used. During the CHP production process, it was  
178 assumed that 30% of the methane calorific energy was converted to electricity and 50%  
179 to heat (Cho et al., 2014).

## 180 2.6. Anaerobic kinetics models

181 A modified Gompertz equation was used to model the methane production during the  
182 BMP assay (Zwietering et al., 1990; Yue et al., 2008). The modified Gompertz equation  
183 is as shown in Eq. 5:

$$184 \quad P = P_{\max} \exp\left\{-\exp\left[\frac{R_{\max} e}{P_{\max}}(\lambda - t) + 1\right]\right\} \quad (5)$$

185 Where P (mL) is the cumulative methane produced from the sludge at time t, P<sub>max</sub>  
186 (mL) is the maximum cumulative methane produced from the sludge, R<sub>max</sub> (mL CH<sub>4</sub> d<sup>-1</sup>)  
187 is the maximum methane production rate during the BMP assay and λ (d) is the lag phase  
188 time of the methane production.

189 The data points of cumulative methane produced (P) were fitted to the anaerobic  
190 digestion time (t) using the Origin software (OriginLab, USA) according to Eq. 5. The  
191  $P_{\max}$ ,  $R_{\max}$  and  $\lambda$  for each sludge were then obtained for comparison.

### 192 3. Results and Discussion

#### 193 3.1. Individual pre-treatments

##### 194 3.1.1. COD and biopolymers solubilization

195 As shown in Table 1, soluble proteins and carbohydrates only represented a small  
196 fraction of the SCOD in the raw sludge, indicating this initial SCOD did not originate  
197 from the degradation of microbial cells. This raw SCOD might be attributed to the  
198 soluble lipids contained in the PS, inorganic interferences (such as ammonium which  
199 contributes to COD) and/or refractory organics which were not degraded during the  
200 activated sludge process and remained in the WAS fraction. The  $SCOD_+$  increase was  
201 different during ultrasonication and ozonation. For ultrasonicated sludge,  $SCOD_+$   
202 increased linearly with specific energy input as shown in Fig. 1a (TS: around 17 g L<sup>-1</sup>).  
203 The  $SCOD_+$  was 3,450 mg L<sup>-1</sup> after 21 kJ g<sup>-1</sup> TS ultrasonication and values did not  
204 plateau. However, for ozonated sludge,  $SCOD_+$  increased markedly to around 2,400 mg  
205 L<sup>-1</sup> at an ozone dosage of 0.02 g O<sub>3</sub> g<sup>-1</sup> TS and then plateaued at around 3,700 mg L<sup>-1</sup> at  
206 higher ozone dosages as shown in Fig. 1b. Proteins and carbohydrates were responsible  
207 for around 80% of the COD solubilization measured for both pre-treatments. The  
208 equivalent COD of the solubilized proteins and carbohydrates after 21 kJ g<sup>-1</sup> TS  
209 ultrasonication were 2,370 mg L<sup>-1</sup> and 450 mg L<sup>-1</sup>, respectively. The equivalent COD of

210 the solubilized proteins and carbohydrates were 2,500 mg L<sup>-1</sup> and 560 mg L<sup>-1</sup> after 0.08 g  
211 O<sub>3</sub> g<sup>-1</sup> TS ozonation, respectively. These are consistent with the past results, showing that  
212 ultrasound and ozone solubilized the extra-cellular and intra-cellular biopolymers in the  
213 sludge (Wang et al., 2006; Zhang et al., 2009) .

### 214 3.1.2. *Change in pH*

215 In addition, ultrasound and ozone resulted in different changes in pH value. The  
216 sludge pH remained relatively constant at around 5.9 with increasing specific energy  
217 input as shown in Fig. 1c. However, the sludge pH decreased obviously with increasing  
218 ozone dosage. The sludge pH dropped from 5.9 to 5.2 after 0.04 g O<sub>3</sub> g<sup>-1</sup> TS ozonation.  
219 These results were consistent with past results and indicated that ultrasound and ozone  
220 did not disrupt the sludge in the same way (Bougrier et al., 2006). The pH drop during  
221 ozonation was due to the formation of acidic compounds. Yasui and Miyaji (1992)  
222 observed the formation of carboxylic acids during human waste ozonation. Bougrier et al.  
223 (2006) suggested that the pH decrease was due to the formation of volatile fatty acids  
224 from the degradation of lipid compounds in sludge. Yan et al. (2009) found that the lactic  
225 acid concentration increased after ozonation due to the oxidation of the soluble  
226 macromolecules. This difference in the products of the pre-treatment process used would  
227 have impact on subsequent anaerobic degradation.

### 228 3.1.3. *Molecular weight distribution*

229 In order to illustrate the difference in the solubilized substances between  
230 ultrasonication and ozonation, the MW distribution chromatograms of the raw sludge, the  
231 ultrasonicated sludge and ozonated sludge are compared in Fig. 2a and 2b. No peak with

232 the same retention time was detected in ultrasonicated and ozonated sludge, indicating  
233 solubilization of different compounds in both pre-treatments. High MW compounds ( $R_t <$   
234 6 min) were found to be the main solubilized compounds in both pre-treatments as shown  
235 in both UV and RI signals. The corresponding MWs of these compounds were over 500  
236 kDa according to the retention time of the largest standard polymer (500 kDa) shown as  
237 dash line. Such high MW compounds were reported as cell fragments and extracellular  
238 polymers in WAS with MW as high as  $10^5$  kDa (Pavoni et al., 1972; Namkung and  
239 Rittmann, 1986; Schiener et al., 1998; Aquino et al., 2006). It should be noted that RI is a  
240 universal detector which detects most of the eluted substances if these are present in  
241 sufficient concentrations, while the UV 254 nm detector provides good sensitivity  
242 towards aromatic compounds (Trzcinski et al., 2011). For both ultrasonicated and  
243 ozonated samples, the detected peaks had similar retention times in both the UV and RI  
244 detector signals as shown in Fig. 2a and 2b, suggesting most of the solubilized high MW  
245 compounds were possibly aromatic compounds. Yang et al. (2013) reported that  
246 tryptophan proteins were the main solubilization products after ultrasonication while  
247 humic acids and fulvic acids were the primary solubilization products after ozonation.

248 In addition, low MW compounds ( $8 \text{ min} < R_t < 13.5 \text{ min}$ ) were also released in both  
249 pre-treated sludge but not as obvious as the high MW ones. MWs of these polymers were  
250 lower than 27 kDa according to Eq. 4. Peaks with retention time longer than 13.5 min  
251 were also detected. These peaks stand for compounds which are smaller than 106 Da  
252 (retention time of the standard polymer is shown as the dash line). UV response of such  
253 compounds was lower in ozonated sludge than in raw sludge as shown in Fig 2a. This  
254 decrease in UV response of the simple organic compounds was because of the

255 mineralization effect induced by ozone (Weemaes et al., 2000; Ahn et al., 2002). Simple  
256 organic compounds were oxidized into carbon dioxide.

### 257 3.2. Combined pre-treatment

#### 258 3.2.1. Sequence determination

259 In order to investigate the interaction between ultrasound and ozone, various  
260 sequences were tested. The SCOD<sub>+</sub> changes in each sequence are shown in Fig. 3a and  
261 3b (TS: around 17 g L<sup>-1</sup>). The maximum SCOD<sub>+</sub> values obtained in the ULS-Ozone and  
262 Ozone-ULS sequences were around 4,000 and 3,800 mg L<sup>-1</sup>, respectively showing an  
263 improved COD solubilization compared to each individual treatment. Such SCOD  
264 concentration increase was slightly higher than the maximum SCOD increase (3,300 mg  
265 L<sup>-1</sup>) reported in a previous study treating WAS with combined ultrasonication and  
266 ozonation process (Xu et al., 2010). Although WAS has been shown to be more  
267 susceptible to ultrasonic pre-treatment than mixtures of PS and WAS, a higher  
268 solubilization was observed in this study in comparison to Xu et al. (2010). This is  
269 because the mixed sludge used in this study had a higher TS concentration (around 17 g  
270 L<sup>-1</sup>) than the WAS (around 10 g L<sup>-1</sup>) used in the previous work (Xu et al., 2010).  
271 Therefore, more solids were available for solubilization.

272 Although the SCOD<sub>+</sub> values were similar between the two selected sequences in most  
273 of the combination conditions, the Ozone-ULS sequence did not appear to be  
274 substantially advantageous because the SCOD<sub>+</sub> increase was marginal during the  
275 subsequent ultrasonication step, especially at high prior ozone dosage (e.g. 0.12 g O<sub>3</sub> g<sup>-1</sup>  
276 TS) as shown in Fig. 3b. This is because ozone significantly solubilized the solids in

277 sludge and fewer solids were available for the ultrasonic mechanical disruption.

278 Therefore, the ULS-Ozone sequence was chosen for subsequent experiments.

### 279 3.2.2. *Sludge solubilization*

280 Prior ultrasonication did not enhance the COD solubilization induced by ozone. The  
281 COD solubilized by ozone decreased with the prior ultrasonication energy as shown in  
282 Fig. 4a. For example, the SCOD<sub>+</sub> induced by 0.048 g O<sub>3</sub> g<sup>-1</sup> TS ozonation was 2,600 mg  
283 L<sup>-1</sup> for raw sludge but was only 1,500 mg L<sup>-1</sup> and 400 mg L<sup>-1</sup> for sludge which had been  
284 pre-ultrasonicated at 9 kJ g<sup>-1</sup> TS and 21 kJ g<sup>-1</sup> TS, respectively. This is because changes  
285 in SCOD concentration can be due to organic solubilization but also degradation of  
286 organics to oxidized species such as CO<sub>2</sub>. Previous works have shown that mineralization  
287 and degradation of the soluble organics due to ozone oxidation resulted in SCOD  
288 concentration decrease (Ahn et al., 2002; Erden and Filibeli, 2011).

289 Foladori et al. (2010) suggested that the VSS could be used as an alternative to  
290 represent the particulate organics in sludge sample. The VSS solubilization induced by  
291 ozone for both raw and pre-ultrasonicated sludge is shown in Fig. 4b. In contrast with the  
292 SCOD results, a greater VSS solubilization due to ozonation was obtained when the  
293 specific energy input was lower than 12 kJ g<sup>-1</sup> TS. The highest VSS solubilization  
294 induced by ozone was 41.3% when 0.048 g O<sub>3</sub> g<sup>-1</sup> TS ozonation was applied after 9 kJ g<sup>-1</sup>  
295 TS ultrasonication. The same ozone dosage applied without prior ultrasonication only  
296 induced 21.1% VSS solubilization. This implied that ultrasound made the organic solids  
297 easily disrupted by ozone. Agglomerations of particulates would have become smaller in  
298 size after ultrasonic dispersion resulting in a higher specific surface area, and therefore

299 affording a greater probability of contact with ozone. This is important because the half-  
300 live of ozone is only 30 min, and is likely much lower in practice as it may react with  
301 none target materials before it has the chance to do so with the target organic solids.  
302 Besides, smaller particles are more readily ozonated than bigger ones because of a lower  
303 mass transfer resistance (Cesbron et al., 2003). Similar synergistic solids solubilization  
304 was reported in a previous study when WAS was pre-treated. Yang et al. (2013) reported  
305 that combined ultrasonication and ozonation pre-treatment solubilized 6.1% more solids  
306 than ultrasound and ozone were applied individually. Results from this work confirmed  
307 the positive interaction between ultrasound and ozone pre-treatments also applied on a  
308 mixed PS and WAS sample.

309 VSS solubilization induced by ozone started to decrease when specific energy was  
310 higher than  $12 \text{ kJ g}^{-1} \text{ TS}$ . This was possibly due to the reaction between ozone and  
311 solubilized organics released by the prior ultrasound. Cesbron et al. (2003) showed that  
312 the soluble and particulate organics competed for ozone in a sludge ozonation system.  
313 There have more organics released after high energy ultrasonication ( $> 12 \text{ kJ g}^{-1} \text{ TS}$ ). The  
314 reaction between soluble organics and ozone became significant and less ozone was  
315 therefore available for the organic solids. This negated the positive effect of the prior  
316 ultrasonic dispersion resulting in the decrease of VSS solubilization induced by ozone.

### 317 3.2.3. *Molecular weight distribution*

318 In order to evaluate the size of the solubilization products by ozone when sludge was  
319 pre-ultrasonicated, the MW chromatograms of the ultrasonicated sludge and the  
320 ultrasonicated sludge with subsequent ozonation are shown in Fig. 5a and 5b. Organic

321 solids were mainly solubilized in the form of low MW components (8 min < Rt < 13.5  
322 min) as shown by the arrows in Fig. 5b. In addition, the response increase in high MW  
323 compounds was not as marked as was observed when sludge was only ozonated (as  
324 shown in Fig. 2b).

325 Some of the high MW components released by ultrasound were found to be very  
326 sensitive to ozone attack. The peak which represented high MW components (Rt: 4 min)  
327 disappeared after ozonation was applied as shown by an arrow in Fig. 5a. This suggested  
328 prior ultrasound released more organics which could be ozone scavengers. Consequently,  
329 the reaction between these soluble organics and ozone became more pronounced  
330 compared to the situation when ozone was directly applied to the raw sludge. It should be  
331 borne in mind that organic solids solubilization by ozone was also enhanced in  
332 ultrasonicated sludge ( $\leq 12 \text{ kJ g}^{-1} \text{ TS}$ ) as shown in Fig. 4b. This meant that the prior  
333 ultrasonication step enabled better utilization of ozone by the soluble and particulate  
334 organics in sludge. This is important because utilization of the applied ozone had  
335 significant influence on performance of a sludge ozonation system (Chu et al., 2008;  
336 Manterola et al., 2008).

337 Despite the synergistic effects caused by the combined treatment, the potential of  
338 refractory compounds formation should not be neglected. Yang et al. (2013) observed  
339 solubilization of humic acid-like substances when ozone was used to pre-treat WAS  
340 sample. Such solubilization was enhanced when the ultrasonication and ozonation pre-  
341 treatment were combined simultaneously (Yang et al., 2013). Therefore, it is reasonable  
342 to hypothesize such formation of humic acid-like substances may also happen when

343 ultrasonication and ozonation were applied sequentially. Macromolecules containing  
344 humic acids (such as extracellular polymeric substances) were first mechanically released  
345 due to the ultrasonication and then chemically degraded to humic acid-like substances  
346 and other compounds due to the ozone oxidation. This might also contribute to the  
347 degradation of high MW components (Rt: 4 min) as shown in Fig. 5b. In addition,  
348 solubilization of the PS fraction may also contribute to such formation of refractory  
349 products. For example, residual toilet paper fibres or lint commonly found in PS contains  
350 lignin which could be degraded into humic acids due to the ultrasonication-ozonation pre-  
351 treatment.

### 352 *3.3. Anaerobic digestion*

353 Change of the anaerobic biodegradability of the raw sludge, ozonated sludge,  
354 ultrasonicated sludge, and ULS-Ozonated sludge during the BMP assay is shown in Fig.  
355 6. Biodegradability of the ultrasonicated sludge increased in the first 4 d of the anaerobic  
356 digestion. However, a lag phase was observed for both ozonated sludge and ULS-  
357 Ozonated sludge in the first 4 d of the anaerobic digestion. Their corresponding  
358 biodegradabilities in the first 4 d were lower than the raw sludge. This was because the  
359 oxidized species generated by ozone had inhibited the methanogens as these are known to  
360 thrive at very low redox potentials (Weemaes et al., 2000). After d 7, most of the  
361 oxidized species were reduced via acidification and no further inhibition effect was  
362 observed. The biodegradability increased much faster in the ozonated and the ULS-  
363 Ozonated sludge compared to the raw and ultrasonicated sludges. For all the tested

364 samples, the increase in biodegradability became insignificant after 15 d of anaerobic  
365 digestion and reached plateau values after 22 d.

366 The combined ULS-ozonation pre-treatment resulted in an ultimate biodegradability  
367 of 265 mL CH<sub>4</sub> g<sup>-1</sup> COD<sub>added</sub> which was 34.7% more compared to the raw sludge (196  
368 mL CH<sub>4</sub> g<sup>-1</sup> COD<sub>added</sub>). However, the sum of ultimate biodegradability increase (BI) was  
369 only 27.7% when ultrasonication (9.9%) and ozonation (17.8%) had been applied at the  
370 same conditions. Therefore, 25.7% increase in BI [Calculation demonstration: (34.7%-  
371 27.7%)/27.7% × 100%] could be obtained when ultrasonication and ozonation were  
372 sequentially combined. One possibility of this synergistic increase is the synergistic VSS  
373 solubilization as mentioned in Section 3.2.2. Besides, the MW reduction in the sequential  
374 combined treatment may also contribute to the synergistic biodegradability increase.  
375 Eskicioglu et al. (2006) indicated that the macromolecules with MW higher than 300 kDa  
376 were mostly complex cell fragments and humic acids which were harder to be  
377 anaerobically biodegraded. In this work, the soluble high MW components (MW > 500  
378 kDa) released by ultrasound were effectively degraded by ozone and most of the organic  
379 solids were solubilized to low MW components (MW < 27 kDa) which benefited the  
380 subsequent anaerobic digestion.

381 However, it should be noted that the increases in methane production were only 10.9%,  
382 6.6% and 15.4% after the ultrasonication, ozonation and ultrasonication-ozonation pre-  
383 treatment, respectively. These figures were lower than the increases in the anaerobic  
384 biodegradability for the ozonated and ULS-Ozonated sludge. This was related to the  
385 degradation of sludge caused by the ozonation process (as indicated by the decrease in

386 substrate TCOD concentration shown in Section 2.5). Although anaerobic  
387 biodegradability was improved by oxidizing the hardly degradable components in sludge,  
388 some biodegradable organics were also lost during the ozonation. The energy balance  
389 was calculated as introduced in Section 2.5 and detailed calculation is shown in  
390 supplementary material Table S1. The energy balances were 93.8, -42, -386, and -523.8  
391 kJ, for one litre of the raw sludge, ultrasonicated, ozonated sludge and ULS-Ozonated  
392 sludge, respectively. This indicated the tested pre-treatment conditions were not  
393 economically feasible, especially when ozone was used. Reduction of ozone dosage  
394 would not only save some energy but also reduce the loss of biodegradable organics  
395 during ozonation. It should also be noted that the laboratory scale ultrasonication and  
396 ozonation processes could not be operated at equally high intensity and efficiency as  
397 operated in a full scale plant (Pérez-Elvira et al., 2009). These aforementioned factors  
398 could be responsible for the negative energy balance obtained in this study.

399 The authors had tried to compare the anaerobic digestion results of this work with  
400 previous studies. However, only one report on the methane production increasing after  
401 combined ultrasonication and ozonation pre-treatment could be identified. Consequently,  
402 the results from this study were not only compared with studies using the same pre-  
403 treatment method but also with those using other pre-treatment methods such as shown in  
404 Table 2. Xu et al. (2010) showed anaerobic biodegradability increased by 93%, 100% and  
405 75% after 30, 45 and 120 min of simultaneous combined ultrasonication and ozonation  
406 pre-treatment. In addition, their results also suggested over dosage of ozone could have  
407 negative effect on methane production. This highlighted the importance of identifying the  
408 appropriate ozone dosage for the combined ultrasonication-ozonation pre-treatment

409 process. Seng et al. (2010) suggested methane production after ultrasonication pre-  
410 treatment could be further enhanced by alkaline pre-treatment. Although the increases  
411 due to ozone (from 10.9% to 15.4%) and alkaline (from 12.8% to 17.3%) pre-treatments  
412 were similar, the ozone pre-treatment does not add dissolved solids to the sludge unlike  
413 the alkaline pre-treatment (e.g. sodium ions). In the literature review, the steam-explosion  
414 pre-treatment was noted to have very good performance as shown in Table 2. Steam-  
415 explosion pre-treatment not only imposes mechanical shear effect on the sludge from the  
416 moisture expansion but also thermally and chemically disintegrates the sludge with the  
417 high temperature steam (Zhao et al., 2013). The steam-explosion pre-treatment resulted in  
418 higher methane production increase (+52% and +100%) than that induced by the  
419 combined ultrasonication-ozonation pre-treatment (+15.4%) as reported in this study.  
420 However, Dereix et al. (2006) also indicated the extra energy recovered could not  
421 compensate for the energy cost of the pre-treatment process. This indicated both the  
422 ultrasonication-ozonation and steam-explosion pre-treatments required further studies if a  
423 positive energy balance is to be achieved.

#### 424 *3.4. Anaerobic kinetics analysis*

425 The impact of each pre-treatment process on the methane production kinetics was  
426 analyzed. The fitted curves are as shown in supplementary materials Fig. S2 and the  
427 kinetic parameters obtained are summarized in Table 3. The regression coefficients ( $R^2$ )  
428 were all higher than 95%, indicating the modified Gompertz model was suitable for the  
429 kinetic prediction in this instance. The predicted  $P_{\max}$  was in good agreement with the  
430 methane production results as mentioned in Section 3.3. Negative  $\lambda$  values were obtained

431 for the raw and ultrasonicated sludge. This suggested the anaerobic digestion had not  
432 been inhibited. These negative  $\lambda$  values were omitted because these are only  
433 mathematically possible but not possible in reality (Nevot et al., 2007). Due to the  
434 inhibition effect of ozone as mentioned in Section 3.3, the ozonated and ULS-Ozonated  
435 sludge yielded positive  $\lambda$  values of 1.75 and 1.72, respectively. The  $R_{\max}$  of raw sludge  
436 was improved from 3.53 to 4.32 and 4.21 mL CH<sub>4</sub> d<sup>-1</sup> after the ultrasonication and  
437 ozonation pre-treatment, respectively. Ozonation following the ultrasonication process  
438 further increased the  $R_{\max}$  to 4.54 mL CH<sub>4</sub> d<sup>-1</sup>. This is because some organics in the ULS-  
439 Ozonated sludge were converted to other easily biodegradable substances (e.g. VFAs)  
440 instead of methane during the inhibition period. Once the methanogens were acclimated,  
441 these easily biodegradable organics were rapidly converted to methane which contributed  
442 to the higher methane production rate.

#### 443 **4. Conclusions**

444 Ultrasound and ozone were found to disrupt the sludge differently and induce  
445 synergistic effects when sequentially combined. The ULS-Ozone sequence was shown to  
446 be advantageous compared to the Ozone-ULS sequence. The ULS-Ozone sequence pre-  
447 treatment had worked as follows:

- 448 • Prior ultrasonication helped disperse the biological flocs and enhanced the  
449 reaction between ozone and the organic solids.
- 450 • The resulting organic solids were then solubilized by ozone in the form of low  
451 MW organics (MW < 27 kDa).
- 452 • The concentration increase of high MW compounds (MW > 500 kDa) during the

453 ozonation had then also not been significant.

- 454 • Ozone utilization by the ultrasonicated sludge was better compared to non  
455 ultrasonicated sludge. Some of the high MW compounds solubilized by  
456 ultrasound were likely ozone scavengers and hence effectively degraded by ozone.
- 457 • Synergistic sludge biodegradability increase was observed due to the  
458 aforementioned synergistic actions.
- 459 • The maximum methane production rate for the ultrasonicated sludge was further  
460 improved due to the subsequent ozonation process.

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464 Water Solutions Herford GmbH for providing the ozone generator.

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589

590 List of Tables:

591 **Table 1 Characteristics of raw sludge**

Parameter	Value range
Total solids (g L <sup>-1</sup> )	16.2-17.2
Volatile solids (g L <sup>-1</sup> )	12.6-13.4
Total suspended solids (g L <sup>-1</sup> )	15.5-15.9
Volatile suspended solids (g L <sup>-1</sup> )	12.4-13.3
Total COD (mg L <sup>-1</sup> )	16,800-25,000
Soluble COD (mg L <sup>-1</sup> )	700-1,200
Equivalent COD of soluble proteins (mg L <sup>-1</sup> )	<100
Equivalent COD of soluble carbohydrates (mg L <sup>-1</sup> )	<50

592

593 **Table 2 Summary of the anaerobic digestion results from this work and previous studies**

References	Pre-treatment conditions	Anaerobic digestion conditions	Methane production increase
This study	ultrasonication (9 kJ g <sup>-1</sup> TS)	Batch, 30 d	+10.9%
(PS/WAS)	ultrasonication (9 kJ g <sup>-1</sup> TS)/ozonation (0.036 g O <sub>3</sub> g <sup>-1</sup> TS)		+15.4%
Dereix et al. (2006)	Steam-explosion, 220 °C, 2.07 MPa	Batch, 65 d	+52%
(TWAS/biosolids)	Steam-explosion, 260 °C, 4.14 MPa		+100%
Seng et al. (2010)	ultrasonication (3.8 kJ g <sup>-1</sup> TS)	Semi-continuous, SRT <sup>a</sup> : 25 d	+12.8%
(WAS)	ultrasonication (3.8 kJ g <sup>-1</sup> TS)/alkaline (0.01 g NaOH g <sup>-1</sup> TS)		+17.3%
Xu et al. (2010)	ultrasonication/ozonation (30 min)	Batch, 14 d	+93% <sup>b</sup>

(WAS)	ultrasonication/ozonation (45 min)	+106% <sup>b</sup>
	ultrasonication/ozonation (120 min)	+75% <sup>b</sup>

594 <sup>a</sup> Solids retention time

595 <sup>b</sup> Increase based on anaerobic biodegradability (i.e. mL CH<sub>4</sub> g<sup>-1</sup> COD<sub>added</sub>)

596

597 **Table 3 Summary of the methane production kinetics analysis**

Sludge	P <sub>max</sub> (mL CH <sub>4</sub> )	R <sub>max</sub> (mL CH <sub>4</sub> d <sup>-1</sup> )	λ (d)	R <sup>2</sup> (%)
Raw	33.3	3.53	-	96.7
Ultrasonicated	36.5	4.32	-	97.2
Ozonated	36.1	4.21	1.75	99.5
ULS-Ozonated	39.5	4.54	1.72	99.5

598

599 **Table S1** Energy balance analysis as in one litre of raw and pre-treated sludges

Sludge	Methane produced (L)	Energy recovered as electricity <sup>a</sup> (kJ)	Energy recovered as waste heat <sup>a</sup> (kJ)	Energy input for the pre-treatment (kJ)	Energy balance (kJ)
		A	B	C	D = C – A – B
Raw	3.45	35.2	58.6	-	93.8
Ultrasonicated	3.83	39	65	146	-42
Ozonated	3.68	37.5	62.5	486	-386
ULS-Ozonated	3.98	40.6	67.6	632	-523.8

600 <sup>a</sup> Calorific value of methane is 33.94 kJ<sup>-1</sup>L and 30% of the combustion heat was assumed to be recovered  
601 as electricity and 50% of the combustion heat was assumed to be recovered as waste heat

602

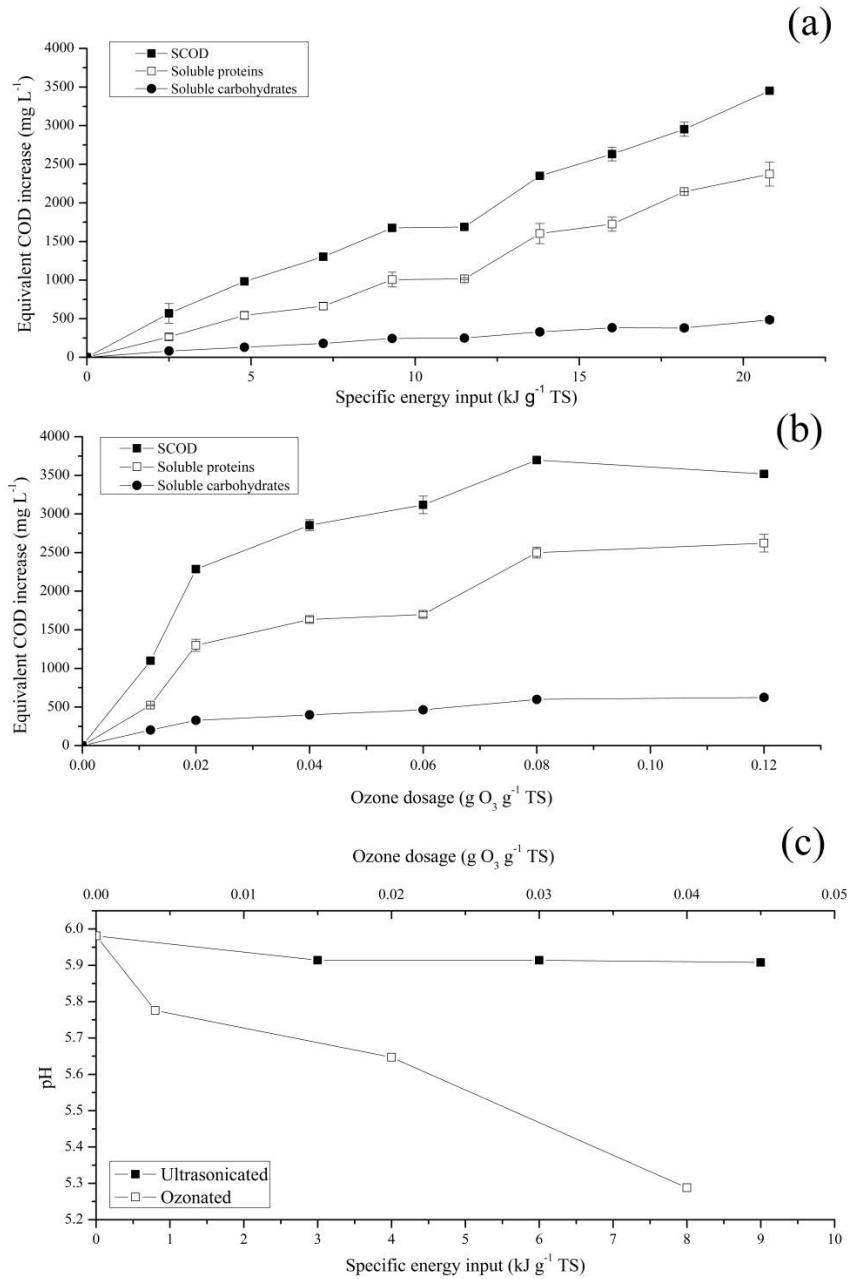
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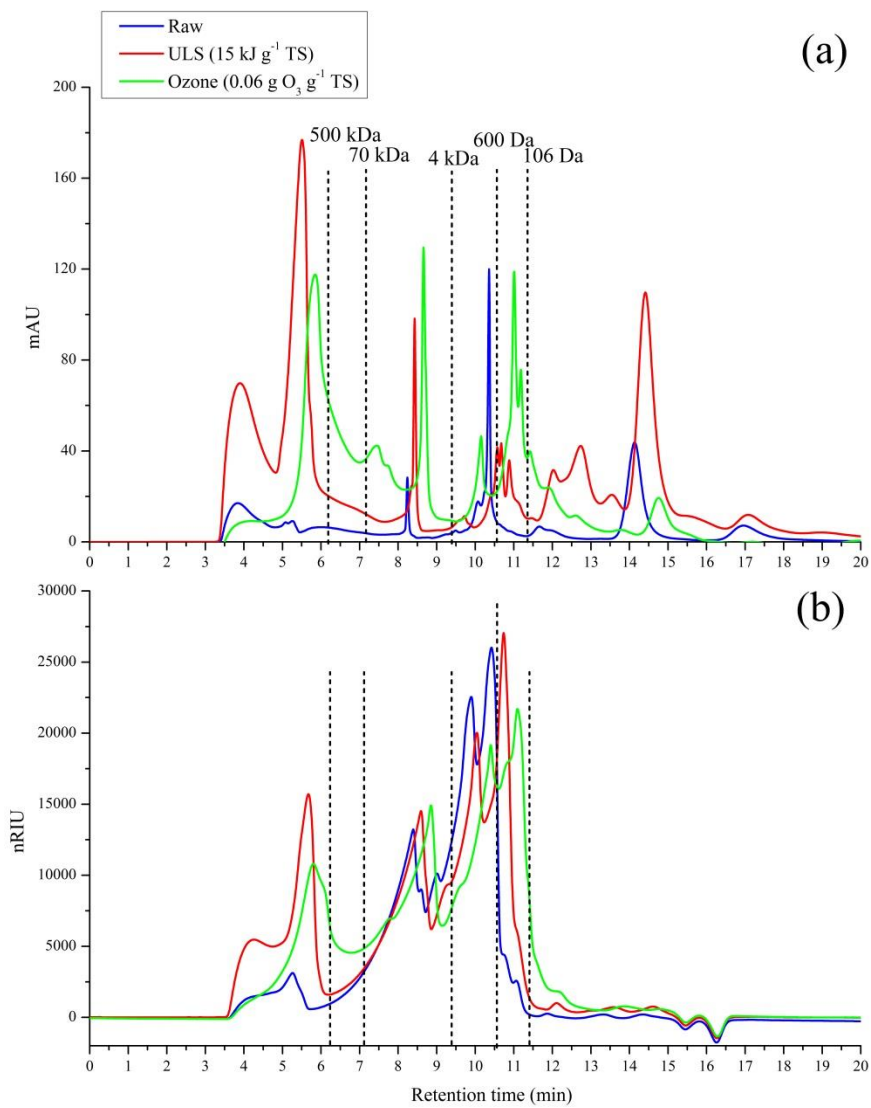
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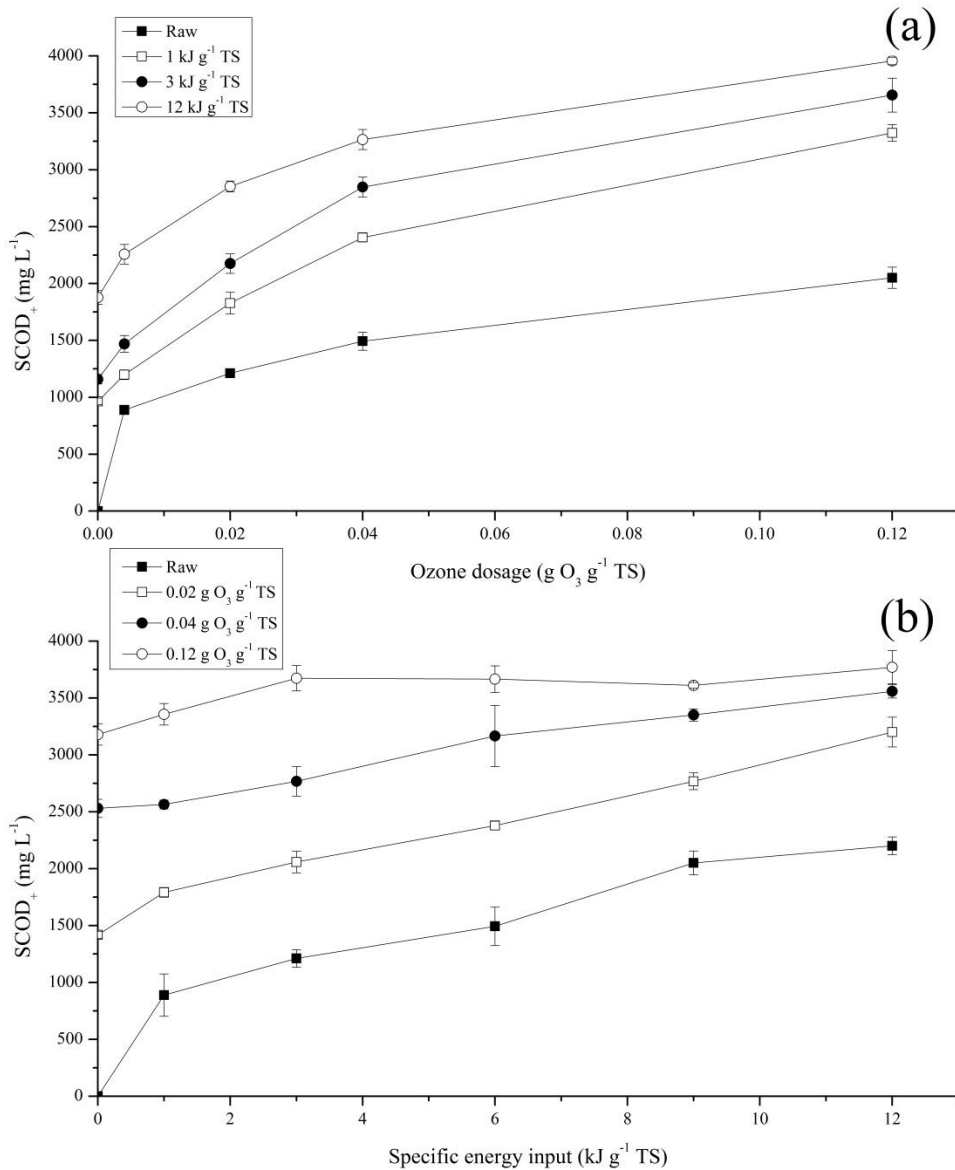
609 **Figure 1 (a) Increase of COD, equivalent COD of proteins and carbohydrates in soluble phase with**  
 610 **specific energy input in individual ultrasonication (b) Increase of COD, equivalent COD of proteins**  
 611 **and carbohydrates in soluble phase with ozone dosage in individual ozonation (c) Change in pH with**  
 612 **specific energy input and ozone dosage (SCOD<sub>+</sub>: the SCOD increase induced by pre-treatment)**



613

614 **Figure 2** MW distribution chromatograms of the soluble substances in raw sludge, ultrasonicated  
 615 **sludge (15 kJ g<sup>-1</sup> TS) and ozonated sludge (0.06 g O<sub>3</sub> g<sup>-1</sup> TS) in (a) UV signal (254 nm) (b) RI signal**

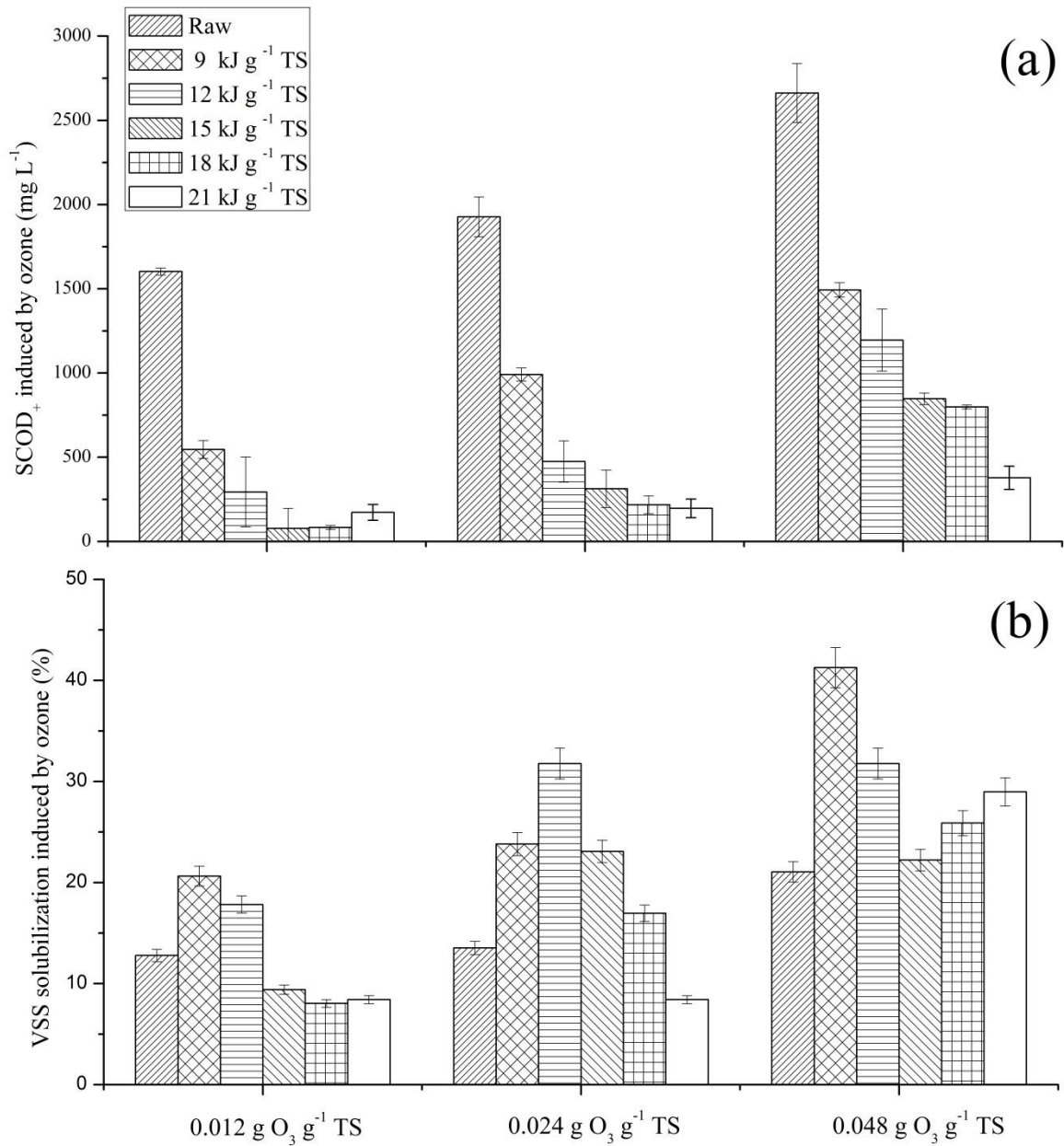
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617

618 **Figure 3 (a) Change in SCOD<sub>+</sub> with ozone dosage for raw and ultrasonicated (at various specific**  
 619 **ultrasonic energy inputs) in sequence of ULS-ozone (b) Change in SCOD<sub>+</sub> with specific energy input**  
 620 **for raw and ozonated sludge (at various ozone dosages) in sequence of Ozone-ULS (SCOD<sub>+</sub>: the**  
 621 **SCOD increase induced by pre-treatment)**

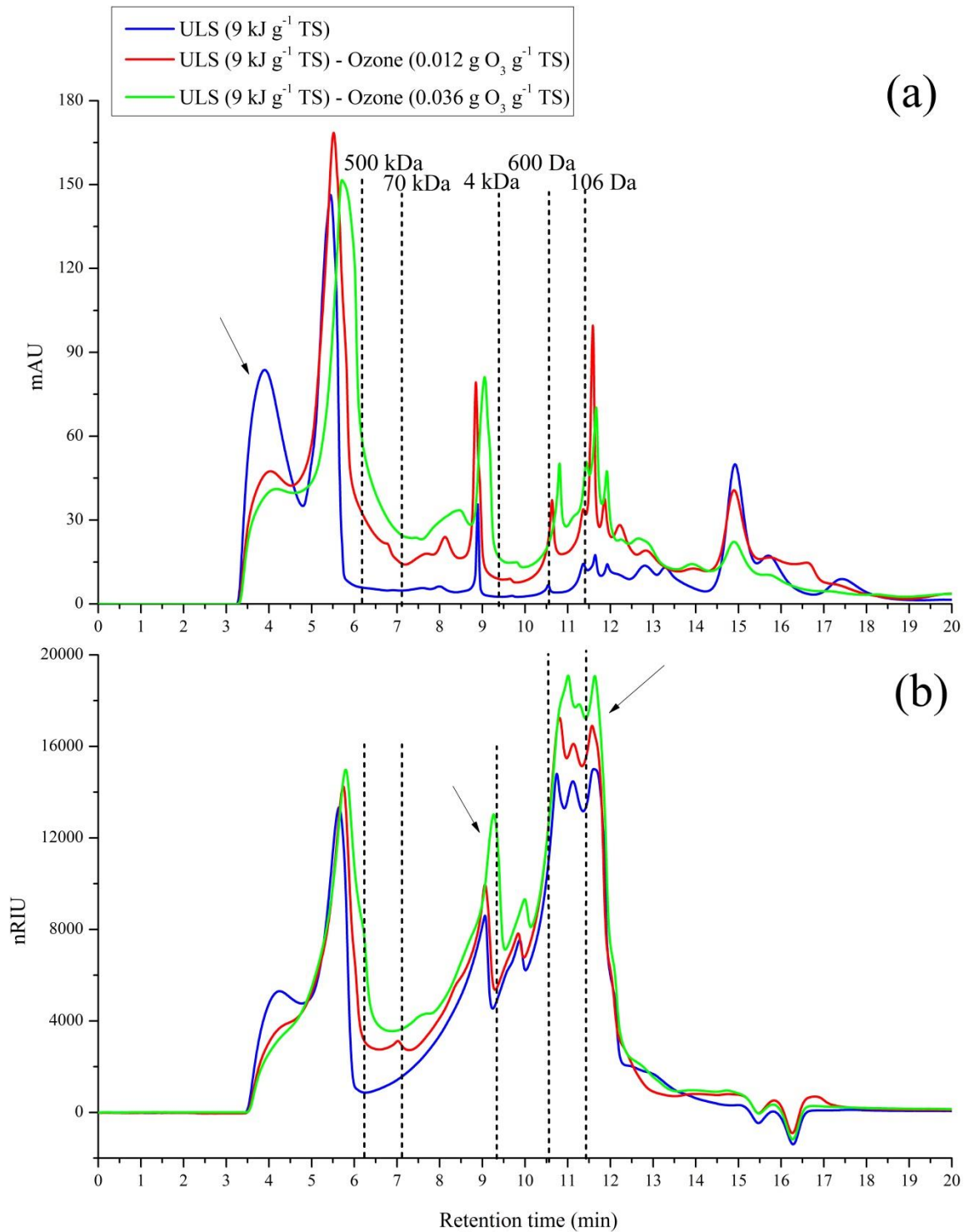
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623

624 **Figure 4(a) SCOD<sub>+</sub> induced by different ozone dosages for raw sludge and ultrasonicated sludge (at**  
 625 **various specific energy inputs) (b) VSS solubilization induced by different ozone dosages for raw**  
 626 **sludge and ultrasonicated sludge (at various specific energy inputs)**

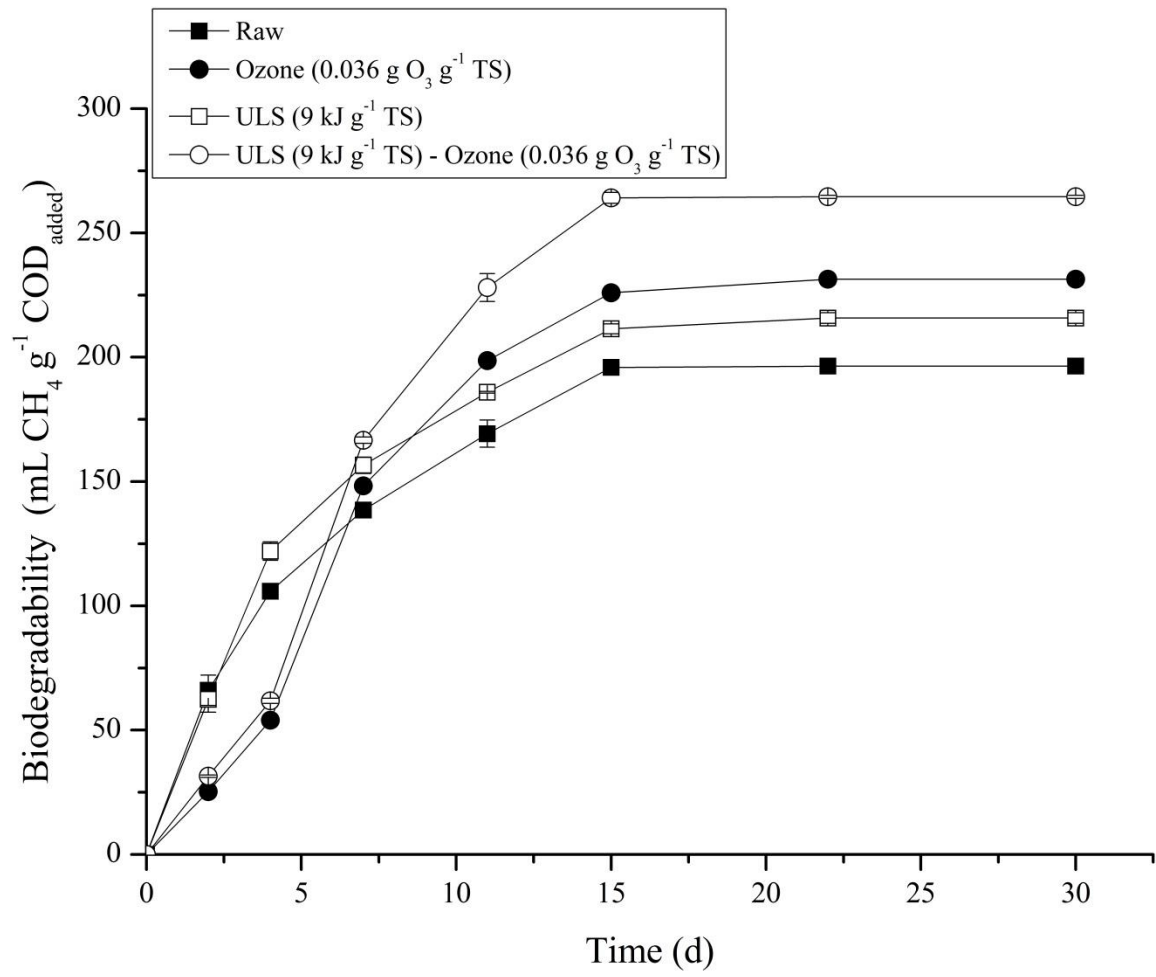
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628

629 **Figure 5** MW distribution chromatograms of the soluble substances in ultrasonicated sludge (9 kJ g<sup>-1</sup>  
 630 TS) and ultrasonicated sludge (9 kJ g<sup>-1</sup> TS) with various subsequent ozone dosages in (a) UV signal  
 631 (254 nm) (b) RI signal

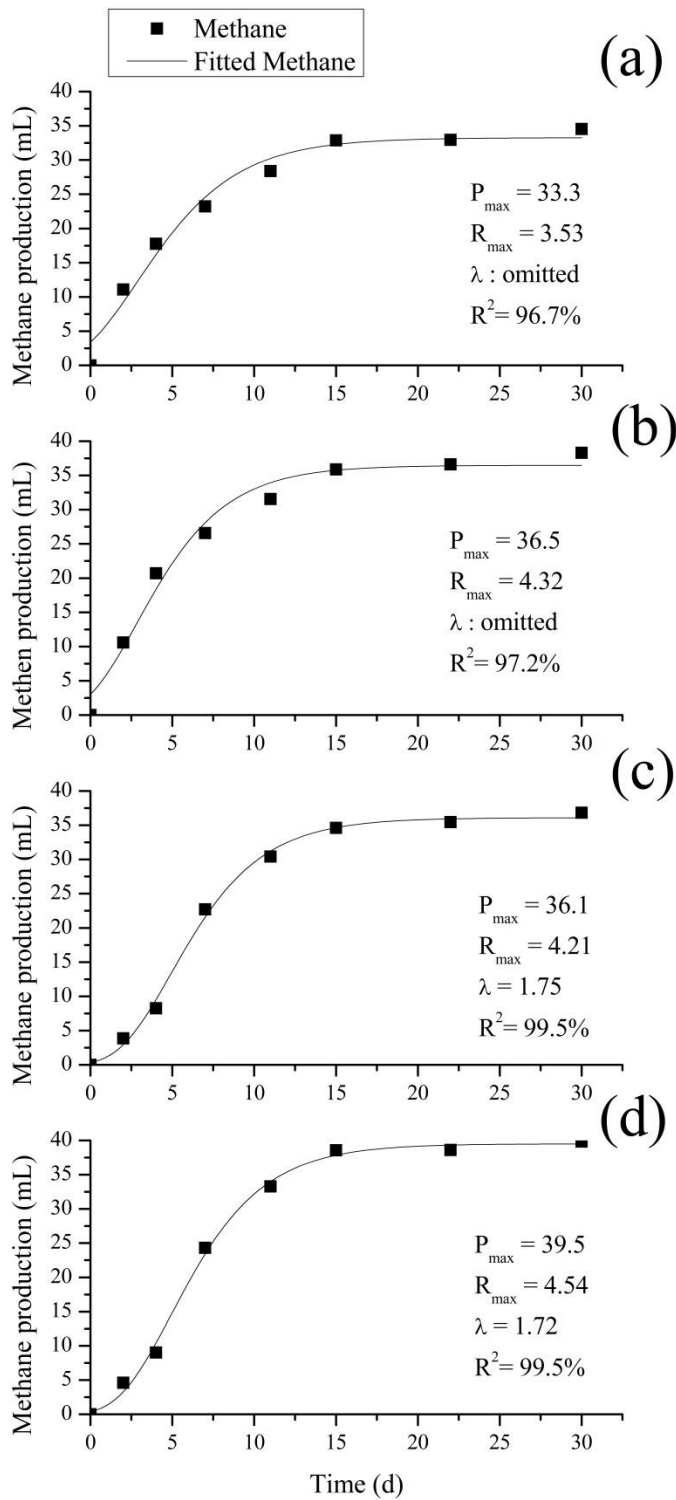
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633

634 **Figure 6 Results of BMP assays for raw sludge, ozonated sludge, ultrasonicated sludge and ULS-**  
 635 **Ozonated sludge**

636



637

638 **Figure S2 Modelling of the methane production of (a) raw sludge (b) ultrasonicated sludge (c)**  
 639 **ozonated sludge (d) ULS-Ozonated sludge with the modified Gompertz equation**

640