

1 **Comparison of different treatment methods for protein solubilisation from waste activated**  
2 **sludge**

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16

17 **Abstract**

18 Biomaterials recovery from wasted sludge has become an increasing interesting research  
19 topic. The purpose of this study was to systemically evaluate different sludge disintegration  
20 methods (ultrasonic, alkaline, and thermal treatments) for protein solubilisation from waste  
21 activated sludge (WAS). Compared to control without treatment, the soluble protein

22 concentration increased by 11, 23 and 12 times under the optimal treatment conditions  
23 (ultrasonic treatment of 1 W mL<sup>-1</sup>, alkaline treatment of pH 12 and thermal treatment at 80°C).  
24 The increased soluble protein were significantly correlated with the release of total organic  
25 carbon (TOC), total dissolved nitrogen (TDN) and total organic nitrogen (TON) in soluble EPS,  
26 and the degradation of above parameters in tightly bound EPS. For all sludge samples treated by  
27 various methods, tyrosine-like protein with molecular weight less than 20 kDa predominated,  
28 and alkaline treatment at pH 12 showed the highest protein dominance. Further surface analysis  
29 of sludge by X-ray photoelectron spectroscopy indicated this might be related with the  
30 significant protein-N conversion occurred at pH 12. The economic analysis indicated alkaline  
31 treatment at pH 12 was economically feasible with a net saving of 25.57 USD per ton wet sludge  
32 compared to conventional sludge treatment and disposal method.

33

#### 34 **Keywords**

35 Treatments; Protein solubilisation; Extracellular polymeric substances; Molecular weight  
36 distribution; N-containing component

37

#### 38 **Abbreviations**

39 C	Specific heat of sludge
40 DOM	Dissolved organic matter
41 DOC	Dissolved organic carbon
42 EE	Electrical energy

43	Em	Emission
44	EPS	Extracellular polymeric substances
45	Ex	Excitation
46	HCl	Hydrochloride acid
47	HMW	High molecular weight
48	L1	Region I in loosely bound extracellular polymeric substances
49	L2	Region II in loosely bound extracellular polymeric substances
50	L3	Region III in loosely bound extracellular polymeric substances
51	L4	Region IV in loosely bound extracellular polymeric substances
52	L5	Region V in loosely bound extracellular polymeric substances
53	LB EPS	Loosely bound extracellular polymeric substances
54	LC-OCD-OND	Liquid chromatography organic carbon and nitrogen detection
55	LMW	Low molecular weight
56	NaOH	Sodium hydroxide
57	N1	Inorganic-N
58	N2	Protein-N
59	N3	Pyridine-N

60	N4	Pyrrole-N
61	N5	Quaternary-N
62	N6	Nitrile-N
63	$\rho$	Density of sludge
64	P	Ultrasonic power
65	pKa	Acid dissociation constant at logarithmic scale
66	Q	Heat energy
67	S1	Region I in soluble extracellular polymeric substances
68	S2	Region II in soluble extracellular polymeric substances
69	S3	Region III in soluble extracellular polymeric substances
70	S4	Region IV in soluble extracellular polymeric substances
71	S5	Region V in soluble extracellular polymeric substances
72	SB EPS	Soluble Extracellular polymeric substances
73	T1	Region I in tightly bound extracellular polymeric substances
74	T2	Region II in tightly bound extracellular polymeric substances
75	T3	Region III in tightly bound extracellular polymeric substances
76	T4	Region IV in tightly bound extracellular polymeric substances

77	T5	Region V in tightly bound extracellular polymeric substances
78	t	Sonication time
79	T <sub>i</sub>	Initial temperature
80	T <sub>f</sub>	Final temperature
81	TB EPS	Tightly bound extracellular polymeric substances
82	TDN	Total dissolved nitrogen
83	TKN	Total Kjeldahl nitrogen
84	TON	Total organic nitrogen
85	TS	Total solids
86	TSS	Total suspended solids
87	USD	The United States dollar
88	V	Volume of sludge treated
89	VS	Volatile solids
90	VSS	Volatile suspended solids
91	WAS	Waste activated sludge
92	XPS	X-ray photoelectron spectroscopy

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## 95 1. Introduction

96 A large amount of waste activated sludge (WAS) produced during municipal and industrial  
97 wastewater treatment process has been considered as an inevitable drawback for bioprocesses,  
98 and its disposal and treatment poses a big challenge to the operation of wastewater treatment  
99 plants (Yan *et al.*, 2013). WAS has a complex floc structure that consists of different  
100 microorganisms, organic and inorganic matter agglomerated together in a polymeric network  
101 formed by cations and microbial extracellular polymeric substances (EPS) (Frølund *et al.*, 1996).  
102 In view of fact that WAS contains a number of economically useful organic substances, such as  
103 proteins, enzymes, nucleic acids, polysaccharides, recovering useful biomaterials (i.e. methane,  
104 hydrogen, and volatile fatty acids) from excess sludge through physiochemical or biological  
105 processes has received great attention recently (Li *et al.*, 2016, Wang *et al.*, 2015a, Wang *et al.*,  
106 2015b).

107 Protein accounts for about 50% of the dry weight of bacterial cells in waste activated sludge  
108 (Shier and Purwono, 1994). The steps for protein recovery from sludge typically included  
109 screening, treatments, filtration, protein precipitation from protein solution, drying of protein  
110 precipitate and the recovery of final protein product (crude protein) (Chishti *et al.*, 1992). The  
111 recovered protein (i.e. crude protein) can be used as feed stuff (Hwang *et al.* 2008) and wood  
112 adhesive (Pervaiz and Sain, 2011), which would help to mitigate global energy shortage. Prior to  
113 protein recovery, solubilisation of WAS is necessary. Methods for sludge solubilisation have  
114 been investigated for years, including physical (Tian *et al.*, 2016), chemical (Xiang *et al.*, 2017)  
115 and biological methods (Luo *et al.*, 2012, Yang *et al.*, 2010), with thermal, ultrasonic, and  
116 chemical treatments typically used to solubilize both intracellular (within the microbial cells) and  
117 extracellular (within the polymeric network) materials before sludge digestion step.

118 Ultrasonication can form cavitation bubbles in the liquid phase and it may also induce  
119 chemical reactions by forming  $\text{OH}\cdot$ ,  $\text{HO}_2\cdot$ , and  $\text{H}\cdot$  radicals at high frequencies, thus solubilize  
120 proteins from sludge (Salsabil *et al.*, 2009). Feng *et al.* (2009) reported soluble protein increased  
121 from 538.33 to 1000  $\text{mg L}^{-1}$  with specific energy input increased from 0 to 26000  $\text{KJ kg}^{-1}$  dry  
122 solids. Alkaline treatment is one of the most widely used chemical methods for protein  
123 solubilisation from sludge, with advantages of simple manufacturing of device, easy operation  
124 and high efficiency (Weemaes and Verstraete, 1998). Alkali can induce solubilisation of  
125 membrane proteins, saponification of the membrane lipids and damage the microbial cell  
126 (Mendonca *et al.*, 1994). Yuan *et al.* (2006b) found during alkaline treatment of waste activated  
127 sludge, soluble protein increased by 200  $\text{mg L}^{-1}$  at pH 8, 600  $\text{mg L}^{-1}$  at pH 9, 1000  $\text{mg L}^{-1}$  at pH  
128 10 and 1010  $\text{mg L}^{-1}$  at pH 11. While for thermal treatment, mild temperature treatment has drawn  
129 more attention recently compared to high temperature treatment ( $> 100\text{ }^\circ\text{C}$ ) and high pressure ( $>$   
130 10 M), as the latter required high energy input and dedicated equipment (Xue *et al.*, 2015).  
131 Zhang *et al.* (2015a) reported soluble protein increased from 50  $\text{mg L}^{-1}$  at  $35\text{ }^\circ\text{C}$  to 300  $\text{mg L}^{-1}$  at  
132  $80\text{ }^\circ\text{C}$ , 600  $\text{mg L}^{-1}$  at  $100\text{ }^\circ\text{C}$  and 1600  $\text{mg L}^{-1}$  at  $120\text{ }^\circ\text{C}$  during thermal treatment of dewatered  
133 activated sludge. However, most of these studies just considered how to increase the soluble  
134 protein content, and the energy consumption and cost accompanied are largely ignored.  
135 Therefore, cost and energy input need to be carefully analyzed when investigating the feasibility  
136 of each treatment method. Moreover, contradictory results about the best treatment method for  
137 protein solubilisation existed, i.e. Yu *et al.* (2014) reported protein solubilisation efficiency was  
138 in sequence of electrochemical  $>$  thermal-alkaline  $>$  thermal  $>$  alkaline, while Chishti *et al.* (1992)  
139 reported alkaline treatment was the best method for protein recovery from sludge. A more

140 systematic and detailed investigation of these treatments on protein solubilisation is necessary,  
141 with purpose of obtaining a more appropriate and economically feasible treatment method.

142 The organic material solubilized by ultrasonic, thermal, and alkaline treatments can be both  
143 intracellular material (cytoplasm) and extracellular organic compounds contained in the bacterial  
144 flocs (Gonze *et al.*, 2003). Extracellular polymeric substances (EPS) was a more significant  
145 contributor to the sludge mass compared to the intracellular material, as it accounts up to 80% of  
146 sludge biomass (Liu and Fang, 2003) and is a significant component in microbial aggregates for  
147 keeping them together in a three-dimensional matrix (Sheng *et al.*, 2006). EPS can be  
148 categorized as soluble EPS (SB EPS), loosely bound EPS (LB EPS), and tightly bound EPS (TB  
149 EPS), and are composed of biopolymers, i.e. proteins, carbohydrates, humic acid-like substances,  
150 uronic acids, nucleic acids (Xiao *et al.*, 2016). To our best knowledge, most previous studies on  
151 protein solubilisation have not specifically and precisely addressed the contribution of EPS. For  
152 instance, the correlation between solubilized protein and EPS content, composition, and  
153 stratification are limited. Consequently, the essential role played by EPS still needs further  
154 identification during protein solubilization with different treatment methods. Moreover, some  
155 studies have characterized protein in EPS in terms of protein content (Yuan *et al.*, 2006a),  
156 protein composition (Jorand *et al.*, 1998), and molecular weight (Görner *et al.*, 2003). Different  
157 treatment methods may alter the related protein molecular weight and type (Dewit and  
158 Klarenbeek, 1984, Wang *et al.*, 2016, Xiang and Wang, 2015). For example, the protein  
159 molecular weight would largely affect the properties of final protein product, i.e. wood adhesive  
160 through affecting the contact surface and interacting groups (Liu *et al.*, 2017), while the protein  
161 type can affect the final amino acid composition of crude protein, thus affecting its application as  
162 feed stuff (Chishti *et al.*, 1992). Nevertheless, little is known about the effects of the above

163 mentioned treatment methods on the changes of protein characteristics i.e. protein molecular  
164 weight and type (Xin *et al.*, 2009, Zhang *et al.*, 2015a).

165 Protein is made up of organic nitrogen (Aquino and Stuckey, 2004). Ultrasonic treatment can  
166 decrease the organic nitrogen in particles and increase it in soluble phase (Bougrier *et al.*, 2005).  
167 The nitrogen content in solid/liquid correlated with protein solubilisation or decomposition  
168 extent (Réveillé *et al.*, 2003, Tian *et al.*, 2014). Understanding the nitrogen species distribution in  
169 liquid and solid fractions would offer mechanistic insights into nitrogen transformation during  
170 protein solubilisation. There are, however, very few reports on the detailed transformation  
171 pathways of nitrogenous species in solid and liquid phases during protein solubilisation by  
172 different treatment methods. It is not clear if the treatment methods would affect the nitrogenous  
173 species transformation pathways. Moreover, the correlation between N-containing compounds  
174 and protein solubilisation has not been investigated in details.

175 The objectives of this study were to evaluate and compare different treatment methods for  
176 protein solubilisation. The qualitative characteristics of protein, and their relationship with EPS  
177 fractions were investigated. The changes of protein molecular weight and type were studied. The  
178 transformation pathways of nitrogenous species in solid and liquid phases during protein  
179 solubilisation were investigated. Economic assessment of different treatment methods on protein  
180 solubilisation was conducted to investigate the feasibility of each treatment method.

## 181 **2. Materials and methods**

### 182 **2.1. Source and characteristics of waste activated sludge**

183 Waste activated sludge was obtained from a local wastewater treatment plant in Singapore.  
184 The sludge was concentrated by settling for approximately 24 h at 4 °C prior to use. The total

185 solids (TS), volatile solids (VS), total suspended solids (TSS), and volatile suspended solids  
186 (VSS) of the sludge were  $11.49 \pm 1.11$ ,  $8.77 \pm 0.59$ ,  $9.70 \pm 0.41$  and  $7.92 \pm 0.40$  g L<sup>-1</sup>. The pH of  
187 WAS was 6.3.

## 188 2.2. Sludge treatment methods

189 For thermal treatment, temperature below 100 °C can be considered as mild thermal treatment  
190 (Gavala *et al.*, 2003). A series of experiments were conducted in a 150 mL thermal reactor  
191 equipped with a thermometer and magnetic stirrer. For each test, the sludge sample was first  
192 preheated to designed temperatures (25, 40, 60 and 80 °C) and maintained at desired temperature  
193 for 30 mins, with stirring speed controlled at 200 rpm to avoid temperature gradients.

194 For alkaline treatment, pH of sludge samples (150 mL) was adjusted to 8, 10, and 12 with  
195 hydrochloride acid (HCl) (5 mol L<sup>-1</sup>) and sodium hydroxide (NaOH) (5 mol L<sup>-1</sup>). After pH  
196 adjustment, sludge samples were shaken at 150 revolutions per minute (rpm) for 30 min in an  
197 incubator at room temperature (25 °C) (Sartorius Stedim Biotech, Germany).

198 For ultrasonic treatment, the energy intensity was set at 0 W mL<sup>-1</sup> (no sonication), 0.25 W  
199 mL<sup>-1</sup> (specific energy input of 3.04 kJ g<sup>-1</sup> TS), 0.5 W mL<sup>-1</sup> (specific energy input of 6.10 kJ g<sup>-1</sup>  
200 TS) and 1 W mL<sup>-1</sup> (specific energy input of 10.71 kJ g<sup>-1</sup> TS) by adjusting the input power with a  
201 fixed sludge volume (150 mL) for 2 mins, which was the optimum treatment duration based on  
202 previous study (Xiao *et al.*, 2016). Ultrasonic treatment was performed with an ultrasonicator  
203 (Q700, Misonix Qsonica, Newton, CT, USA). The tip of the sonication probe was centrally  
204 placed 1 cm into sludge samples held in a beaker. Temperature of sludge samples in the beaker  
205 was maintained at  $25 \pm 1$  °C with ice bath where necessary.

## 206 2.3. Analytical methods

### 207 **2.3.1. Characteristics of waste activated sludge**

208 TS, VS, TSS and VSS of sludge were measured according to the standard methods (APHA,  
209 2005).

### 210 **2.3.2. EPS extraction**

211 EPS of sludge samples was extracted with the method described by Li and Yang (2007). The  
212 definitions of SB EPS, LB EPS and TB EPS were based on the extraction steps described in Li  
213 and Yang (2007). Briefly, sludge sample (15 mL) was centrifuged at  $4000 \times g$  at  $4^\circ\text{C}$  for 15 mins,  
214 and the supernatant was collected for SB EPS content analysis. The sludge pellet left was then  
215 re-suspended with 15 mL of 0.05% sodium chloride (NaCl) solution. The sludge sample was re-  
216 suspended with a vortex mixer and then incubated at  $70^\circ\text{C}$  water bath for 1 min, followed by  
217 centrifugation at  $4000 g$  at  $4^\circ\text{C}$  for 10 mins. The organic matter in the supernatant was readily  
218 extractable EPS, and was regarded as the LB EPS of the biomass. The residual sludge pellet was  
219 re-suspended to its original volume by adding 0.05% NaCl solution, put at  $60^\circ\text{C}$  water bath for  
220 30 mins and the sludge mixture was centrifuged at  $4000 g$  at  $4^\circ\text{C}$  for 15 mins. The supernatant  
221 collected was regarded as the TB EPS extraction of the sludge. The SB EPS, LB EPS and TB  
222 EPS substances were then filtered through a  $0.45 \mu\text{m}$  cellulose nitrate membrane and then  
223 subjected to EPS analysis.

### 224 **2.3.3. Analysis of extracted EPS**

225 **2.3.3.1. Dissolved organic carbon, total dissolved nitrogen, protein, ammonium, nitrite,  
226 nitrate measurements**

227 The EPS content was characterized by measuring different parameters. Dissolved organic  
228 carbon (DOC), and total dissolved nitrogen (TDN) were measured using a TOC/TN analyser  
229 (Shimadzu, Japan). Protein was measured with the modified Lowry method (Frølund *et al.*,  
230 1995). Ammonium, nitrite, and nitrate concentrations were measured with flow injection analysis  
231 (Lachat Instruments, Singapore). Total dissolved organic nitrogen (TON) concentrations were  
232 calculated by the difference of TDN and total inorganic nitrogen species (nitrate + nitrite +  
233 ammonium) concentrations (He *et al.*, 2015).

#### 234 **2.3.3.2. Three dimensional excitation emission (3D EEM)**

235 The protein type in SB EPS, LB EPS and TB EPS were determined with a luminescence  
236 spectroscopy (Model LS-S5, PerkinElmer<sup>®</sup>, Waltham, MA, USA), with 230-520 nm excitation  
237 wavelength at intervals of 10 nm and 230-545 nm emission wavelength at intervals of 0.5 nm.  
238 The excitation and emission slit bandwidths were 10 nm for spectra, and were recorded at 10,000  
239 nm min<sup>-1</sup> scan rate. The unit of fluorescence intensity was Raman Unit (RU) (Singh *et al.*, 2010).

240 The EEM spectrum was delineated into five regions based on methods described in Chen *et*  
241 *al.* (2003), which were associated with tyrosine-like proteins (Region I; excitation (Ex)  
242 wavelengths less than 250 nm), tryptophan-like protein (Region II, emission (Em) wavelength  
243 less than 380 nm), fulvic acid-like materials (Region III, Ex/Em wavelengths: 230-250 /380-545  
244 nm), microbial by-product-like materials (Region IV, Ex/Em wavelengths: 250-280 /230-380  
245 nm), and humic acid-like organic compounds (Region V, Ex/Em wavelengths: 280-520/ 380 -  
246 545 nm).

#### 247 **2.3.3.3. Molecular weight distribution of protein in different fractions of EPS**

248 The high molecular weight ( $> 20$  KDa) distribution of protein (HMW protein) in SB EPS,  
249 LB EPS and TB EPS were quantified with a size-exclusion organic carbon and nitrogen  
250 detection (LC-OCD-OND) (DOC-LABOR, Karlsruhe, Germany). Details of the measurement  
251 procedure can be found in Xiao *et al.* (2017). Injection volume of samples was 1000  $\mu$ L.  
252 Concentrations of low molecular weight protein (LMW protein) was calculated by subtracting  
253 HMW protein from the total protein concentration determined by the modified Lowry method  
254 (Frølund *et al.*, 1995).

#### 255 **2.3.4. Sludge solids characterization**

256 For solids characterization, sludge samples were first dried for 24 h, and then cooled down to  
257 room temperature. The dry sludge samples were then ground and filtered through a sieve (60  
258 mesh) with details described in Tian *et al.* (2014). The filtered sludge samples were stored in a  
259 desiccator at room temperature (25°C) until further use.

260 Elemental composition (i.e. nitrogen) of the solids was determined with an elemental analyser  
261 (vario EL cube CHNOS, Germany). The Total Kjeldahl Nitrogen (TKN) of solid power was  
262 measured with an automatic TKN analyser (KjelFlex K-360, Metrohm, Switzerland). This  
263 measurement has been estimated to represent total organic nitrogen in solid sludge samples  
264 (Bougrier *et al.*, 2005).

265 N 1s X-ray photoelectron spectroscopy was used to determine the evolution of N-containing  
266 compounds in sludge solid residues. Samples were selected based on the highest protein  
267 solubilisation efficiency with each treatment method, i.e. ultrasonic treatment at 1 W mL<sup>-1</sup>,  
268 thermal treatment at 80 °C and alkaline treatment at pH 12. The studies were conducted using a  
269 Kratos Axis Supra spectrophotometer with a dual anode monochromatic K $\alpha$  excitation source. N

270 1s XPS spectra of all solid powder samples were corrected against an adventitious carbon C 1s  
 271 core level at 284.8 eV. All XPS peaks were fitted using Shirley background together with  
 272 Gaussian-Lorentzian function using CASA XPS software. According to methods described in  
 273 Tian *et al.* (2013) and Kelemen *et al.* (2002), the N peaks can be assigned to inorganic-N,  
 274 protein-N, pyridine-N, pyrrole-N, quaternary-N and nitrile-N at respective binding energy  
 275 values of 402.5, 400, 398.8, 400.3, 401.4, 399.7 eV.

### 276 2.3.5. Energy consideration and economic analysis

277 The theoretical computation of energy balance in this study was calculated according to the  
 278 experimental data. The costs for thermal and ultrasonic treatments were mainly electricity  
 279 associated with energy input, while for chemical treatment, the cost was mainly on NaOH  
 280 dosage. For thermal treatment, the heat input was calculated based on Eq. 1 with details  
 281 described in Passos and Ferrer (2014).

$$282 \text{ Energy (input, heat) } Q = \rho * V * C * (T_f - T_i) \quad (1)$$

283 Where Q is the heat energy required to heat the sludge (kJ),  $\rho$  is the density of sludge ( $\text{kg m}^{-3}$ ), V  
 284 is the volume of sludge treated ( $\text{m}^3$ ), C is the specific heat of sludge ( $\text{kJ kg}^{-1} \text{ }^\circ\text{C}$ ) ( $4.2 \text{ kJ kg}^{-1} \text{ }^\circ\text{C}$ ),  
 285  $T_i$  and  $T_f$  are the initial and final temperatures ( $^\circ\text{C}$ ) of the sludge, respectively.

286 For ultrasonic treatment, electrical energy (EE) required for ultrasonic pretreatment was  
 287 calculated based on ultrasonic input power and sonication time using the following equation  
 288 (Kavitha *et al.*, 2016):

$$289 \text{ Energy}_{(\text{input, electricity for sonication})} EE = P * t \quad (2)$$

290 Where EE is electrical energy ( $\text{KW}\cdot\text{s}$ ), P is ultrasonic power ( $\text{KW m}^{-3}$ ), and t is sonication time  
 291 (s).

292

### 293 3. Results and discussion

#### 294 3.1. The components of different fractions of EPS

295 The changes of DOC, TDN, TON, protein and ammonium concentrations in different  
296 fractions of EPS (i.e. SB EPS, LB EPS, and TB EPS) were measured at various treatment  
297 conditions as shown in Fig.1. For each treatment, the trends of DOC, TDN, TON and protein  
298 concentrations in SB EPS were similar, that is, increased as treatment intensity increased. In LB  
299 EPS, the concentrations of DOC, TDN, TON and protein increased as pH and ultrasonic  
300 intensity increased, but decreased at high temperatures, i.e. 60°C and 80°C. For TB EPS, with  
301 pH and temperature increased, the concentrations of DOC, TDN, TON and protein decreased.  
302 The relationship between solubilized protein in SB EPS (defined as soluble protein) and  
303 concentrations of other dissolved organic matter was investigated based on Pearson's correlation  
304 and shown in Table 1. The results indicated soluble protein was positively related to TOC, TDN  
305 and TON in SB EPS, while negatively correlated to those compounds in TB EPS. The results  
306 suggested organic compounds in TB EPS (i.e. TOC, TDN and TON) were solubilized and  
307 converted into bulk liquid with treatments (Xiao *et al.*, 2016, Zhang *et al.*, 2015b). This result  
308 suggests attacking TB EPS layer and degradation of related organic compounds therein, i.e.  
309 TOC, TDN and TON, were the key steps for protein solubilization. Compared to control without  
310 treatment, the soluble protein increased by 11, 23 and 12 times under the optimal conditions  
311 (ultrasonication of 1W mL<sup>-1</sup>, alkaline treatment of pH 12 and thermal treatment at 80°C).

312 In order to know whether soluble proteins were degraded by treatments, ammonium  
313 concentrations were measured. The changes of ammonium in bulk solution were different with

314 various treatment methods. It increased with increased temperature and ultrasonic intensity. This  
315 could probably be related with protein degradation in WAS (Negral *et al.*, 2013), as the peptide  
316 bonds of proteins in WAS started to be cleaved, and eventually led to the release of ammonium  
317 (Tian *et al.*, 2013). Similarly, for thermal treatment, ammonium concentration increased as  
318 temperature was higher than 25°C, which implies that part of soluble protein being degraded by  
319 heat (Xue *et al.*, 2015). In alkaline treatment, it increased as pH increased from 6.3 to 8, but  
320 decreased at pH 10 and 12. This was likely due to the conversion of ammonium to volatile  
321 ammonia at strong alkaline conditions (pKa value for NH<sub>3</sub> is 9.25 at 25 °C) (Liu *et al.*, 2015).  
322 Therefore, it seemed proteins were solubilized and partially degraded due to the treatments  
323 conducted. Moreover, the soluble protein in the supernatant was from both EPS and cell lysis,  
324 which can be seen from the variation of proteins in supernatant and EPS. The increment of  
325 proteins in the supernatant at each treatment all exceeded the decrement of proteins in TB EPS.  
326 Theoretically, the difference between the two values should be proteins from cell lysis.

327 Moreover, TOC, TDN, TON and protein in respective fraction of EPS was correlated with  
328 each other (Table 1), and this indicated chemical compositions of organic compounds (i.e.  
329 protein, TOC, TON, TDN) in each fraction of EPS (i.e. SB EPS, LB EPS or TB EPS) were  
330 similar. The results of Zhang *et al.* (2014) supported this finding that the chemical compositions  
331 of each fraction of EPS (e.g. TB EPS) was similar and relatively stable with time regardless of  
332 processes types of wastewater treatment plants.

333

### 334 3.2. Molecular weight distribution of protein in different fractions of EPS

335 The molecular weight distribution of protein, namely high molecular weight (HMW; > 20  
336 kDa) and low molecular weight (LMW; 0-20 kDa) is shown in Table 2. For all the sludge  
337 samples treated by different methods, low molecular weight protein was more dominant (as  
338 indicated by green colour) than high molecular weight protein (as indicated by red colour) in all  
339 EPS fractions. Most of the soluble protein in bulk liquid was proved to be LMW protein in SB  
340 EPS rather than HMW protein in SB EPS (Table S1). The results were closely related to the  
341 treatment methods applied. For example, ultrasonication can cause cleavage of chains of larger  
342 molecular weight (Jambrak *et al.*, 2014) and split molecules into LMW substances (Grönroos *et*  
343 *al.*, 2004). Tan *et al.* (2012) reported most of the proteins were hydrolysed into small fractions by  
344 the alkaline treatment, and these low molecular weight fractions were transferred into the  
345 supernatant. Silva *et al.* (2017) also found thermal treatment can increase the solubilisation of  
346 low molecular weight proteins, but reduce the solubilisation of high molecular weight proteins,  
347 as heat can intensify interactions between amino acids radicals of the proteins through  
348 electrostatic interactions, hydrogen bonding, and hydrophobic interactions, thus hindering the  
349 accessibility to HMW protein (Silva *et al.*, 2017). Compared to the raw sludge, LMW protein in  
350 SB EPS increased for all treated sludge samples, which is consistent with the results shown in  
351 Fig. 1d. These smaller molecular weights of protein may result in a larger contact surface, thus  
352 interacting more groups, which would improve wet strength of protein adhesives on wood (Liu *et*  
353 *al.*, 2017). It was noted compared to WAS without treatment, the LMW protein concentration  
354 increased by 9, 19 and 12 times under the optimal condition (ultrasonication of 1W mL<sup>-1</sup>,  
355 alkaline treatment of pH 12 and thermal treatment at 80°C).

### 356 3.3. 3D EEM analysis

357 3D-EEM fluorescence spectroscopy is a rapid and sensitive technique to measure the  
358 fluorescence compounds in EPS, and the two peaks with fluorescence intensity can be associated  
359 with the protein-like substances (Liu *et al.*, 2016). To investigate the effects of different  
360 treatments on the changes of protein types in different EPS fractions, 3D-EEM fluorescence  
361 spectroscopy was employed. The fluorescence region integration (FRI) results are summarized in  
362 Table 3. For all the EPS fractions, the fluorescence intensities of tryptophan-like protein and  
363 humic acid-like organic compounds (as indicated by green colour) were relatively higher than  
364 the other organic compounds (i.e. tyrosine-like proteins, fulvic acid-like materials and microbial  
365 by-product-like materials) (as indicated by red colour). In fact, EPS is consisted of large  
366 quantities of unsaturated fatty chains with various types of functional groups and aromatic  
367 structures (Wingender *et al.*, 1999). The dominance of tryptophan-like protein and humic-acid  
368 like substances may be related to the changes of the aromatic structures and acidic functional  
369 groups of macromolecular structure of EPS induced by various treatments (Sheng and Yu, 2006).  
370 For instance, Yang *et al.* (2013) concluded that similar amount of tryptophan-like protein and  
371 humic-acid like substances was present during ultrasonic treatment.

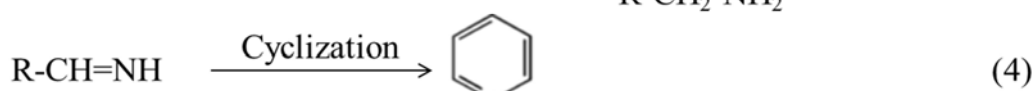
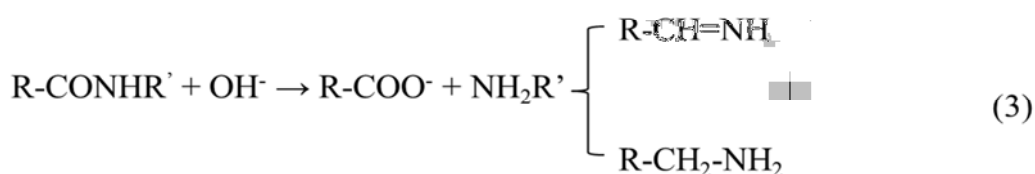
372 The fluorescence intensities of all the five organic compounds increased in SB EPS as  
373 treatment intensity increased. Pearson's correlation analysis showed the soluble protein in bulk  
374 liquid showed relatively higher correlations with tyrosine-like protein than the other organic  
375 compounds (Table S1). Moreover, the alkaline treatment at pH 12 can result in the highest  
376 production of tyrosine-like protein compared to other treatment methods. Tyrosine was an  
377 important amino acid composition of poultry requirement, and the typical suggested level of  
378 tyrosine requirement for chicken was 1.43% (Chishti *et al.*, 1992). The recovery of this type of

379 protein (with tyrosine as its main component) from WAS may be used as feed stuff and thus help  
380 to mitigate the energy crisis.

### 381 **3.4. Evolution of N-containing compounds in solid residues by different treatment methods**

382 Total organic nitrogen in solid residues was reduced after all the treatments (Table S2),  
383 which suggested ultrasonic, thermal and alkaline treatment could disintegrate organic nitrogen  
384 compounds in sludge solid matrix into ammonium and/or soluble protein in the liquid phase as  
385 shown in Fig.1. In this study, XPS technique had been deployed to analyse the distribution of N-  
386 containing compounds and composition in raw sludge and treated sludge solid samples. This  
387 would help to elucidate the nitrogen transformation during different treatment processes. As  
388 shown in Fig. 2 and Table 4, organic protein-N and pyridine-N were predominant N-containing  
389 compounds in all sludge solid residues. For ultrasonic treatment, up to 96.4% of N was left in  
390 solid residue with only slight decreases of protein-N and pyridine-N in solid residue compared to  
391 the raw sludge. Hence, ultrasonication applied in this study may not sufficient to release N  
392 compounds. For alkaline treatment, significant protein-N conversion occurred under basic  
393 conditions (Liu *et al.*, 2012a), and pyridine-N was the major N-containing components in the  
394 solid fraction of sludge after treatment. Strong basic condition favoured the solubilisation of  
395 sludge proteins and their subsequent degradation (Liu *et al.*, 2012b, Liu *et al.*, 2012c). As the  
396 protonated amine in protein can be easily converted to volatile ammonia in gas phase at pH 12  
397 (pKa value for NH<sub>3</sub> is 9.25 at 25 °C) (Liu *et al.*, 2015), total N in alkaline treated sludge solid  
398 fraction was removed significantly (Table S3). Moreover, the abundant OH<sup>-</sup> could drive the  
399 reactions in Eq. 3. The cyclization of amine-N intermediates obtained from protein  
400 decomposition may generate heterocyclic-N compounds, i.e. pyridine-N (Eqs. 4 & 5) (He *et al.*,  
401 2015). This high depletion of protein-N in solid phase for alkaline treatment at pH 12 might

402 contribute to its highest protein solubilisation efficiency as mentioned above. For thermal  
 403 treatment, the pyridine-N content decreased, while the protein – N content increased. Similar  
 404 results were also reported by Liao *et al.* (2011) applying XPS to characterize the surface  
 405 composition of the thermophilic and mesophilic sludge. Their results showed as temperature  
 406 increased, the element component of C=O (chemical composition of peptide bond in protein-N)  
 407 increased while the element component of N-C (chemical bond in pyridine-N) decreased.  
 408 However, the detailed formation mechanism remains less clear and will need to be investigated  
 409 in the future.



410

411

### 412 3.5. Economic analysis

413 Table 5 shows the summarized economic assessment for different treatments for protein  
 414 solubilisation and the subsequent potential protein recovery when compared to the conventional  
 415 sludge treatment and disposal process. The installation of treatment systems would also increase  
 416 the overall capital investment, which was not included in this economic assessment. All the  
 417 treatment methods can significantly increase protein release from sludge matrix, and showed

418 economic feasibility compared to conventional sludge treatment and disposal method, i.e.  
419 alkaline treatment at pH 12 showed highest net saving of 25.57 USD per ton wet sludge.

420 The cost for protein recovery and isolation from released protein are still quite high and the  
421 market price for crude protein is relatively low. With the shortage of grain proteins continues,  
422 various alternative sources of protein need to be considered and the relative market price may  
423 also increase in the near future. Moreover, more efforts are required in seeking cost-effective  
424 methods that can separate, concentrate and purify proteins continuously, and can be easily  
425 scaled-up are of great commercial interest (Melo *et al.*, 2001).

#### 426 4. Conclusions

427 This study systemically evaluated different treatment methods for protein solubilisation. The  
428 following conclusions can be drawn:

- 429 (1) The concentration of soluble protein increased by 11, 23 and 12 times under the optimal  
430 treatment conditions (ultrasonic treatment of 1 W mL<sup>-1</sup>, alkaline treatment of pH 12 and  
431 thermal treatment at 80°C);
- 432 (2) EPS analysis indicated the increased soluble protein was correlated with the release of  
433 TOC, TDN and TON in SB EPS, and the degradation of above parameters in TB EPS,  
434 thus suggesting attacking TB EPS layer was the key step for protein solubilisation;
- 435 (3) For all the treatment investigated, tyrosine-like protein at molecular weight less than 20  
436 kDa predominated, thus suggesting the feasibility of its application for wood adhesives or  
437 feed stuff.
- 438 (4) The alkaline treatment at pH 12 gave the highest dominant protein, which might be  
439 related with the significant removal of protein-N in solid phase as indicated by X-ray  
440 photoelectron spectroscopy;
- 441 (5) Alkaline treatment at pH 12 showed highest net saving of 25.57 USD per ton wet sludge.

442

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449

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627

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**Table 1.** Correlation between solubilized protein and dissolved organic matters in different fractions of EPS.

	PN	PN	PN	TOC	TOC	TOC	TDN	TDN	TDN	TON	TON	TON
	SB	LB	TB	SB	LB	TB	SB	LB	TB	SB	LB	TB
<b>PN SB</b>	1	0.444	-0.588	0.982 <sup>a</sup>	0.447	-0.655 <sup>b</sup>	0.977 <sup>a</sup>	0.220	-0.702 <sup>b</sup>	0.938 <sup>a</sup>	0.438	-0.693 <sup>b</sup>
<b>PN LB</b>	0.444	1	0.403	0.403	0.977 <sup>a</sup>	0.341	0.386	0.941 <sup>a</sup>	0.268	0.293	0.977 <sup>a</sup>	0.272
<b>PN TB</b>	-0.588	0.403	1	-0.625	0.411	0.993 <sup>a</sup>	-0.644 <sup>b</sup>	0.596	0.983 <sup>a</sup>	-0.681 <sup>b</sup>	0.417	0.984 <sup>a</sup>
<b>TOC SB</b>	0.982 <sup>a</sup>	0.403	-0.625	1	0.401	-0.686 <sup>b</sup>	0.993 <sup>a</sup>	0.145	-0.739 <sup>b</sup>	0.984 <sup>a</sup>	0.391	-0.732 <sup>b</sup>
<b>TOC LB</b>	0.447	0.977 <sup>a</sup>	0.411	0.401	1	0.347	0.364	0.955 <sup>a</sup>	0.279	0.283	0.998 <sup>a</sup>	0.288
<b>TOC TB</b>	-0.655 <sup>b</sup>	0.341	0.993 <sup>a</sup>	-0.686 <sup>b</sup>	0.347	1	-0.705 <sup>b</sup>	0.544	0.995 <sup>a</sup>	-0.734 <sup>b</sup>	0.354	0.995 <sup>a</sup>
<b>TDN SB</b>	0.977 <sup>a</sup>	0.386	-0.644 <sup>b</sup>	0.993 <sup>a</sup>	0.364	-0.705 <sup>b</sup>	1	0.119	-0.758 <sup>b</sup>	0.978 <sup>a</sup>	0.355	-0.732 <sup>b</sup>
<b>TDN LB</b>	0.220	0.941 <sup>a</sup>	0.596	0.145	0.955 <sup>a</sup>	0.544	0.119	1	0.491	0.008	0.958 <sup>a</sup>	0.497
<b>TDN TB</b>	-0.702 <sup>b</sup>	0.268	0.983 <sup>a</sup>	-0.739 <sup>b</sup>	0.279	0.995 <sup>a</sup>	-0.758 <sup>b</sup>	0.491	1	-0.786 <sup>a</sup>	0.289	0.999 <sup>a</sup>
<b>TON SB</b>	0.938 <sup>a</sup>	0.293	-0.681 <sup>b</sup>	0.984 <sup>a</sup>	0.283	-0.734 <sup>b</sup>	0.978 <sup>a</sup>	0.008	-0.786 <sup>a</sup>	1	0.273	-0.780 <sup>a</sup>
<b>TON LB</b>	0.438	0.977 <sup>a</sup>	0.417	0.391	0.998 <sup>a</sup>	0.354	0.355	0.958 <sup>a</sup>	0.289	0.273	1	0.297

**TON TB** -0.693<sup>b</sup> 0.272 0.984<sup>a</sup> -0.732<sup>b</sup> 0.288 0.995<sup>a</sup> -0.732<sup>b</sup> 0.497 0.999<sup>a</sup> -0.780<sup>a</sup> 0.297 1

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<sup>a</sup> Correlation is significant at the 0.01 level (2-tailed). <sup>b</sup> Correlation is significant at the 0.05 level.

**Table 2.** The concentration of protein characterized with different molecular weight in EPS fractions of WAS by different treatment methods (Unit: ppm-C).

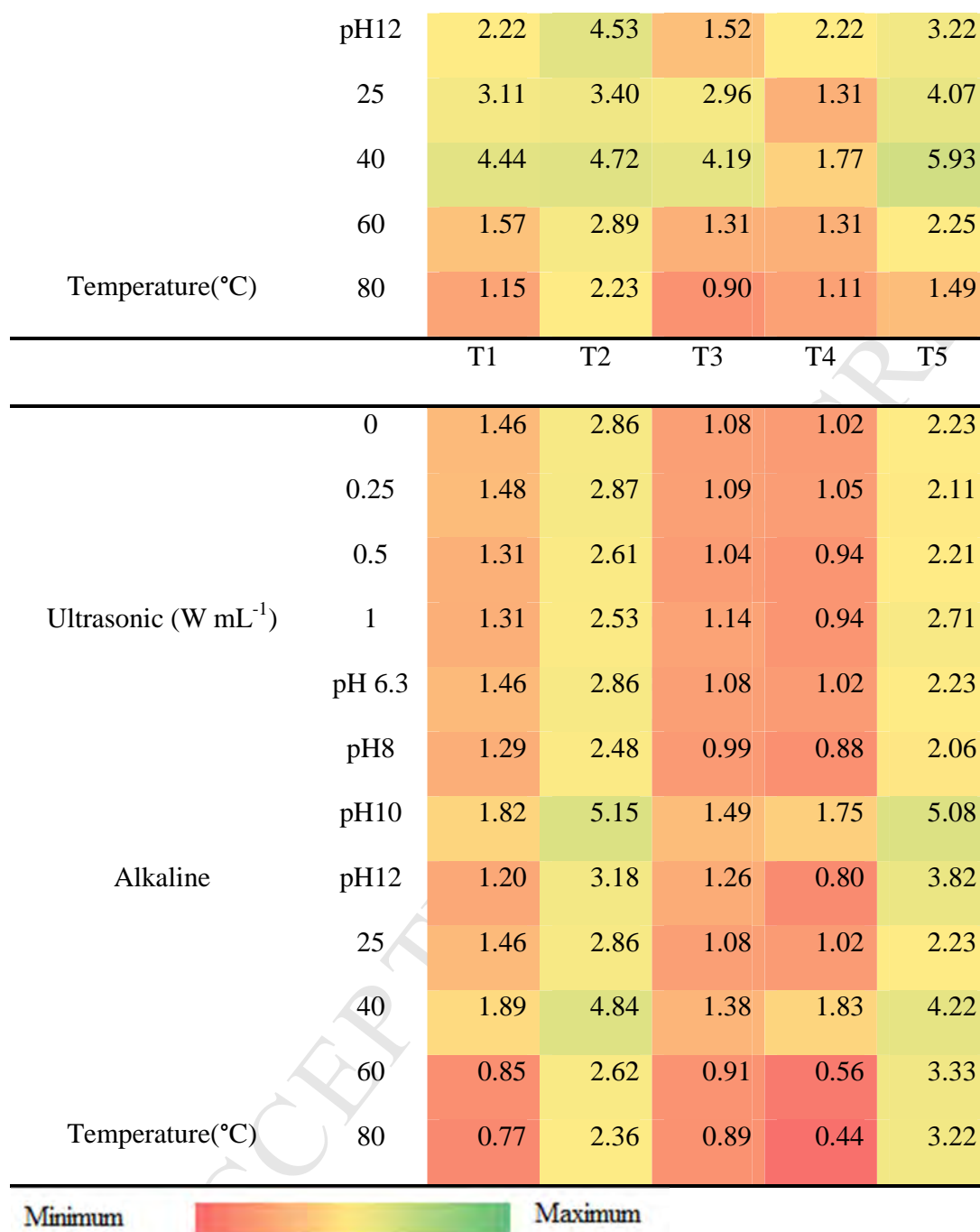
		SB EPS		LB EPS		TB EPS	
		HMW	LMW	HMW	LMW	HMW	LMW
		protein	protein	protein	protein	protein	protein
			0 kDa <		0 kDa <		0 kDa <
		MW>20	MW <	MW>20	MW <	MW>20	MW <
		kDa	20 kDa	kDa	20 kDa	kDa	20 kDa
Ultrasonic							
(W mL <sup>-1</sup> )	<b>0</b>	5.42	22.77	12.17	71.36	5.20	107.65
	<b>0.25</b>	33.17	82.55	16.05	92.49	4.32	108.34
	<b>0.5</b>	59.57	178.45	19.90	111.20	4.21	106.25
	<b>1</b>	78.25	227.58	8.07	134.89	5.32	106.66
pH	<b>6.3</b>	5.42	22.77	12.17	71.36	5.20	107.65
	<b>8</b>	18.57	138.46	10.21	116.77	4.51	98.44
	<b>10</b>	18.54	152.36	8.53	122.33	2.67	99.53
	<b>12</b>	104.40	446.77	34.58	155.03	9.98	54.46
Temperature							
(°C)	<b>25</b>	5.42	22.77	12.17	71.36	5.20	107.65
	<b>40</b>	9.82	51.50	7.98	97.58	5.36	96.27
	<b>60</b>	22.43	270.61	6.25	57.49	5.39	31.15



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**Table 3.** EEM FRI of soluble organics in different EPS fractions (unit:  $10^6$  RU).

		S1	S2	S3	S4	S5	
Ultrasonic ( $W\ mL^{-1}$ )	0	0.72	1.00	0.76	0.32	1.11	
	0.25	1.32	2.33	1.22	0.84	2.19	
	0.5	2.31	4.22	1.78	1.51	3.35	
	1	3.15	6.63	2.09	2.54	4.85	
	pH 6.3	0.72	1.00	0.76	0.32	1.11	
	pH8	1.52	2.38	1.38	0.87	2.43	
	pH10	2.01	3.60	1.52	1.36	3.07	
	pH12	6.31	12.37	5.73	5.08	14.93	
Temperature( $^{\circ}C$ )	25	0.72	1.00	0.76	0.32	1.11	
	40	1.11	1.90	1.01	0.63	1.82	
	60	3.09	5.67	2.13	2.13	5.00	
	80	4.33	8.40	3.11	3.10	6.97	
		L1	L2	L3	L4	L5	
Ultrasonic ( $W\ mL^{-1}$ )	0	3.11	3.40	2.96	1.31	4.07	
	0.25	2.89	3.14	2.80	1.22	3.22	
	0.5	4.01	5.22	3.59	2.06	5.25	
	1	3.66	5.50	3.12	2.28	4.58	
	pH 6.3	3.11	3.40	2.96	1.31	4.07	
	pH8	4.23	4.80	3.95	1.88	5.12	
	Alkaline	pH10	1.71	3.35	1.16	1.72	2.00



S1, S2, S3, S4, and S5 denote Region I, Region II, Region III, Region IV and Region V in SB EPS, respectively; L1, L2, L3, L4, and L5 denote Region I, Region II, Region III, Region IV and Region V in LB EPS, respectively; T1, T2, T3, T4, and T5 denote Region I, Region II, Region III, Region IV and Region V in TB EPS, respectively.

**Table 4.** Normalized relative intensities (%) of N-containing compounds in sludge solid residues after different pretreatment conditions according to N 1s XPS spectra.

		Raw	Ultrasonic (1 W mL <sup>-1</sup> )	Thermal (80 °C)	Alkaline (pH 12)
Total N (%)		100	96.4	98.2	86.0
Inorganic-N (%) N1	402.5	-	-	-	-
Protein-N (%) N2	400	38.3	35.8	45.1	0
Pyridine-N (%) N3	398.8	61.7	60.6	53.1	86
Pyrrole-N (%) N4	400.3	-	-	-	-
Quaternary-N (%) N5	401.4	-	-	-	-
Nitrile-N (%) N6	399.7	-	-	-	-

**Table 5.** Energy balance and cost evaluation.

		Ultrasonic (W mL <sup>-1</sup> )			Alkaline			Thermal (°C)		
	Raw	0.25	0.5	1	pH 8	pH 10	pH 12	40	60	80
Energy consumption (kWh/ton wet sludge) <sup>a</sup>	0	9.12	17.89	30.93	0	0	0	17.50	40.83	64.17
Chemical dosage (g g <sup>-1</sup> TS)	0		–		0.022	0.046	0.1		–	
Chemical cost (USD/ ton wet sludge) <sup>b</sup>	0		–		0.093	0.18	0.47		–	
Energy cost (USD/ton wet sludge) <sup>c</sup>	0	2.10	4.11	7.11	-	-	-	4.03	9.39	14.76

Protein concentration (mg L <sup>-1</sup> )	56.72	232.84	478.92	615.35	315.96	343.87	1109.00	123.37	589.63	681.47
Credit from protein recovery <sup>c</sup> (USD/ ton wet sludge) <sup>d</sup>	8.10	36.96	76.02	97.68	50.15	54.58	176.04	19.58	93.59	108.17
Cost of sludge transport and disposal (USD/ton wet sludge) <sup>e</sup>	150									
		0	0	0	0	0	0	0	0	0
Net saving compared to	-141.90	-115.14	-78.09	-59.43	-99.94	-95.60	25.57	134.45	-65.80	-56.59

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conventional

treatment

(USD/ton wet

sludge)<sup>f</sup>

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<sup>a</sup> Energy consumption was based on 1 ton wet sludge

<sup>b</sup> Refer to Ruiz-Hernando *et al.* (2014) that the average price of NaOH was 333 USD/ton

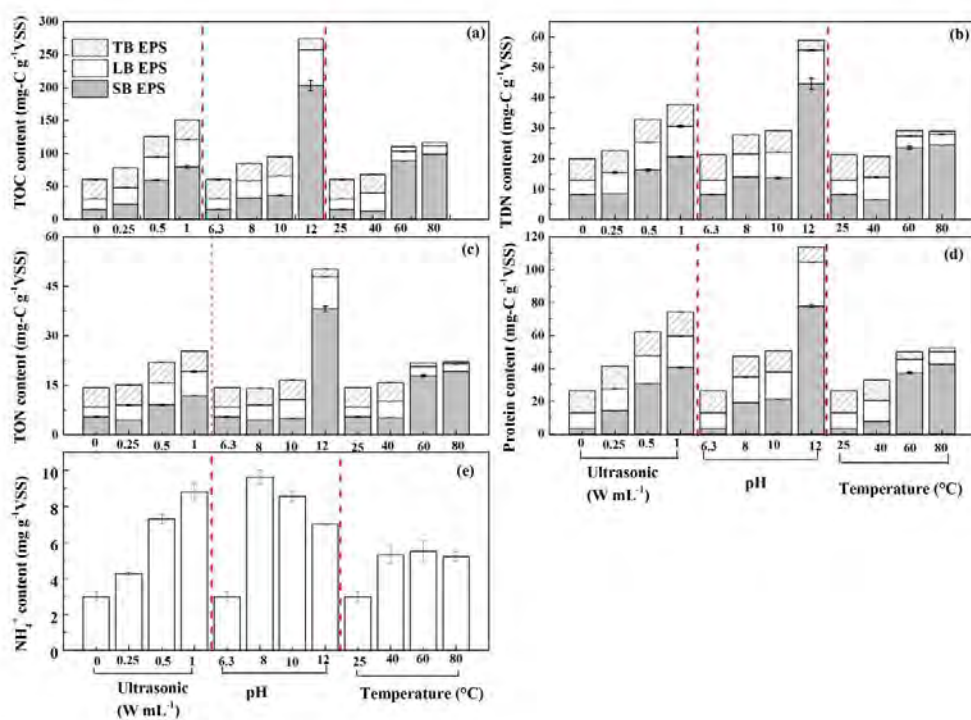
<sup>c</sup> Refer to Kavitha *et al.* (2016) that 1 kWh energy can cost 0.23 USD.

<sup>d</sup> Assumed 90% protein can be recovered from the released protein, refer to Chishti *et al.* (1992), and the cost for protein recovery and isolation was about USD 28/lb and USD 40/lb was assumed for an isolated protein price, refer to Cater *et al.* (1974)

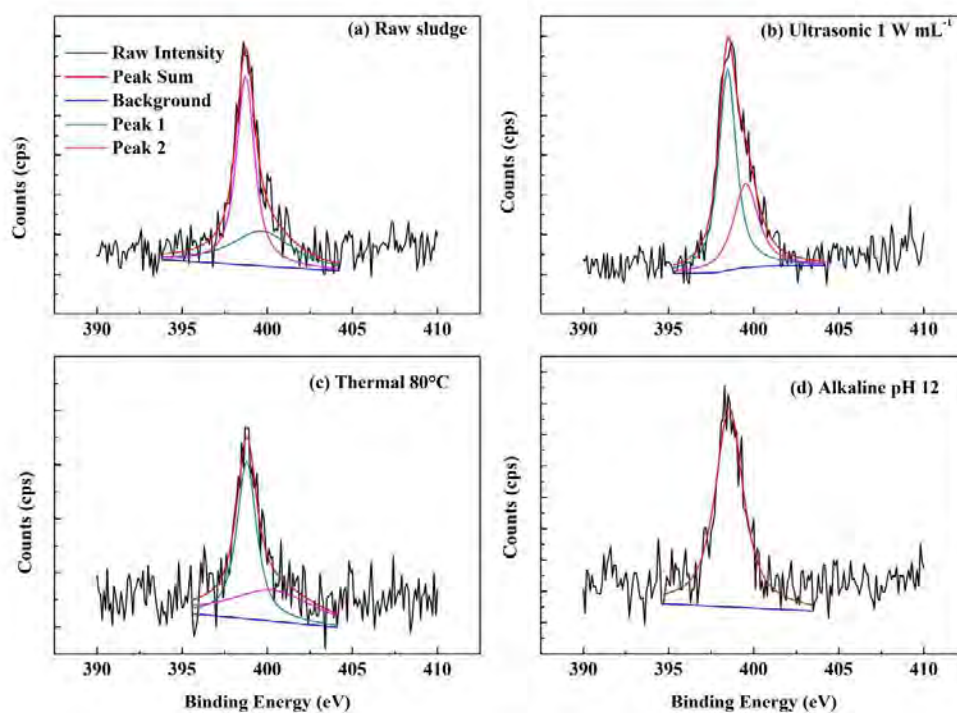
Credit from protein recovery = Market credit from isolated protein – cost for protein isolation process.

<sup>e</sup> Refer to Foladori *et al.* (2010)

<sup>f</sup> Net saving cost = increase in protein recovery (USD) – cost of sludge transport and disposal (USD) – energy cost (USD)



**Fig.1.** Variances of (a) TOC, (b) TDN, (c) TON, (d) protein and (e)  $\text{NH}_4^+$  concentrations by ultrasonic, alkaline and thermal treatments of waste activated sludge.



**Fig.2.** Evolution of N 1s XPS spectra for solid residues derived from various pretreatments: (a) raw sludge; (b) ultrasonic pretreatment at 1 WmL<sup>-1</sup>; (c) thermal pretreatment at 80 °C; (d) alkaline pretreatment at pH 12. Peak 1 represents integration for pyridine-N; peak 2 represents integration for protein-N.

**Highlights**

- Protein solubilisation was negatively correlated to TOC, TDN and TON in TB EPS;
- Molecular weight of soluble protein was mainly less than 20 kDa for all samples;
- X-ray photoelectron spectroscopy was used to investigate N transformation in solid;
- The feasibility of method for protein recovery was assessed with economic analysis.

